



Knavesmire Primary School E-Safety Newsletter Updates - Spring 1, 2023

Friday 10th February 2023

This is the third e-safety newsletter of the academic year of 2022-2023. Each half-term, we share an e-safety newsletter with you to provide support and guidance on keeping your child/children safe online.

This year's Safer Internet Day 2023, held in February, focuses on the theme of '**Want to talk about it? Making space for conversations about life online**'.

Coordinated in the UK by the UK Safer Internet Centre, the celebration sees thousands of organisations get involved to promote the safe, responsible and positive use of digital technology for children and young people.

These tips for parents/ carers are from the UK Safer Internet Centre:

- **Make space for regular conversations about life online.**

Talk openly and frequently about what you are doing online and encourage your child to do the same. Talk about the positive experiences you can have online, share what you have done when you have come across content you did not want to, and how you dealt with the situation.

- **Make space for enjoying and exploring the online world together!**

Play games, watch videos, and express an interest in your child's online life. Celebrate all the opportunities that technology has to offer, and show them what a great space the internet can be when used responsibly.

- **Make space for working as a family to agree expectations for going online.**

Talk to your family about the role technology plays in your lives. Establish rules and expectations that encourage meaningful use of technology, in the same way you set boundaries in other areas of your children's lives. It's important to review these regularly and adapt them for each member of your family.

- **Make space for learning about the apps, games and websites your child is using.**

There are lots of tools and guides to support you with keeping your child safe on whatever apps, games and websites they are using. Research age ratings, privacy settings, and safety features (like the block and report button) so that you are best placed to help your child should anything go wrong.

- **Make space for supporting and reassuring your child if things go wrong.**

Remind your child they can talk to you about anything. If something goes wrong, listen and respond with reassurance and kindness and stay calm. Work with your child to find solutions to the problem, perhaps by using the block and report tools or seeking advice from your child's teacher.

For more information, please see the parents and carers section on the UK Safer Internet Centre website:

<https://saferinternet.org.uk/safer-internet-day/safer-internet-day-2023/parents-and-carers>