### Where and what is Carlton Lodge?

 Carlton Lodge is a residential school trip which will take place between Wednesday 21<sup>st</sup> May - Friday 23<sup>rd</sup> May 2025.

 The residential trip forms part of your child's Personal, Social and Health Education (PSHE) and Physical Education.

"...(to) take part in outdoor and adventurous activity challenges both individually and within a team"

Physical education programmes of study: key stages 1 and 2: National curriculum in England

#### Travel Arrangements

- Children will arrive at the usual time on Wednesday. We leave at approximately 11am, so we will arrive at Carlton Lodge for 12 noon. Please feel free to come and wave your child off. Children do not need to come in school uniform on that day. Times may be subject to change but you will be informed of any changes immediately.
  - Children will need a packed lunch for Wednesday to eat upon arrival.
- We should arrive back on Friday between 2:00 2:30pm. You can either collect your child at this time or wait until 3:25pm as normal.

#### Medicine

All medication (including travel sickness medication) must be given to
Miss Ward upon arrival at school on Wednesday with a medication form
(this should have been completed ahead of the residential).

 Children who hold a Health Care Plan in school must have their medication checked by a parent before the trip to ensure it is in date.

 Travel Sickness - Tablets will be looked after by a teacher while we are away. Please inform staff so they can sit near the front of the coach/mini bus. Please ensure there are enough tablets for additional trips to bouldering and gorge walking during the residential.

# Technology



No technology is to be brought on the residential.

The days will be jam-packed and activities will take place through the night (up until bedtime that is!)

### Food

Breakfast, lunch and tea/dinner will all be catered for.

Breakfast - choice of cold/hot breakfasts available.

Lunch - packed lunch (sandwiches, crisps, fruit etc).

Tea/dinner - various homemade hot food.

All children and dietary requirements will be catered for!

#### Groups

- Group arrangements will be decided nearer the time - there will be 6 groups with approximately 10 children in each.
- Each child will have a say in what group they are in.
- All children will have completed the 'Code of Conduct' to ensure everyone stays safe!

An example of an acti	ivity	Knavesmire Primary School									
An example of timetable	Grp	Monday			Tuesday					Wednesday	
		13:30	15:00	19:00	9:30	11:00	13:30	15:00	19:00	9:30	11:00
The final activity timetable will be shared with school a week before the trip as it depends on staff availability/weather etc at Carlton Lodge.	1	High Ropes		Nightwalk	Bould	Bouldering		Gorge Walking		Kayaking	Raft Building
	2	High Ropes		Nightwalk	Bouldering		Gorge Walking		Scavenger hunt	Raft Building	Kayaking
	3	High Ropes		Nightwalk	Gorge walking		Bouldering		Scavenger hunt	Raft Building	Kayaking
	4	Bouldering		Scavenger hunt	Kayaking	Raft Building	High Ropes		Nightwalk	Gorge Walking	
	5	Bouldering		Scavenger hunt	Raft Building			High Ropes		Gorge Walking	
	6	Gorge \	Walking	Scavenger	Raft	Kayaking	High	Ropes	Nightwalk	Boul	dering

### Sleeping Arrangements

- We will have access to either the Sports Hall and Stables or Lakeside accommodation (this will be confirmed nearer the time).
- Children have to make their own bed.
- Inspections each day!
- No one to enter another room.
- Rooms will be decided much nearer the time of the trip (your child will have a say in which room they will be in).

# Hygiene

- Bathrooms- separate boys and girls showering area. Not all individual cubicles.
- Swimwear required for privacy when showering.
- We will encourage everyone to shower and brush their teeth!

#### Staff

- Mr Gardiner
- Miss Hall
- Mr Tiffany Miss Ward

Other members of staff will be confirmed closer to the time.

## What will your child need to bring?

- Only one bag/suitcase per child!
- Your child is expected to carry their own bag/suitcase.
- All clothing to be named.
- Named Bin Bags VERY IMPORTANT!
- Bag/suitcases to school at 8:50 am and placed in the school hall.

#### Kit List

If you have any questions, please don't hesitate to ask as we know this will probably take the most planning for you - especially if you involve your child in the packing process!

### Emergency Contact

- All of your child's key information will be accessible to all staff at all times.
- School contact: School office during school hours and Mr Cooper outside of school hours.

