

Kit List

This kit list is recommended and should cover all the activities....

- Waterproof coat
- Waterproof trousers
- Warm jumpers
- Old jogging bottoms x 3 - water Sports and gorge walking
- Jogging bottoms for climbing etc
- Plenty of T-shirts
- Plenty of spare socks and underwear - the children will get soaked at least twice!
- Hat and gloves (if needed)
- 1 x towels for showering
- 1 x old towel for after water sport
- 1 x old pair of trainers for water sports
- Walking boots/sturdy trainers suitable for climbing.
- Nightwear
- Plenty of hair bobbles
- Warm clothes for evening activities
- Wash bag - shower products, toothpaste etc.
- Swimwear (showering)
- Sun cream/sun hat
- BIN LINERS - named!

It would be a good idea to label all of your child's clothing to avoid any confusion.

Please pack according to the weather. We will be outside until late so warm jumpers/coat will be required even in warm weather.

Please note - for gorge walking, the children will be wearing a full wetsuit and will need an extra layer of clothes on top for protection and warmth. Ideally, this would be joggers and a long-sleeved top plus sturdy trainers that you don't mind getting wet! They will also get wet on the lake when involved in water sports and there may not be time to dry their clothes so please bear this in mind when packing.