

# Knavesmire Primary School

## Weekly Newsletter

Friday 7th March 2025

### Mr Cooper and Mr Gardiner's Message

Happy Friday!

Thank you to everyone for their efforts in celebrating World Book Day yesterday, the costumes looked brilliant! Throughout the week, every year group has read the picture book 'Journey' by Aaron Becker. It is the wonderful story of a girl who finds a magical crayon that opens doors to a new world and new adventures.

We are excited to see the writing and art produced by every child in school and will be using this in a new display, in the middle of school, to celebrate these areas of Knavesmire. So many children have been proud of what they have written and made, so please do ask them about it this weekend if you get a chance.

In last week's newsletter there was a typo in the date about the Parent Governor election - it should have said the deadline is 14th March.

Have a good weekend

Mr Gardiner & Mr Cooper



### WELCOME TO OUR NEWSLETTER

We hope that this School Newsletter format will prove helpful in better communicating information between school and home.

While ever evolving we will broadly including the following sections - please click on the links below to move directly to any section (direct links may not work on all devices):

- [Whole School Information](#)
- [Trips, Activities and Performances](#)
- [Key Dates](#)
- [Cool Kids Club](#)
- [Year Group Messages](#)
- [Community Messages](#)





## ENDING YOUTH HOMELESSNESS

Starting out as a night shelter, Centrepoint's work with young people has evolved beyond all recognition over the last 50 years.

In the centre of London's Soho in December 1969, the Revered Ken Leech opened a night shelter in the basement of his church to give homeless, young people a safe place to sleep. Our services are what make Centrepoint so special, we focus on giving young people not just a bed for a night but a home where they can reclaim their future with the support of our dedicated frontline workers.

Over the years we have grown, offering services around the country and developing truly innovative approaches to help young people. We work in partnership with other charities all over the UK, we learn from each other and we join forces to call for change. We know we can't end youth homelessness alone – it will take collaboration and systemic change but we believe we can do it and are committed to ending youth homelessness.

We started with one small shelter, now we support more than 2,000 young people every day through our floating support, rough sleeping and resettlement services but with almost 136,000 young people at risk of or experiencing homelessness last year – we're needed more than ever.

## ADAM'S FUNDRAISING RUN!

To help combat old age and middle-age spread, I'm doing a fundraising half-marathon at the beginning of April. It's to raise money for a charity that my mum supported and felt strongly about.

If you'd like to support (no obligation), you can scan the QR code here.

Many thanks, Adam



# TOGETHER WE CAN END YOUTH HOMELESSNESS

# WHOLE SCHOOL INFORMATION



## FREE SCHOOL MEALS AND THE KNAVESMIRE OFFER

If your family qualifies for free school meals (aside from the universal free school meals for Reception, Year 1 and Year 2) you will also qualify for The Knavesmire offer. This means, in addition to free school meals, families can be provided with:



- a school jumper or a school cardigan
- a school footwear voucher
- School milk
- one term free swimming travel costs
- two half-terms of free extra-curricular club participation
- free school trips
- negotiated costs for residential visits

Please come to the school office for a form so we can order your child's jumper/cardigan, shoe voucher and milk.

## FREE SCHOOL MEALS ELIGIBILITY

Free School Meals are automatically applied to all children in Reception, Year 1 and Year 2. This entitlement can be extended to children where families are in receipt of certain benefits and earnings do not exceed a threshold. These benefits include:

**Universal Credit, Income Support, Income-based Jobseeker's Allowance, Child Tax Credit (but not Working Tax Credit)**

North Yorkshire County Council have launched an online portal for free school meal applications that will give you an instant decision on whether your application is successful:

<https://www.northyorks.gov.uk/free-school-meals>

## \*\*\* NEW SCHOOL EMAIL ADDRESS \*\*\*

The school email has changed to [admin@knavesmire.elc.org.uk](mailto:admin@knavesmire.elc.org.uk)  
Please delete any other email addresses which you may hold for the school

### OFFICE ADMIN

When communicating with the school about your child, please remember to include their full name and class.

Please note that as of September 2024 we are required to see evidence of any medical appointments. Please send any screenshots to accompany your absence email so that we can log this absence appropriately.

# WHOLE SCHOOL INFORMATION



## SCHOOL LIBRARY

Year 6 Library Assistants are now in the School Library 3.30 Mon-Thurs to help with all your borrowing needs.

The School Library is open for browsing every day from 3.15-3.30pm, and browsing, borrowing and reading from 3.30-4pm. It would be lovely to see you there!

Miss Smith



## CLOTHES BANK

Our fundraising and recycling clothes bank is situated at the entrance of the car park to the rear of the school. Please click on the following link to see Mrs Wogan-Wells from Y6 explain a little more about how it all works.

<https://online.fundraiserecycleltd.co.uk/bank?bankId=KnavesmirePrimary-School>

Please use the facility to donate any unwanted clothes.

## SCHOOL MILK

If you want to register your child for school milk, simply visit [www.coolmilk.com/register](http://www.coolmilk.com/register)

## REFUGEE COLLECTION

Refugee Action York can take donations again! They are looking for good quality washed clothes, new underwear and toiletries. Men's clothes are always in demand. Please drop off any items on the window sill in the office foyer. Thank you very much!

## HEALTH AND WELLBEING

### NITS

Please be extra vigilant in checking your child's hair. For information on how to spot & treat, please click on the NHS website. Do note that in many instances, nits look a bit like dandruff. Whilst we cannot enforce it, we recommend long hair is tied back to help prevent further spread of headlice - thank you.

<https://www.nhs.uk/conditions/head-lice-and-nits/>

## LOST PROPERTY

The box for lost hats, gloves and scarves in the gazebo on the playground is overflowing... Please check it out for your missing items.

For valuables, please visit the Friends Of Knavesmire Facebook page and search #lostandfound <https://www.facebook.com/share/g/19oEC5BBmk/?mibextid=K35Xfp>

Named clothing, if found, will be sent to class. Unnamed clothing will be recycled if an owner can't be located..

Check the Friends of Knavesmire Facebook page to view any valuable #lostandfound items.

<https://www.facebook.com/groups/14023395>



# RED NOSE DAY IS BACK!

This Red Nose Day, let's celebrate 40 years of going big, giving big and feeling good with Comic Relief. Whether you give a few quid or give your all, let's do it together and support incredible projects which help children to be happier, families stronger, women safer, communities prouder, and millions of lives fairer.

Red Nose Day 2025.



Go big.  
Give big.  
Feel good.

We are looking forward to supporting Comic Relief at Knavesmire Primary School on Friday 21st March.

More information to follow on what will be happening and how to donate to such a good cause.



# NUT & SESAME FREE SCHOOL



For the safety and health of our school we are committed to being Nut & Sesame Free

**We need your help to make our school a safe place for those with food allergies.**

**Please do not bring any nut or sesame products into school.**



Some examples of foods containing nuts or sesame - some are not as obvious as others...





# WHOLE SCHOOL INFORMATION



## THE COFFEE CART IS BACK!

I am pleased to share the news that the Coffee Cart is back in the playground in the mornings. Mr Taylor, our Pupil Mentor, will be outside Miss Hall's classroom, located near the main gates, every morning (when it's not raining!) before school starts with the Coffee Cart. Mr Taylor will be with some amazing Year 5 students who will be ready to sell some lovely cups of tea, coffee or hot chocolate, exactly what you need to start your morning.

All money raised goes back into restocking the coffee, tea and hot chocolate and any that is left over goes back to the school to help buy essential supplies. The young people who help out gain many skills and they thoroughly enjoy the challenges it brings. Miss Gilligan, our school SENCO will help out on a Friday morning and is available for a quick chat or to answer any questions you may have.

All drinks are only £2.00 and we accept cash or card. Please note that we do not serve coffee or tea to any children at school but we do allow hot chocolate as long as the drink is finished before the start of school and not taken into any classroom.

We look forward to seeing you soon.



## STIKINS® Name Labels SIMPLY STICK IN & STAY IN



**Save Time & Money  
Reduce Lost Property**



Quote Our Fundraising Number To Raise Funds For School

**WWW.STIKINS.CO.UK**

## CLOTHES LABELS

Our school will receive 30% commission to put towards school funds from every order where the fundraising number is quoted.

Our Fundraising  
Number Is: 11349

# TRIPS, ACTIVITIES AND PERFORMANCES

## Year 1

Harlow Carr Trip, 07/05/25 - See email sent 31/01/25. Please give consent and make payment on ParentPay by 06/03/25.

## Year 2

York Chocolate Story Trip 26/02/25 - The ParentPay item remains open for any voluntary contributions.

## Year 3

Swimming - The voluntary contribution is live on ParentPay.

National Railway Museum Trip 25/03/25 - See email sent 04/03/25. Please given consent on ParentPay by **Monday 10/03/25**.

Eureka Trip 07/05/25 - See email sent today. Please give consent and make voluntary contribution by 10/03/25.

## Year 4

Robin Hood's Bay - Please see email sent (18/10/24). The payment item is live on ParentPay. The next payment is due by **30/04/25**.

## Year 5

Dance Festival Performances, 04/03/25 and 08/03/25 (optional) - Please see update email sent 29/01/25. All places for this event have now been filled.

Bikeability - See dates in key dates section. Thank you all for your responses.

Carlton Lodge - Please see email sent 08/10/24. The ParentPay item is live on ParentPay. The next payment is due by **31/03/25**. Information from the Parent meeting has been sent out by email and is also available on the Year 5 area of the website.

## Year 6

Y6 Choir Members, York Community Choir Festival at Joseph Rowntree Theatre, Sat 08/03/25 - Please see email sent today.

## Other

Cross Country North Yorkshire Finals, 20/03/25 - Please see email sent today (07/03/25) to the parents of children who qualified. Please complete the consent item on ParentPay by Thursday 13/03/25.





# CLUBS

The following clubs and music lesson are run in school by external organisations. Please contact them directly for more information or to book a place.

Organisation	Activity	Contact details
Ignite Sports	Ignite run sports clubs after school on a Monday.	You can sign up for these sessions on Ignite's website. <a href="http://www.ignitesportscoaching.co.uk">www.ignitesportscoaching.co.uk</a> or email: <a href="mailto:info@ignitesportscoaching.co.uk">info@ignitesportscoaching.co.uk</a>
Dance with Miss Caroline	Miss Caroline runs drama, cheerleading and street dance clubs for all school aged children on a Tuesday, Wednesday and Thursday lunchtime and after school on a Tuesday and Wednesday.	To sign up for these sessions please follow this link <a href="https://forms.office.com/r/fhfW6GHqax">https://forms.office.com/r/fhfW6GHqax</a> or for more info, email Miss Caroline: <a href="mailto:dancewithmisscaroline@outlook.com">dancewithmisscaroline@outlook.com</a>
Circus Skills	Circus Stu runs a circus skills club for all school aged children. This takes place on a Friday lunchtime.	To sign up please email Stu: <a href="mailto:stuart@circusskillsyorkcic.org">stuart@circusskillsyorkcic.org</a> or go to the website: <a href="http://www.circusskillsyorkcic.org">www.circusskillsyorkcic.org</a>
Rocksteady	Rocksteady are in Knavesmire on a Wednesday in school hours. Children can choose from the electric guitar, keyboard, drums or vocals.	For more information and to sign up, go to Rocksteady's website: <a href="http://www.rocksteadymusicschool.com">www.rocksteadymusicschool.com</a>
Clare's Kitchen	Clare runs sessions for all school aged children after school on a Monday and Friday. These sessions give children the opportunity to plan, prepare & cook their own nutritional meal, then dine together.	To sign up please email Clare: <a href="mailto:clare@clares-kitchen.co.uk">clare@clares-kitchen.co.uk</a>
Chess Club	This club is run on Tuesdays and Thursdays after school for years 1,2 and 3. The clubs are run by Larry, a parent volunteer.	Please see details below with sign up information.

## CLUB NEWS

### Knivesmire Chess Club - FREE

Knivesmire Chess Club is open to all levels and it is FREE. If you as a parent are interested and want to volunteer or learn please let me know using the form, you will need a valid DBS from the school to attend the sessions.

Tuesday sessions will be for Years 4, 5 and 6

Tuesday will run from 3:30 to 4:15 pm. Please fill in the Google form to request a place, there is a limit on the number of spaces.

<https://forms.gle/bpGkdwkVuSgcE6fD7>

Thursday sessions will be for Years 2 and 3

Thursday will run from 3:30 to 4:00 pm. Please fill in the Google form to request a place, there is a limit on the number of spaces.

<https://forms.gle/kRfsNU4RBSvELeGz7>

If you cannot make any of the sessions but want to attend another club see the links below:

<https://www.yorkchessclub.co.uk/> - Every Wednesday at Guppies (on Nunnery Lane)

York Explore library in town Sundays 2-3 pm during term time

Once you have completed the form I will email all parents more details.

If you have any questions please let me know by email to [shroud.king@gmail.com](mailto:shroud.king@gmail.com) or ask me in the playground. Ask around for Larry.

# MUSIC IN SCHOOL



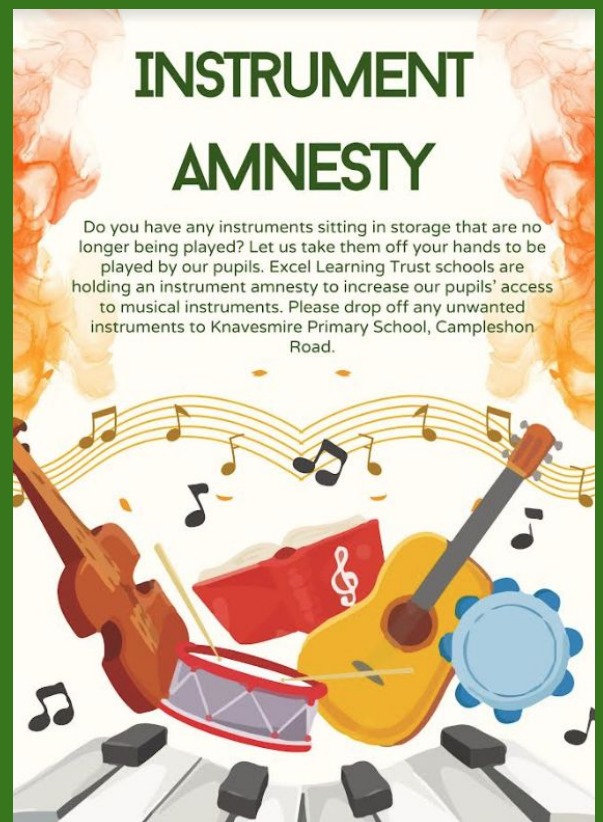
## Peripatetic Music Lessons in School

The following music lessons are run in school by peripatetic teachers. Please contact them directly for more information.

Instrument	Name	Contact details
Guitar	Steve Powell	<a href="mailto:stevepowell726@gmail.com">stevepowell726@gmail.com</a>
Piano	Carolyn Amos	<a href="mailto:carolynamos@hotmail.co.uk">carolynamos@hotmail.co.uk</a>
Drums	Alex Woolgar	<a href="mailto:alexwoolgar1@gmail.com">alexwoolgar1@gmail.com</a>
Singing	Alison Pawley	<a href="mailto:alisunr@yahoo.com">alisunr@yahoo.com</a>
Violin	Marcus Bousfield	<a href="mailto:marcus.bousfield@btinternet.com">marcus.bousfield@btinternet.com</a>
Brass	Andy Hillier	<a href="https://yorkmusiced.org.uk/index.php/what-we-do/york-music-centre/enrolment-form">https://yorkmusiced.org.uk/index.php/what-we-do/york-music-centre/enrolment-form</a>

## MUSIC NEWS

Please check back for updates



# KEY DATES



YEAR	DATE(S)	ACTIVITY
<b>Nursery</b>		
<b>Reception</b>		
<b>Year 1</b>	07/05/25	Harlow Carr Trip
<b>Year 2</b>		
<b>Year 3</b>	25/03/25 02/04/25 03/04/25 03/04/25 07/05/25	National Railway Museum Trip (Drop off 8.45am, pick up 4pm) Play performance 5:30 - 6:30 Play performance 1:30 - 2:20 Play performance 5:30 - 6:20 Eureka Trip (Drop off at 8.30pm, pick up at 3.45pm)
<b>Year 4</b>	02/04/25 03/04/25 03/04/25 02/06/25 - 13/06/25 13/06/25 18/06/25 - 19/06/25 19/06/25 - 20/06/25	Play performance 5:30 - 6:30 Play performance 1:30 - 2:20 Play performance 5:30 - 6:20 Multiplication Check TT Rockstar Dress Up Day Robin Hood's Bay Residential- Class tbc Robin Hood's Bay Residential - Class tbc
<b>Year 5</b>	08/03/25 18/03/25 19/03/25 25/03/25 26/03/25 21/05/25 - 23/05/25	Everybody Dance Festival at York Theatre Royal (signed up children only) 5T Bikeability 5T Bikeability 5H Bikeability 5H Bikeability Carlton Lodge Residential
<b>Year 6</b>	08/03/25 10/03/25 - 14/03/25	York Community Choir Festival (Y6 signed up choir member only) Barcelona Trip
<b>The School House</b>	13/03/25 02/04/25  04/04/25 04/04/25	Rowntree Park Trip PM Space Station Making (please bring in any recycling for junk modelling session) Rowntree Park Cafe Trip (sharing their Space themed narratives at the cafe) Chocolate Works Egg-stravaganza 2:00 - 3:00
<b>Other</b>	21/03/25	Comic Relief - more details to follow



# FRIENDS OF KNAVESMIRE UPDATE

We hope you all had a good week and the Year 6ers are ready for their Spanish adventure.

Your children should have brought home some more information (see the flyer below) about our Easter Fair, including a stripy bag and some raffle tickets, today. If anyone is missing one of those packs there will be spares available at the front desk from Monday afternoon on - as well as some boxes for your donations. We will also share more details about this year's Easter raffle prizes next week. Till then, as always, please don't forget to volunteer if you can and let us know via [knavesmirefriends@gmail.com](mailto:knavesmirefriends@gmail.com), by using the QR code or by filling in your details (both on the flyer).

Have a good weekend, enjoy the sun ☀️ and Buen Viaje to Year 6!

Friends of Knavesmire Primary School



## Easter Fair & Raffle Tue 1st April 2025

In the playground right after school with Games, Arts & Crafts, a Tombola, Lucky Bags as well as our annual Easter Raffle (keep an eye out for details).

We will however need your help to make it happen ...

So please fill the stripy bags (with sweets or other bits & bobs if you like) and/or drop off some Easter chocolate in any form for our tombola. All donations can be left in the boxes in the school foyer & are much appreciated!

Buy your raffle tickets to be in with a chance to win one of our amazing prizes!

Finally, maybe think about giving us a bit of your time too. If you can help out on the day, then please sign up below & hand it into the office. Many thanks!!!

✂-----

Pls return to the box in the office or scan the QR code to help on Tuesday 1st April 2025:

<input type="checkbox"/>	Help set up from 1.15pm
<input type="checkbox"/>	Help on a stall from 3pm
<input type="checkbox"/>	Help clear away at the end, from about 4.30pm



Name \_\_\_\_\_

Email \_\_\_\_\_

Phone \_\_\_\_\_



Please consider a donation



The Friends of Knavesmire are always appreciating donations to support the school and therewith all the children. So if you feel you can then please use this QR code to contribute. Any amount is welcome. Thank you.



Friends of Knavesmire Primary School

Registered Charity N° 1050289

# COOL KIDS CLUB UPDATE

PLEASE NOTE THAT OUR STAFF TRAINING DAYS ARE AVAILABLE TO BOOK THROUGH CHILDCARE BOOKINGS FOR SCHOOLS - THEY WILL BE FOUND UNDER 'HOLIDAY CAMP' ON YOUR BOOKING ACCOUNT

## Easter Holidays

Bookings will shortly be open for the Easter Holidays. We will be open as follows:-

**Monday 7th April to Friday 11th April**

**Monday 14th April to Thursday 17th April**

## **Booking Sessions for KCKC**

To start making bookings, simply:

1. Click here to access the online booking system (or visit <https://knavesmire-primary.cbfs.uk>)
2. Register your online booking account (5 mins)
3. Use the 'Bookings' dropdown menu at the top of your Dashboard to begin requesting your sessions

## **Queries and system support**

If you have any questions, or difficulties navigating the online booking system, please contact Childcare Bookings for Schools (our partner for any administration, booking and finance aspects of our wraparound care) directly:

T: 01444 523335

E: [knavesmire@childcarebookingsforschools.co.uk](mailto:knavesmire@childcarebookingsforschools.co.uk)

Their office operates between 9am and 5pm, Monday to Friday, all year round (including the school holidays).

Lots more information is available on the school website [www.knavesmireprimary.co.uk/kckc](http://www.knavesmireprimary.co.uk/kckc)

## **CLUB INFORMATION**

### **EMAIL ADDRESS**

New Email Address - our email has changed to [coolkidsclub@knavesmire.elc.org.uk](mailto:coolkidsclub@knavesmire.elc.org.uk)

Please delete any other email addresses which you may have for KCKC.

### **BREAKFAST CLUB**

We serve Breakfast between 7.45am and 8.30am. If you require your child/children to have breakfast, please ensure that they are at KCKC no later than 8.20am.

### **BIKES**

Now that the evenings have drawn in, we advise Parents that bikes should be locked-up in the bike shed in the staff car park to the rear of school, so that they are easily accessible when collecting your child/children from KCKC in the evening.

### **OUTSTANDING INVOICES**

We note that there are a large number of outstanding invoices on ParentPay from before the change over to the new booking and payment system. Please can all Parents check their ParentPay accounts and pay any outstanding balances. If you believe that you have already paid by vouchers please can you provide KCKC with all the relevant information regarding payment, including voucher type, amount paid and date of payment.



# YEAR GROUP MESSAGES



## NURSERY MESSAGES

It has been another busy but fantastic week in Nursery!

On Tuesday we celebrated Pancake Day as we watched Mrs Thompson show us how to make pancakes! We talked about Shrove Tuesday and Lent before selecting our toppings and enjoying a delicious snack.

On Thursday it was World Book Day! It was brilliant to see all the children (and adults!) dressed up as book characters and we had some fabulous conversations about who we were and the stories we love. In the afternoon we had a visit from one of our lovely parents, Holly, who came and led a songwriting session on the theme of World Book Day. Thank you so much for giving your time and giving our children additional, amazing experiences and opportunities!

Today we had a very special delivery in preparation for our new Big Idea, 'Get Growing'! They are currently not that exciting, but we are hoping soon they may begin to hatch ...  
Have a brilliant weekend 😊

## RECEPTION MESSAGES

We have had a brilliant week celebrating World Book Day with a focus on the book 'Journey'. The children wrote descriptive pieces of writing and created art using Batik. We are very proud of them all!

It was great getting to speak to you all parents evening, if you had an appointment that needed re-arranging please come see member of the Reception team.

We will be sharing the Early Learning Goals on Dojo so you can see where the children are heading towards too.

Have a lovely weekend!

## YEAR 1 MESSAGES

This week, it was lovely to see most of you at parents' evening! We have had a really fun week using the book 'Journey' to inspire us!

On Monday and Tuesday, we were very arty and made our version of a picture from the story and created our own patterned, magic carpet with sewing! On Wednesday, we went on a magical flying carpet journey of our own to help us imagine what we could see below. We then used our ideas to help us write a short narrative.

Next week we will begin our new Big Idea which focuses on different celebrations. We will be learning about celebrations used in different cultures and hope to share this with you at the end of term. Next week, we will be learning about the Rio carnival and we will be taking part in a samba workshop with the music education group from the University of York.

Thank you for your support and we hope you have a lovely weekend,  
from the Year One team.



# YEAR GROUP MESSAGES



## YEAR 2 MESSAGES

This week Year 2 have really enjoyed looking at our school book Journey. The children wrote a brilliant diary inspired by the book as well as sketching their own world inspired by Aaron Becker's illustrations. We also loved their creative and fun costumes for World Book Day and we hope the children enjoyed all the themed activities from this week!

In addition, the children have been practising using the four operations and methods to solve questions using measurements. Next week, we will be looking at fractions of shape and amounts.

Also, we want to thank you for your time with Parents' Evening meetings this week and we hope you enjoyed looking at the amazing work your children have done this year so far. This half term, we are also very lucky to welcome some university students who will be helping to support learning in the classroom.

We hope you have a lovely weekend! The Year 2 Team

## YEAR 3 MESSAGES

Year 3 have had a great week! In Maths, they've continued their unit on Mass by learning how to add and subtract masses (grams and kilograms). In Writing, the children have delved deeper into instructions and ended the week by planning their own set of instructions that they will independently write next week. In Big Idea, the children have continued with their 3D paper-mache hot air balloon masterpieces by applying paint, copying their very own designs. In PE, the children completed the Golden Mile.

This week's spelling homework consists of 2 paper worksheets that are already stuck into your child's homework book, and maths homework that is to play 15 minutes of NumberGym. Your child's details for NumberGym can be found on their login card, stuck at the front of their homework book.

If you have any questions or queries about anything at all, please don't hesitate to speak to a member of the Year 3 Team.

We hope you have a wonderful weekend!  
The Year 3 Team.

## YEAR 4 MESSAGES

This week, Year 4 have been getting to know our wordless focus book, Journey by Aaron Becker. We have put ourselves into the main character's shoes, writing letters on her behalf as she journeys through an unknown land.

In the Big Idea, we have mixed oil pastels and watercolours to create bold images inspired by Journey. We have used our knowledge of both analogous colours and blending to choose colour combinations inspired by the skies shown in the book.

In Maths, this week's focus has been decimals, focusing on differentiating between tenths and hundreds and comparing numbers with decimals.

Our play practise is getting off to an energetic start and the children are impressing with the speed in which they are learning their lines. Please practise at home with them, focussing on expression and volume.

# YEAR GROUP MESSAGES



## YEAR 5 MESSAGES

During our maths lessons, we have found equivalent fractions, decimals and percentages whilst tackling tricky reasoning problems.

In writing, we have created our own version of the book Journey in the form of poetry using rhyme and rhythm.

We have created our own imaginary worlds using Journey as our inspiration. Oil pastels were used to create texture rubbings using the world around us.

Year 5 had a brilliant time at Forest School this week as we made a variety of different pancakes that may or may not have already been eaten!

Next week, we will be completing maths and reading quizzes based on what we have covered so far this year.  
Have a great weekend,  
The Year 5 Team.

## YEAR 6 MESSAGES

This week in Year 6, we have been busy preparing for our exciting trips to Barcelona and York! The anticipation is building, and we can't wait for the adventures ahead.

We also joined the rest of the school in celebrating World Book Day, focusing on the stunning picture book Journey. Inspired by the story, we created vivid setting descriptions and used our inference skills to craft dialogue, imagining what the characters might say.

In art, we have been working on breathtaking watercolour backdrops of the magical city, we then created our own stamps of the castles to bring the scenes to life. The results have been truly spectacular!

To allow the children time to get ready for Barcelona, there will be no homework set next week.  
Wishing you all a wonderful and restful weekend—see you bright and early next week!

The Year 6 Team

## THE SCHOOL HOUSE MESSAGES

This week, we have had a lovely week in the School House.

In Maths, we have been identifying and representing fractions.

In English, we have generated descriptive language and written our own acrostic poem based on the book 'Journey'. We have also used collage to create stunning lanterns, also inspired by Journey.

We have some very exciting plans coming up over the next few weeks which we have listed in the School House section of the 'Key Dates' page. For our Rowntree Park reading cafe trip, please could the children bring £5 to get a drink and snack.

Have a lovely weekend everyone,

School House Team.

# COMMUNITY MESSAGES

*Cool Milk*  
**Free & Subsidised**  
**SCHOOL MILK**  
Register your child today!  
[www.coolmilk.com](http://www.coolmilk.com)

## Is your child registered for **SCHOOL MILK?**

**Child**  
**UNDER 5**

Every child under the age of five is entitled to free school milk. Simply register your child online.



**Child**  
**OVER 5**

Every child over the age of five is entitled to milk at a subsidised cost of around £20 per term. Register your child and pay online.

Children in receipt of benefits-based free school meals are eligible for free school milk. Speak to the school for further information.

Free milk for under 5s is funded by the Department of Health and milk for over 5s is subsidised by DEFRA.

## REGISTER YOUR CHILD TODAY

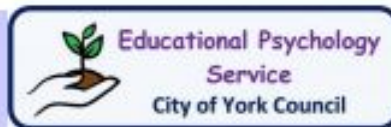
Register online  
[www.coolmilk.com](http://www.coolmilk.com)



Need help?  
Send us a message  
at [www.coolmilk.com/contact](http://www.coolmilk.com/contact)  
or give us a call on **0800 321 3248**



# COMMUNITY MESSAGES



## Educational Psychology (EP) Support Line

A confidential telephone support service, staffed by Educational Psychologists, to talk through questions or concerns about children and young people's **wellbeing** or **learning**.

Open to **all** parents/carers of children with additional needs or SEND living in the City of York (who have not had recent EP involvement), and practitioners working with children who live in/attend an educational setting in York.

"It's invaluable"

"Great service. Very easy to arrange"



"I feel confident in the next steps we can take"

"I felt really listened to and supported"

Calls of up to 30 minutes are available

Monthly – the last Wednesday of each month 9.00am – 3.30 pm

Term time only (September 2024 - July 2025)

To book a slot, please e-mail: [EPsupportline@york.gov.uk](mailto:EPsupportline@york.gov.uk) with your name and a contact telephone number.

Bookings will close on the Friday before each session at 5pm. We will then email you with a time slot for your consultation on the Tuesday.

This is a one-off consultation provided by City of York Educational Psychologists on a rota basis.

*Please note: the helpline offers short slots to talk with a psychologist about specific concerns; unfortunately, within the time available, we cannot advise on complex situations where different agencies need to work together to support a child or young person.*

September 25<sup>th</sup> 2024  
October 23<sup>rd</sup> 2024  
November 27<sup>th</sup> 2024  
December 18<sup>th</sup> 2024  
January 29<sup>th</sup> 2025  
February 26<sup>th</sup> 2025  
March 26<sup>th</sup> 2025  
April 23<sup>rd</sup> 2025  
May 21<sup>st</sup> 2025  
June 25<sup>th</sup> 2025  
July 16<sup>th</sup> 2025



# COMMUNITY MESSAGES

## Clare's Kitchen Baking Club @ Knavesmire Primary Free Taster Session For Year Groups 5 & 6



Baking Club runs on a Friday after school until 5.30pm. Our team of little chefs plan, prepare and bake their own food. We do all kinds of recipes from pizzas to gingerbread. We are offering a **Free Taster Session** this term to Year groups 5 & 6 on a first come first served basis. To redeem this invite, contact Clare at [clare@clares-kitchen.co.uk](mailto:clare@clares-kitchen.co.uk) or whatsapp 07813182216. You will simply need to complete a booking form! This offer is only for those pupils who have not previously attended Clare's Kitchen.

Clare's Kitchen has been delivering Cookery Clubs in schools since it was founded by Clare in 2014. See us in action on social media;

Facebook <http://facebook.com/clareskitchenyork>  
Instagram @clareskitchenyork

## ROWNTREE PARK TENNIS CLUB

SPRING PROGRAMME OF TENNIS  
COACHING SESSIONS WITH OUR  
LTA COACH JILL LE PLA



- Every **Monday** from 3.3.25 - **Junior** sessions  
Red group (3.45pm- 4.45pm), ages 5-7  
Orange group (4.45pm - 5.45pm), ages 8-11
- Every **Saturday** from 1.3.25 - **Beginner Adult**  
(Tennis Express) session (9am-10am) 6 WEEK  
COURSE
- Every **Saturday** from 1.3.25 - **Improvers**  
session (10am-11am). PAY and PLAY
- Every **Saturday** from 1.3.25 - **Intermediates**  
session (11am-12noon) PAY and PLAY
- Every **Tuesday** from 4.3.25 **CARDIO** tennis  
session (9.30am -10.30am) PAY AND PLAY

For full details of courses including prices and booking options, please scan the QR Code or search for 'Rowntree Park Tennis Club/Coaching'



For enquiries, please contact Jill Le Pla on 07531 598 512 or [jlptenniscoaching@gmail.com](mailto:jlptenniscoaching@gmail.com)

See full timetable on our website!



## DANCE AND PERFORMING ARTS CLASSES!

**SPECIAL OFFER FOR KNAVESMIRE STUDENTS -  
TWO WEEKS' FREE TRIAL IN ALL LESSONS!!!**

BALLET - TAP - JAZZ - CONTEMPORARY - FREESTYLE -  
STREETDANCE - MUSICAL THEATRE - ACRO

QUALIFIED IDTA TEACHERS - PERFORMANCE OPPORTUNITIES -  
GRADES AND MEDALS - FOR AGES 4+ - ALL CHILDREN WELCOME.

**Derwent  
Danceworks** [derwenddanceworks@hotmail.com](mailto:derwenddanceworks@hotmail.com)  
DERWENTDANCE.CO.UK **IDTA**

# EASTER HOLIDAYS MULTI-SPORT CLUB

**ACOMB SCHOOL 7th - 17th APRIL**  
**WILBERFOSS SCHOOL 8th & 15th APRIL**  
**HEMPLAND SCHOOL 9th, 10th, 16th, 17th APRIL**

**£30 PER DAY!**

**25% SIBLING DISCOUNT** **CHILDCARE VOUCHERS ACCEPTED!**

SCAN QR CODE TO BOOK!  
VISIT [IGNITESPORTSCOACHING.CO.UK](http://IGNITESPORTSCOACHING.CO.UK) FOR MORE INFO!



**Children's Therapy Team**

## Supporting Children with Early Communication Skills

What is communication?  
 How does typical speech, language and communication develop?  
 What strategies can I use when playing with a child to support their language development?  
 What helps children make sense of spoken language?  
 When should I seek support for a child?  
 How does supporting language development link with the EYFS framework?

This online training session explores the evidence-base around supporting children who are at an early stage of communication development and considers how early communication skills can be practically supported within the EYFS framework.

This **\*FREE\*** training session is suitable for professionals who work in a **primary or early years** setting with children who are at an early stage of language development, across **York, Selby, Scarborough, Whitby and Ryedale**.

Date and time: **Thursday 27<sup>th</sup> March 2025- 3:45-5:00, Thursday 24<sup>th</sup> April 2025 3:30-5:30** For more information or to book a place please email us at [yhs-tr.childrenstherapytraining@nhs.net](mailto:yhs-tr.childrenstherapytraining@nhs.net)  
 Bookings will close **one week before the above date**

**Children's Therapy Team**

## Supporting Children with Selective Mutism

What is selective mutism?  
 Why do children become anxious about speaking in certain situations?  
 How can I identify if a child in my setting or class has selective mutism?  
 When should I refer a child?  
 What helpful information is available online and how do I find it?  
 What can I do to help a child with selective mutism?

This e-learning session explains what selective mutism is, what causes it, how to create a 'selective mutism friendly environment', and how to help children with selective mutism in your school/setting.

This **\*FREE\*** training session is suitable for professionals who work in a **Secondary** setting with children who are reluctant to speak or have selective mutism, across **York, Selby, Scarborough, Whitby and Ryedale**.

Date and time: **Wednesday 29<sup>th</sup> January 2025 3:30-5:00pm, Friday 9<sup>th</sup> May 2025 3:30-5:00pm**

For more information or to book a place please email us at [yhs-tr.childrenstherapytraining@nhs.net](mailto:yhs-tr.childrenstherapytraining@nhs.net)  
 Bookings will close **one week before the above date**

**Children's Therapy Team**

## Supporting Children to Eat and Drink Safely

What can I do to be more confident that the child is eating safely?  
 What is a normal swallow?  
 What types/textures of food are safe for children?  
 What can go wrong with swallowing?  
 Who can I ask about feeding difficulties, and what guidelines should I be following?  
 How do I know something has gone wrong when a child is eating?

This online training session explains what 'normal swallowing' is, considers what can go wrong and provides suggestions for how you can support children to eat and drink safely.

This **\*FREE\*** training session is suitable for parents and professionals across **York, Selby, Scarborough, Whitby and Ryedale**.

Date and time: **Tuesday 25<sup>th</sup> March 2025, 3:30pm-5:00pm**. For more information or to book a place please email us at [yhs-tr.childrenstherapytraining@nhs.net](mailto:yhs-tr.childrenstherapytraining@nhs.net)  
 Bookings will close **one week before the above date**

**Children's Therapy Team**

## Speech Sound Development Workshop

When should I refer a child?  
 How do speech sounds develop?  
 How are speech sounds made?  
 What types of speech sound difficulties do children experience?  
 What can I do to support a child with speech sound difficulties?

The course gives a brief overview of how speech sounds are made/develop and advice and strategies to consider when working with children with speech sound difficulties.

This **\*FREE\*** training session is suitable for professionals who work with children who have speech sound difficulties, parents or children with speech sound difficulties, from across **York, Selby, Scarborough, Whitby and Ryedale**.

Wednesday 26<sup>th</sup> March 2025 10:30-12:00  
 Wednesday 2<sup>nd</sup> July 2025 9:30-11:00

For more information or to book a place please email us at [yhs-tr.childrenstherapytraining@nhs.net](mailto:yhs-tr.childrenstherapytraining@nhs.net)  
 Please note booking closes **1 week before the workshop**

**Children's Therapy Team**

## Supporting Children who are picky eaters or avoidant/restrictive

How do I know who is picky and who is restrictive?  
 How is a diagnosis of ARFID made and what are the challenges?  
 What will help at mealtimes?  
 What is ARFID?  
 Where can I go for further support?  
 What strategies will help with sensory sensitivities?

This online training session discusses the difference between picky eating and avoidant/restrictive eating, how to identify children with these difficulties and provides ideas of strategies that will help.

This **\*FREE\*** training session is suitable for parents and professionals who live or work in the following areas - **York, Selby, Scarborough, Whitby, Ryedale**

Date and time: **Tuesday 18<sup>th</sup> March 2025 1:00-2:30pm, Thursday 26<sup>th</sup> June 2025 3:15-4:45pm, Tuesday 21<sup>st</sup> October 2025 1:00-2:30pm**

For more information or to book a place please email us at [yhs-tr.childrenstherapytraining@nhs.net](mailto:yhs-tr.childrenstherapytraining@nhs.net)

## LET'S MAKE SENSE together.

Let's Make Sense Together is a virtual service that has been developed by our Occupational Therapists for York and Scarborough Teaching Hospitals NHS Foundation Trust. It is part of our sensory processing pathway, supporting children and young people who have a physical and functional difficulty due to sensory processing differences.

Please use the QR code or link below to access our free advice and further details on how to access our service.

[www.yorkhospitals.nhs.uk/childrens-centre/your-childs-hospital-journey/introduction-to-childrens-therapies](http://www.yorkhospitals.nhs.uk/childrens-centre/your-childs-hospital-journey/introduction-to-childrens-therapies)

**York and Scarborough Teaching Hospitals**  
 NHS Foundation Trust

**Children's Therapy Team**

## Stammering workshop

For setting staff and childcare providers

What is stammering?  
 How should I talk to a child who stammers?  
 What strategies can I use in the classroom to support a child who stammers?  
 Where can I find further support and helpful information about stammering?  
 How can Speech and Language Therapy support a child who stammers?  
 What causes stammering?

This virtual workshop is suitable for all setting staff and childcare providers.

The course gives a brief overview of what stammering is and how you can support a child in your setting to communicate confidently with a stammerer.

Cost: **Free**: to setting staff and childcare providers in the **York, Selby, Scarborough, Whitby and Ryedale** areas

Date and Time - you only need to attend one of the following workshops;  
 - Tuesday 28<sup>th</sup> January 2025 3:45pm - 5:15pm  
 - Tuesday 29<sup>th</sup> April 2025 3:45pm - 5:15pm  
 - Tuesday 30<sup>th</sup> September 2025 3:45pm-5:15pm

To book a place on one of the workshops above, please contact [yhs-tr.childrenstherapytraining@nhs.net](mailto:yhs-tr.childrenstherapytraining@nhs.net)



# COMMUNITY MESSAGES

March

11th @ 12.30pm

Anxiety

(3 to 18-year-olds)

Does your child show signs of anxiety?

What exactly is anxiety?

How can I support my child with anxiety?

Anxiety can manifest in our children through constant worry, excessive avoidance, social fearfulness, perfectionism and irritability.

If this resonates with you and you are curious join Anisa (Parenting Coach) for her monthly Free Parenting Clinic, this talk is focused on Anxiety and what we can do to support ourselves and our young people.

Join us on Zoom, for the 30-minute talk.

Book here:

<https://anisalewis.as.me/theclinic>

or

email: [hello@anisalewis.com](mailto:hello@anisalewis.com) for the booking link

(The Clinic is recorded and the replay is sent out to all who register so you don't have to make it live)

TEWV  
Running

NHS  
Tees, Esk and Wear Valleys  
NHS Foundation Trust

## Join our 1 mile TEWV Fun Run

Taking place before the TEWV 10k

Saturday  
19 April

Knavesmire,  
York Racecourse

For anyone aged  
3 and up

Entries £2.50

An Easter  
egg for all  
finishers!

ENTER NOW at [www.tewv.nhs.uk/running](http://www.tewv.nhs.uk/running)

## Join us at the LNER Community Stadium... York Knights v Halifax Panthers Sunday 9th March - 3pm Kick Off

BETFRED  
CHAMPIONSHIP



SCAN THE QR  
CODE FOR TICKETS!

#RISEUP | #WEAREYORK





# COMMUNITY MESSAGES



## YORK INSPIRATIONAL KIDS NEWSLETTER

February

### WELCOME

From Ruth Thompson,  
our CEO...



What a great start to the year we have had. We've been chosen to be Charity of the Year by both Betty's Tea Room and Muddy Boots. We cannot thank them enough for this great opportunity. Our clubs have started back busier than ever and we've been delighted to welcome so many new children into every group we run. That's quite an achievement in 4 weeks!

We're also delighted to have some new volunteers joining YIKs All About Autism, our fundraising team and other activities. There is always room for more so if you have a couple of hours to spare each week please get in touch.

Louise has been busy at many networking events this month, spreading the word about what we do and Kathryn has been busy working with and supporting schools with autism. It's going to be a great year if it carries on like this! Enjoy this month's roundup of all our news.



### FEBRUARY AT YIKS

Children and young people in all of our groups have enjoyed participating in lots of different activities.

Post 16s have devoured home-made fruit kebabs, got crafty designing valentines cards and finished off the month at Hollywood Bowl.

Our Saturday Club provided opportunities for families to come together to play, make crafts and chat. "It's a lovely way to start the weekend", said one parent and we couldn't agree more!

Siblings enjoyed pancake making (and eating). They also went to McDonalds. Whilst this wouldn't have been our choice, many told us it wasn't somewhere they could go with their siblings and they wanted to do something that others got to do all the time - who are we to argue!

### INSIDE THIS ISSUE

- YIKs All About Autism
- Saturday Club
- Post 16 Group
- What's on in March
- Siblings Club
- Fundraising
- Parent Drop-Ins
- Parent Support



## All About Autism

in conjunction with the City of York Council



Our weekly clubs are very much tailored to the interests of our children. We enjoy crafts, games, and of course, lots of slime making. Our staff loved being challenged by the children to games of air hockey, pool and table football at February Holiday Club.



Kathryn Pullan - YIKs AAA Manager

If you would like to look around and see what we do or if your child would like to look before joining please email [autismhub@yiks.co.uk](mailto:autismhub@yiks.co.uk)



Eils O'Brien - YIKs AAA Supervisor

### Weekly Clubs

Monday	4-8 years	4.30-6.30pm
Tuesday	8-10 years	4.30-6.30pm
Wednesday	10-12 years	4.30-6.30pm
Friday	13-18 years	5.30-7.30pm

Friendship ...  
Just being side by side can be enough.



Our February half term holidays were very popular. The children played games, got crafty, made slime and had lots of fun! Come down and have some fun ... Visit our website to book in for Easter!



## HOLIDAY Clubs

More information can be found at our website [www.yiksaaa.org](http://www.yiksaaa.org)

Book in for Easter!





# COMMUNITY MESSAGES

[www.parentcarerforumyork.org](http://www.parentcarerforumyork.org) 7 March 2025

**Parent Carer Forum York**

## NEWS LETTER

✉ Connect@pcf York.co.uk

### Coffee Mornings

**Monday 24 March 2025**  
10.30am - 12.00pm  
YHA, Clifton

Meet other parents and carers who share your lived experience. Swap tips, offload, get updates or share without judgement. The first hot drink is on us as a thank you for allowing us to use your experience to inform our work with education, health and social care on parent carer voice.

We'll be easy to recognise with the table top sign. All are very welcome but if it's your first time and you would like to meet someone first, email Mary: [connect@pcf York.co.uk](mailto:connect@pcf York.co.uk)

### Get Involved

As a Parent Carer Member Representative

PCF York is looking for parent carers who would like to use their experience and expertise to ensure that parent carer voices in York are represented at specific planning meetings. The representative's aims will be to ensure that the forum's views inform meetings and that lived experience of parent carers is fed into decision making.

Meetings may be in person or remote and you will be reimbursed for parking, travel and/or childcare costs.

If you have some time to spare and would like to find out more please email Mary: [connect@pcf York.co.uk](mailto:connect@pcf York.co.uk) to arrange an informal chat.

### Open Forum Event

**Thursday 20 March 2025**  
11am - 13:00pm  
New Earswick Folk Hall

Join PCF York for an Open Forum event to hear news of workstreams we have been involved in this year and help us identify our priorities for the future.

A complimentary lunch of sandwiches and scones with cream will be provided.

Tickets available here: [eventbrite](https://www.eventbrite.com)

Book early to secure your place!

[www.parentcarerforumyork.org](http://www.parentcarerforumyork.org) 7 March 2025

**Parent Carer Forum York**

## NEWS LETTER

✉ Connect@pcf York.co.uk

### York SEND Local Offer

#### Early Help Short Breaks

Do you have a child or young person who has a disability that affects their access to community activities? You can learn more about the Early Help Short Breaks offer on the [SEND Local Offer page](#). The next round of applications for Early Help Short Breaks opens from Tuesday 1st April to Wednesday 30th April 2025.

Please get in touch with [earlyhelpshortbreaks@york.gov.uk](mailto:earlyhelpshortbreaks@york.gov.uk) for any queries.

### Listening Event

**YORK SENDiass**

**Tuesday 11th March 2025**  
6:30 pm - 7:30 pm  
Online

Please join us online for this informal listening event with York SENDiass which will cover **Education Health Care Plans, Information giving, feedback and a Q and A session.**

Email Mary at [connect@pcf York.co.uk](mailto:connect@pcf York.co.uk) for the meeting link.

### Carers Survey

**NHS**  
York and Scarborough Teaching Hospitals  
NHS Foundation Trust

York Scarborough Teaching Hospitals NHS FT are looking for survey participants to help inform their care improvement plan. Please complete the survey by scanning or clicking on the QR code below, or by emailing [yhs-tr.patientedi@nhs.net](mailto:yhs-tr.patientedi@nhs.net). The survey closes on 11th April 2025.

### theatre@41

MONKGATE

#### Hospital Doors Theatre Performance

**12-15 March 2025**  
Evening and Matinee Performances  
[Theatre@41](#)

[TICKETS AND INFO HERE.](#)

JOIN THE PCF YORK FACEBOOK GROUP

[www.parentcarerforumyork.org](http://www.parentcarerforumyork.org) 7 March 2025

**Parent Carer Forum York**

## NEWS LETTER

✉ Connect@pcf York.co.uk

### Celebrating one year of Parent Carer Forum York

**Thank you** to all our members who have shared their lived experiences throughout our first year. Since May we have heard **408 of your shared experiences** via our events, **17 coffee mornings**, **17 listening events** and of course the PCF York **Annual Conference** and our **training events**.

**These shared experiences from you have supported our work on 40 workstreams** including preparation for adulthood, learning support hub, CAMHS autism assessment pathway, Early Help Short breaks, SEND hub development, EHCP audits, new therapy offers and supported employment.

**Thank you for your support!**

### PCF York Annual Conference 2025

On the 26th February we welcomed parents and carers in York to our annual conference for a packed agenda which included the topics of Preparation for Adulthood and Access to Health Services, with updates and developments from across services in York.

Thank you to all who joined us. We have received wonderful feedback so far and we are pleased to hear how helpful attendees found the event.

If you have not yet shared your feedback, please email Mary with any comments: [connect@pcf York.co.uk](mailto:connect@pcf York.co.uk)

### Parent Carer Voice for Change

**York presented with National Honour**

We are very pleased to share that our work and strength of voice in driving change has been recognised with an NHS Best Practice Special Honour for outstanding contribution to SEND. Thank you to all our members. We were nominated by Demi Parker, Associated Designated Clinical Officer for SEND North Yorkshire and York, NHS Humber and North Yorkshire Integrated Care Board (ICB).

**Some words from our nomination.**

*"The Parent Carer Voice for Change, driven by the Parent Carer Forum York, working with Local Authorities, and Integrated Care Board has been instrumental in fostering meaningful partnerships across health, education, and local authority services to improve outcomes for young people with special educational needs and disabilities (SEND)"*

WORKING TOGETHER TO MAKE THINGS BETTER