

Knavesmire Primary School

Weekly Newsletter

Friday 14th March 2025

Mr Cooper and Mr Gardiner's Message

Happy Friday!

After a beautiful weekend we had high hopes for this week, but we seemed to have skipped 'March winds' and gone straight for 'April showers'! In England that is. Year 6, however, have been enjoying the benefits of the Barcelona climate on their Residential - a spectacular week has been had and I'm sure many of you will hear much more about it!

We have to mention the fantastic 'Everybody Dance Festival' at York Theatre Royal, last weekend, which showcased some fantastic dance talent from across the region, including some of our Year 5s. Our school was also represented at the Rugby fixture on Sunday with a choreographed dance performance.

Knavesmire has continued with a jam packed week, dodging those showers. We're looking forward to a full school again next week with Year 5 Bikeability, Year 6 Theatre workshops, Cross Country Finals and, of course, Comic Relief being on the horizon. We are really hopeful that the prospect of gunging BOTH of us will be incentive to give big!

Have a wonderful and restful weekend, especially to the Year 6 and accompanying staff - a well deserved rest!

Mr Gardiner & Mr Cooper



WELCOME TO OUR NEWSLETTER

We hope that this School Newsletter format will prove helpful in better communicating information between school and home.

While ever evolving we will broadly including the following sections - please click on the links below to move directly to any section (direct links may not work on all devices):

- [Whole School Information](#)
- [Trips, Activities and Performances](#)
- [Key Dates](#)
- [Cool Kids Club](#)
- [Year Group Messages](#)
- [Community Messages](#)





ENDING YOUTH HOMELESSNESS

Starting out as a night shelter, Centrepoint's work with young people has evolved beyond all recognition over the last 50 years.

In the centre of London's Soho in December 1969, the Revered Ken Leech opened a night shelter in the basement of his church to give homeless, young people a safe place to sleep. Our services are what make Centrepoint so special, we focus on giving young people not just a bed for a night but a home where they can reclaim their future with the support of our dedicated frontline workers.

Over the years we have grown, offering services around the country and developing truly innovative approaches to help young people. We work in partnership with other charities all over the UK, we learn from each other and we join forces to call for change. We know we can't end youth homelessness alone – it will take collaboration and systemic change but we believe we can do it and are committed to ending youth homelessness.

We started with one small shelter, now we support more than 2,000 young people every day through our floating support, rough sleeping and resettlement services but with almost 136,000 young people at risk of or experiencing homelessness last year – we're needed more than ever.

ADAM'S FUNDRAISING RUN!

To help combat old age and middle-age spread, I'm doing a fundraising half-marathon at the beginning of April. It's to raise money for a charity that my mum supported and felt strongly about.

If you'd like to support (no obligation), you can scan the QR code here.

Many thanks, Adam



TOGETHER WE CAN END YOUTH HOMELESSNESS

WHOLE SCHOOL INFORMATION



FREE SCHOOL MEALS AND THE KNAVESMIRE OFFER

If your family qualifies for free school meals (aside from the universal free school meals for Reception, Year 1 and Year 2) you will also qualify for The Knavesmire offer. This means, in addition to free school meals, families can be provided with:



- a school jumper or a school cardigan
- a **school footwear voucher**
- School milk
- **one term free swimming travel costs**
- two half-terms of free extra-curricular club participation
- **free school trips**
- negotiated costs for residential visits

Please come to the school office for a form so we can order your child's jumper/cardigan, shoe voucher and milk.

FREE SCHOOL MEALS ELIGIBILITY

Free School Meals are automatically applied to all children in Reception, Year 1 and Year 2. This entitlement can be extended to children where families are in receipt of certain benefits and earnings do not exceed a threshold. These benefits include:

Universal Credit, Income Support, Income-based Jobseeker's Allowance, Child Tax Credit (but not Working Tax Credit)

North Yorkshire County Council have launched an online portal for free school meal applications that will give you an instant decision on whether your application is successful:

<https://www.northyorks.gov.uk/free-school-meals>

*** NEW SCHOOL EMAIL ADDRESS ***

The school email has changed to admin@knavesmire.elc.org.uk
Please delete any other email addresses which you may hold for the school

OFFICE ADMIN

When communicating with the school about your child, please remember to include their full name and class.

Please note that as of September 2024 we are required to see evidence of any medical appointments. Please send any screenshots to accompany your absence email so that we can log this absence appropriately.

WHOLE SCHOOL INFORMATION



SCHOOL LIBRARY

Year 6 Library Assistants are now in the School Library 3.30 Mon-Thurs to help with all your borrowing needs.

The School Library is open for browsing every day from 3.15-3.30pm, and browsing, borrowing and reading from 3.30-4pm. It would be lovely to see you there!

Miss Smith



CLOTHES BANK

Our fundraising and recycling clothes bank is situated at the entrance of the car park to the rear of the school. Please click on the following link to see Mrs Wogan-Wells from Y6 explain a little more about how it all works.

<https://online.fundraiserecycleltd.co.uk/bank?bankId=KnavesmirePrimary-School>

Please use the facility to donate any unwanted clothes.

SCHOOL MILK

If you want to register your child for school milk, simply visit www.coolmilk.com/register

REFUGEE COLLECTION

Refugee Action York can take donations again! They are looking for good quality washed clothes, new underwear and toiletries. Men's clothes are always in demand. Please drop off any items on the window sill in the office foyer. Thank you very much!

HEALTH AND WELLBEING

NITS

Please be extra vigilant in checking your child's hair. For information on how to spot & treat, please click on the NHS website. Do note that in many instances, nits look a bit like dandruff. Whilst we cannot enforce it, we recommend long hair is tied back to help prevent further spread of headlice - thank you.

<https://www.nhs.uk/conditions/head-lice-and-nits/>

LOST PROPERTY

The box for lost hats, gloves and scarves in the gazebo on the playground is overflowing... Please check it out for your missing items.

For valuables, please visit the Friends Of Knavesmire Facebook page and search #lostandfound <https://www.facebook.com/share/g/19oEC5BBmk/?mibextid=K35Xfp>

Named clothing, if found, will be sent to class. Unnamed clothing will be recycled if an owner can't be located..

Check the Friends of Knavesmire Facebook page to view any valuable #lostandfound items. <https://www.facebook.com/groups/14023395>

RED NOSE DAY IS BACK!

This Red Nose Day, let's celebrate 40 years of going big, giving big and feeling good with Comic Relief. Whether you give a few quid or give your all, let's do it together and support incredible projects which help children to be happier, families stronger, women safer, communities prouder, and millions of lives fairer.

Red Nose Day 2025.



Go big.
Give big.
Feel good.

We are looking forward to supporting Comic Relief at Knavesmire Primary School on Friday 21st March.

To donate please use this link to our dedicated ParentPay Donations Page:

<https://app.parentpay.com/ParentPayShop/Foc/Default.aspx?shopid=18294>



NUT & SESAME FREE SCHOOL



For the safety and health of our school we are committed to being Nut & Sesame Free

We need your help to make our school a safe place for those with food allergies.

Please do not bring any nut or sesame products into school.



Some examples of foods containing nuts or sesame - some are not as obvious as others...



WHOLE SCHOOL INFORMATION



THE COFFEE CART IS BACK!

I am pleased to share the news that the Coffee Cart is back in the playground in the mornings. Mr Taylor, our Pupil Mentor, will be outside Miss Hall's classroom, located near the main gates, every morning (when it's not raining!) before school starts with the Coffee Cart. Mr Taylor will be with some amazing Year 5 students who will be ready to sell some lovely cups of tea, coffee or hot chocolate, exactly what you need to start your morning.

All money raised goes back into restocking the coffee, tea and hot chocolate and any that is left over goes back to the school to help buy essential supplies. The young people who help out gain many skills and they thoroughly enjoy the challenges it brings. Miss Gilligan, our school SENCO will help out on a Friday morning and is available for a quick chat or to answer any questions you may have.

All drinks are only £2.00 and we accept cash or card. Please note that we do not serve coffee or tea to any children at school but we do allow hot chocolate as long as the drink is finished before the start of school and not taken into any classroom.

We look forward to seeing you soon.



STIKINS® Name Labels SIMPLY STICK IN & STAY IN



**Save Time & Money
Reduce Lost Property**



Quote Our Fundraising Number To Raise Funds For School

WWW.STIKINS.CO.UK

CLOTHES LABELS

Our school will receive 30% commission to put towards school funds from every order where the fundraising number is quoted.

Our Fundraising
Number Is: 11349

TRIPS, ACTIVITIES AND PERFORMANCES

Year 1

Harlow Carr Trip, 07/05/25 - See email sent 31/01/25.

Year 2

York Chocolate Story Trip 26/02/25 - The ParentPay item remains open for any voluntary contributions.

Year 3

Swimming - The voluntary contribution is live on ParentPay.

National Railway Museum Trip 25/03/25 - See email sent 04/03/25.

Eureka Trip 07/05/25 - See email sent 07/02/25.

Year 4

Robin Hood's Bay - Parent meeting on Thursday 24/04/25, please see email sent today (14/03/25). The payment item is live on ParentPay. The next payment is due by **30/04/25**.

Year 5

Bikeability - See dates in key dates section. Thank you all for your responses.

Science Enrichment Trip, 01/04/25 (Only for children who have received an email from school) - Please see email sent 11/03/25. Please complete the parentPay consent by Monday 17/03/25.

Carlton Lodge - Please see email sent 08/10/24. The ParentPay item is live on ParentPay. The next payment is due by **31/03/25**.

Year 6

Other

Cross Country North Yorkshire Finals, 20/03/25 - Please see reminder sent today (14/03/25) to the parents of children who qualified but who have not yet given consent. Consent is now overdue. Please complete ASAP.



CLUBS

The following clubs and music lesson are run in school by external organisations. Please contact them directly for more information or to book a place.

Organisation	Activity	Contact details
Ignite Sports	Ignite run sports clubs after school on a Monday.	You can sign up for these sessions on Ignite's website. www.ignitesportscoaching.co.uk or email: info@ignitesportscoaching.co.uk
Dance with Miss Caroline	Miss Caroline runs drama, cheerleading and street dance clubs for all school aged children on a Tuesday, Wednesday and Thursday lunchtime and after school on a Tuesday and Wednesday.	To sign up for these sessions please follow this link https://forms.office.com/r/fhfW6GHqax or for more info, email Miss Caroline: dancewithmisscaroline@outlook.com
Circus Skills	Circus Stu runs a circus skills club for all school aged children. This takes place on a Friday lunchtime.	To sign up please email Stu: stuart@circusskillsyorkcic.org or go to the website: www.circusskillsyorkcic.org
Rocksteady	Rocksteady are in Knavesmire on a Wednesday in school hours. Children can choose from the electric guitar, keyboard, drums or vocals.	For more information and to sign up, go to Rocksteady's website: www.rocksteadymusicschool.com
Clare's Kitchen	Clare runs sessions for all school aged children after school on a Monday and Friday. These sessions give children the opportunity to plan, prepare & cook their own nutritional meal, then dine together.	To sign up please email Clare: clare@clares-kitchen.co.uk
Chess Club	This club is run on Tuesdays and Thursdays after school for years 1,2 and 3. The clubs are run by Larry, a parent volunteer.	Please see details below with sign up information.

CLUB NEWS

Knivesmire Chess Club - FREE

Knivesmire Chess Club is open to all levels and it is FREE. If you as a parent are interested and want to volunteer or learn please let me know using the form, you will need a valid DBS from the school to attend the sessions.

Tuesday sessions will be for Years 4, 5 and 6

Tuesday will run from 3:30 to 4:15 pm. Please fill in the Google form to request a place, there is a limit on the number of spaces.

<https://forms.gle/bpGkdwkVuSgcE6fD7>

Thursday sessions will be for Years 2 and 3

Thursday will run from 3:30 to 4:00 pm. Please fill in the Google form to request a place, there is a limit on the number of spaces.

<https://forms.gle/kRfsNU4RBSvELeGz7>

If you cannot make any of the sessions but want to attend another club see the links below:

<https://www.yorkchessclub.co.uk/> - Every Wednesday at Guppies (on Nunnery Lane)

York Explore library in town Sundays 2-3 pm during term time

Once you have completed the form I will email all parents more details.

If you have any questions please let me know by email to shroud.king@gmail.com or ask me in the playground. Ask around for Larry.

MUSIC IN SCHOOL



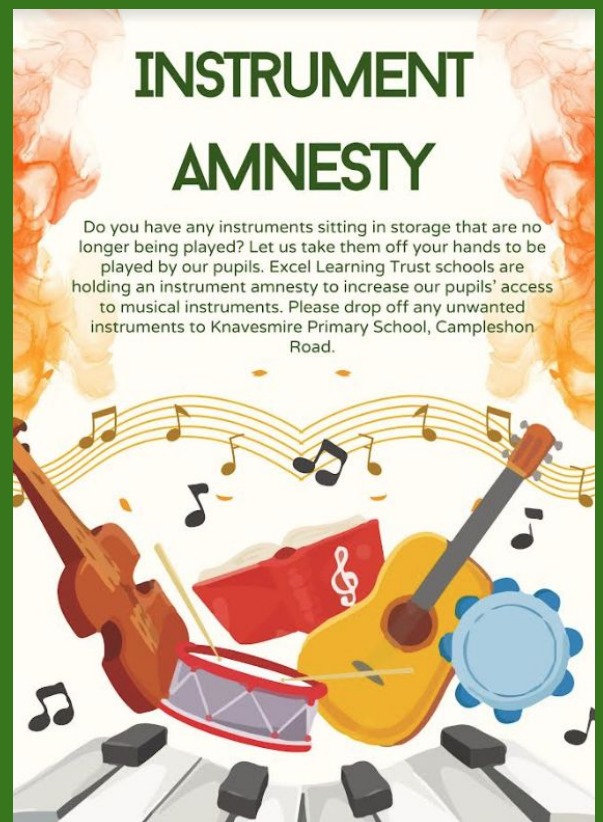
Peripatetic Music Lessons in School

The following music lessons are run in school by peripatetic teachers. Please contact them directly for more information.

Instrument	Name	Contact details
Guitar	Steve Powell	stevepowell726@gmail.com
Piano	Carolyn Amos	carolynamos@hotmail.co.uk
Drums	Alex Woolgar	alexwoolgar1@gmail.com
Singing	Alison Pawley	alisunr@yahoo.com
Violin	Marcus Bousfield	marcus.bousfield@btinternet.com
Brass	Andy Hillier	https://yorkmusiced.org.uk/index.php/what-we-do/york-music-centre/enrolment-form

MUSIC NEWS

Please check back for updates



KEY DATES



YEAR	DATE(S)	ACTIVITY
Nursery		
Reception		
Year 1	07/05/25	Harlow Carr Trip
Year 2		
Year 3	25/03/25 02/04/25 03/04/25 03/04/25 07/05/25	National Railway Museum Trip (Drop off 8.45am, pick up 4pm) Play performance 5:30 - 6:30 Play performance 1:30 - 2:20 Play performance 5:30 - 6:20 Eureka Trip (Drop off at 8.30pm, pick up at 3.45pm)
Year 4	02/04/25 03/04/25 03/04/25 24/04/25 02/06/25 - 13/06/25 13/06/25 18/06/25 - 19/06/25 19/06/25 - 20/06/25	Play performance 5:30 - 6:30 Play performance 1:30 - 2:20 Play performance 5:30 - 6:20 Robin Hood's Bay Parent Meeting, 3.30pm - 4pm Multiplication Check TT Rockstar Dress Up Day Robin Hood's Bay Residential- 4R Robin Hood's Bay Residential - 4GH
Year 5	18/03/25 19/03/25 25/03/25 26/03/25 21/05/25 - 23/05/25	5T Bikeability 5T Bikeability 5H Bikeability 5H Bikeability Carlton Lodge Residential
Year 6	10/03/25 - 14/03/25	Barcelona Trip
The School House	02/04/25 04/04/25 04/04/25	Space Station Making (please bring in any recycling for junk modelling session) Rowntree Park Cafe Trip (sharing their Space themed narratives at the cafe) Chocolate Works Egg-stravaganza 2:00 - 3:00
Other	21/03/25 01/04/25	Comic Relief - gunging of Mr Cooper and Mr Gardiner straight after school FoKPS Easter Fair

FRIENDS OF KNAVESMIRE UPDATE

We hope you all had a good week and survived all the seasons we seem to have gone through.

We also hope by now everyone has received their stripy bags, an Easter Fair flyer as well as of course the raffle tickets. Thanks to all of those who have already purchased theirs and for all the stripy bags as well as the Easter chocolate donations we have received so far. We very much appreciate it.

Hopefully we'll be able to finalise details over the weekend to be able to tell you next week what exactly will be expecting you at our Easter Fair on 1 April. And of course we'll be finally revealing our raffle prizes. There are some amazing ones available this year.

Lastly, please don't forget to volunteer for the Fair if you can. We would be very grateful and it would be such a big help.

Have a good weekend everyone.

Friends of Knavesmire Primary School



Easter Fair & Raffle Tue 1st April 2025

In the playground right after school with **Games, Arts & Crafts, a Tombola, Lucky Bags** as well as our annual **Easter Raffle** (keep an eye out for details).

We will however need your help to make it happen ...

So please fill the stripy bags (with sweets or other bits & bobs if you like) and/or drop off some Easter chocolate in any form for our tombola. All donations can be left in the boxes in the school foyer & are much appreciated!

Buy your raffle tickets to be in with a chance to win one of our amazing prizes!

Finally, maybe think about giving us a bit of your time too. If you can help out on the day, then please sign up below & hand it into the office. Many thanks!!!

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Pls return to the box in the office or scan the QR code to help on Tuesday 1st April 2025:

- Help set up from 1.15pm
- Help on a stall from 3pm
- Help clear away at the end, from about 4.30pm



Name _____

Email _____

Phone _____



Please consider a donation



The Friends of Knavesmire are always appreciating donations to support the school and therewith all the children. So if you feel you can then please use this QR code to contribute. Any amount is welcome. Thank you.



Friends of Knavesmire Primary School

Registered Charity N° 1050289

COOL KIDS CLUB UPDATE

PLEASE NOTE THAT OUR STAFF TRAINING DAYS ARE AVAILABLE TO BOOK THROUGH CHILDCARE BOOKINGS FOR SCHOOLS - THEY WILL BE FOUND UNDER 'HOLIDAY CAMP' ON YOUR BOOKING ACCOUNT

Easter Holidays

Bookings will shortly be open for the Easter Holidays. We will be open as follows:-

Monday 7th April to Friday 11th April

Monday 14th April to Thursday 17th April

Booking Sessions for KCKC

To start making bookings, simply:

1. Click here to access the online booking system (or visit <https://knavesmire-primary.cbfs.uk>)
2. Register your online booking account (5 mins)
3. Use the 'Bookings' dropdown menu at the top of your Dashboard to begin requesting your sessions

Queries and system support

If you have any questions, or difficulties navigating the online booking system, please contact Childcare Bookings for Schools (our partner for any administration, booking and finance aspects of our wraparound care) directly:

T: 01444 523335

E: knavesmire@childcarebookingsforschools.co.uk

Their office operates between 9am and 5pm, Monday to Friday, all year round (including the school holidays).

Lots more information is available on the school website www.knavesmireprimary.co.uk/kckc

CLUB INFORMATION

EMAIL ADDRESS

New Email Address - our email has changed to coolkidsclub@knavesmire.elc.org.uk

Please delete any other email addresses which you may have for KCKC.

BREAKFAST CLUB

We serve Breakfast between 7.45am and 8.30am. If you require your child/children to have breakfast, please ensure that they are at KCKC no later than 8.20am.

BIKES

Now that the evenings have drawn in, we advise Parents that bikes should be locked-up in the bike shed in the staff car park to the rear of school, so that they are easily accessible when collecting your child/children from KCKC in the evening.

OUTSTANDING INVOICES

We note that there are a large number of outstanding invoices on ParentPay from before the change over to the new booking and payment system. Please can all Parents check their ParentPay accounts and pay any outstanding balances. If you believe that you have already paid by vouchers please can you provide KCKC with all the relevant information regarding payment, including voucher type, amount paid and date of payment.



YEAR GROUP MESSAGES



NURSERY MESSAGES

This week we began our new Big Idea 'Get Growing'! We read the story of Jack and the Beanstalk and completed lots of different activities to help us retell the tale. We also read 'The Tiny Seed' and then planted our own beans. Please keep us updated as your bean grows!

On Thursday morning we had lots of fun in Forest School with Mrs Banham! We played a few different games which helped us to explore the environment in a safe way. We finished off the week with a hockey session this afternoon!

Have a lovely weekend! ❤️

RECEPTION MESSAGES

Hello Reception! We've had a wonderful week launching our new Big Idea 'Into the woods' with the story of the Gingerbread man'

The children loved listening to the story in its original form and then exploring different versions such as 'The Gingerbread Girl' and 'Biscuit Bear' they also looked for variations in the original tale when looking at different retellings!

They each made a wonderful gingerbread man suncatcher using their cutting and tearing skills with colourful tissue paper. In literacy they made a story map and in the areas of provision had a go at making masks of the different characters as well as painting and designing their own ginger people!

To top it off they made their own gingerbread men and decorated them with an array of sweet treats!

In maths we've been looking at the numbers 7, 8 and 9, their composition and how we can represent them as well as comparing quantities to more, fewer and equal to a given amount.

In phonics we are still working on writing and reading words containing phase 3 digraphs and the children are making great progress!

In PE they played games in the hall as the rain scuppered our netball plans!

We hope you all have a wonderful weekend! The Reception Team ❤️

YEAR 1 MESSAGES

Year One have had another wonderful week!

In our new Big Idea about celebrations, we have been learning about the Rio carnival. We learnt that it is a very special time for Christians. On Friday, we took part in a samba drum workshop which was a lot of fun! We also made our own carnival masks using different decorations. In English, we used our imagination in story writing. We imagined our own party hat, and used adjectives to describe how it looked and felt. In maths, we have been looking at the difference between numbers and we have also been looking at numbers to 50.

Next week, we will be continuing our story writing in English. We will find out where our magical hats take us when we put them on! In Big Idea, we will be learning about Ramadan and Eid. In maths, we will be counting in multiples of 10. Please can we ask that the children have everything they need to get changed for PE. This would be much appreciated, thank you.

We hope you have a lovely weekend,
from the Year One team.

YEAR GROUP MESSAGES



YEAR 2 MESSAGES

This week, Year 2 have been working incredibly hard! We have used everything that we have learnt about recounts to write a detailed diary about our trip to York's Chocolate Story. Some of our children took these to the Chocolate Works to share them with the residents. In Maths, we have learnt what fractions are and how we can use them to show fractions of shape and calculate fractions of an amount. In Big Idea, we have looked at sources to describe how factories have changed over time as well as researching the life of Joseph Rowntree. Next week, we will be consolidating our knowledge so far this year by completing some Maths and Reading quizzes! If possible, we are asking that each child brings in a small rectangular tupperware box and lid (ideally the kind from takeaways!) for a tasty DT project we will be doing in two weeks time. Please make sure it is named and brought in no later than Monday 24th March.

We hope you have a restful weekend!

The Year 2 Team

YEAR 3 MESSAGES

Year 3 have had a wonderful week! In Writing, they've worked hard to draft and edit a set of instructions titled 'How to Make a Paper Mache Hot Air Balloon', using their own first-hand experiences to recount each step. In Maths, the children have continued their unit on Mass and Capacity. In PE, the children have begun their tennis unit.

In Big Idea, the children have continued to coat their paper-mache hot air balloons with paint, referring to their designs throughout the process, and learned how water travels through a plant's stem. In Computing, the children have continued to develop their information technology skills by creating a fact file template ahead of a Big Idea lesson where they will research an explorer and create a fact file using the information they have found.

If you have any questions or queries about anything at all, please don't hesitate to contact or speak to a member of the Year 3 Team. We're always happy to help!

We hope you have a wonderful weekend.

The Year 3 Team.

YEAR 4 MESSAGES

Rehearsals are well underway for Year 4's Hoodwinked production and this week we have been focussing particularly on songs and dances. Please continue to encourage your child to practise their lines at home so that they can eventually feel confident to deliver them without a script.

In Maths, we have focussed on a combination of arithmetic and reasoning techniques, whilst in English our focus has been persuasive writing.

Our Big Idea sessions have involved plenty of research into the origins of Robin Hood, learning the story and finally using origami to make our own Robin Hood hats.

YEAR GROUP MESSAGES



YEAR 5 MESSAGES

We have had a busy week completing assessments this week and all the children have given it their all (as usual).

Next week, we will be focusing on adding and subtracting decimals and writing descriptive paragraphs based on the attack on Lindisfarne.

A reminder that 5T have Bikeability on Tuesday 18th and Wednesday 19th March whilst 5H will complete their Bikeability sessions on Tuesday 25th and Wednesday 26th March.

Both classes will have Forest School again next week. 5T will be venturing out to Rowntree Park and 5H will be using the Forest School area. This will then switch over the following week.

Have a fun weekend,

The Year 5 Team.

YEAR 6 MESSAGES

Well, what a week!

Everyone has had the most wonderful time this week. Both in York and Barcelona, we have been unbelievably proud of the children, and everyone is looking forward to a well-deserved weekend of rest.

We'll catch up with you all next week.

The Year 6 Team

THE SCHOOL HOUSE MESSAGES

This week, we have had a lovely week in the School House.

Our highlight was presenting our planet collages in whole school assembly!
We also enjoyed an afternoon trip to Rowntree park.

Next week, we will be building terrariums. Please could we ask the children to bring in a large jar from home for this.

Have a lovely weekend,
School House Team.

COMMUNITY MESSAGES

Cool Milk
Free & Subsidised
SCHOOL MILK
Register your child today!
www.coolmilk.com

Is your child registered for **SCHOOL MILK?**

Child
UNDER 5

Every child under the age of five is entitled to free school milk. Simply register your child online.



Child
OVER 5

Every child over the age of five is entitled to milk at a subsidised cost of around £20 per term. Register your child and pay online.

Children in receipt of benefits-based free school meals are eligible for free school milk. Speak to the school for further information.

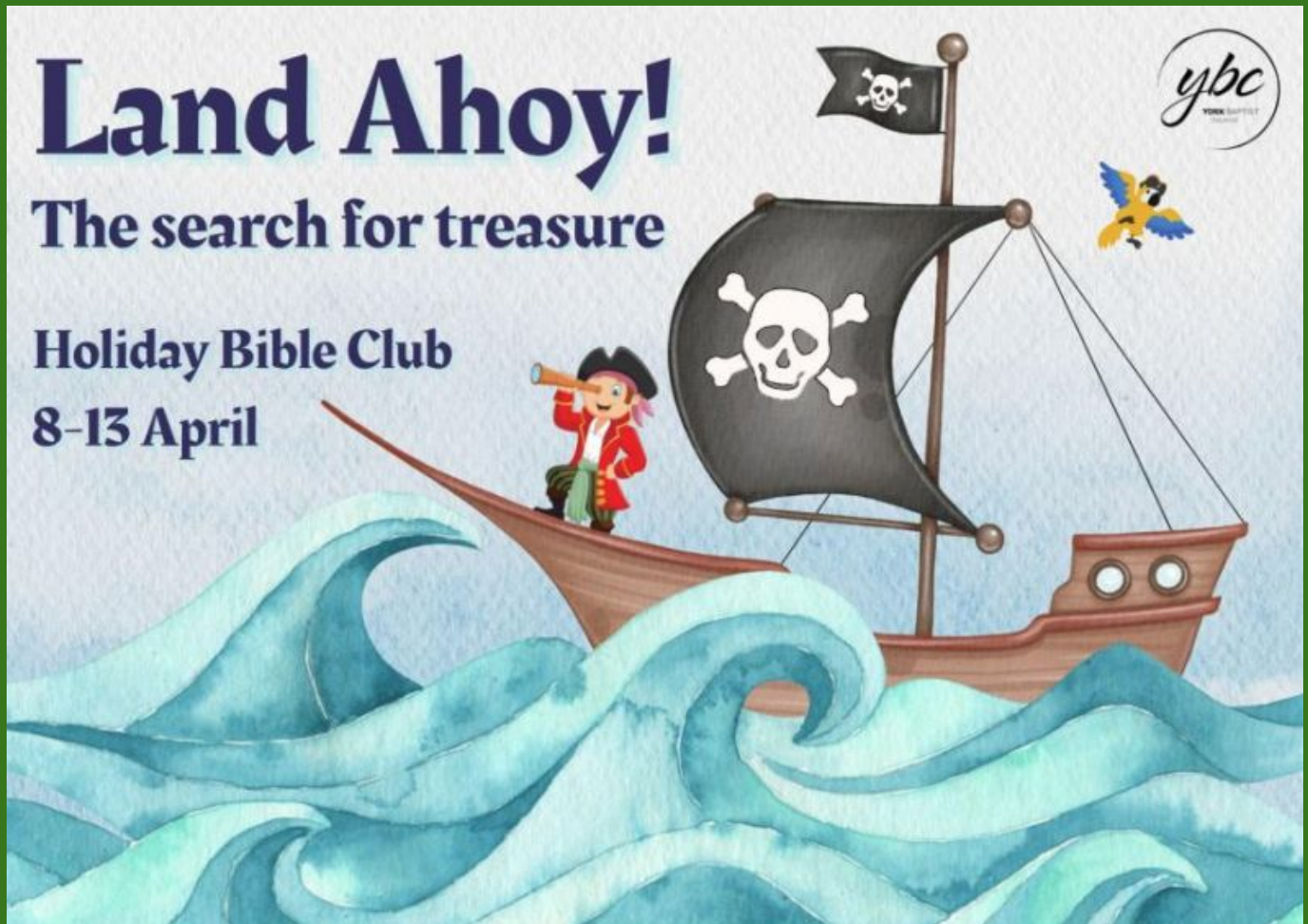
Free milk for under 5s is funded by the Department of Health and milk for over 5s is subsidised by DEFRA.

REGISTER YOUR CHILD TODAY

Register online
www.coolmilk.com



Need help?
Send us a message
at www.coolmilk.com/contact
or give us a call on **0800 321 3248**



Land Ahoy!

The search for treasure

Holiday Bible Club

8-13 April

You are invited to join us for..

LAND AHOY! The Search For Treasure



A FREE Holiday Bible Club for primary school age children

Tuesday 8th - Friday 11th April (9:45am - 12:30pm)

Holiday Bible Club - sign in each day from 9:30am

Sunday 13th April (10:45am - 12noon)

Holiday Club Day 5 - Parents come too (followed by a light lunch)

Use Q.R. code (top right) to register online or visit www.ybc.org.uk/events

Email holidayclub@ybc.org.uk or phone **01904 640124** for more info.

All these activities are **free**; organised by and held at

York Baptist Church, Priory Street, York, YO1 6EX

What3words:///amber.varieties.poetic

COMMUNITY MESSAGES

Leeds and Bradford Triathlon Club

JUNIOR AQUATHLON

Sunday 1st June

The Edge – Leeds University

ALL abilities welcomed and indeed encouraged

Perfect way to start multi-sport events

Same heated pool used by Olympians

Closed running course set within the University grounds

Professional chip timing

Medals & goodies for all competitors

No special equipment needed

Distances based on age

- **TriStar Start** (8 years) – 50m Swim & 600m Run
- **TriStar 1** (9-10 years) – 150m Swim & 1200m Run
- **TriStar 2** (11-12 years) – 250m Swim & 1800m Run
- **TriStar 3** (13-14 years) – 400m Swim & 3000m Run
- **Youth** (15-16 years) – 400m & 3000m Run
- **Junior B** (17-18 YRS) – 400m Swim & 3000m Run

Note: Ages are as of December 31st 2025.

This event always sells out each year

so [Book Here](#)

<https://lbt.org.uk/junior-aquathlon/>

or just google or scan the QR code



ENTER
ONLINE
NOW


BRITISH
TRIATHLON


LEEDS & BRADFORD
TRIATHLON CLUB

THE LITTLE GYM CAMPS

FOR CHILDREN AGED 3-12 YEARS

Our next camps are: 7th - 20th April

Scan below to learn more or contact: 01904 307404
york@thelittlegym.co.uk



The Little
gym.
Serious Fun.



ROWNTREE PARK TENNIS CLUB

Easter holiday tennis camps



Monday 14th April
Tuesday 15th April
Wednesday 16th April

Ages
5 - 11

Full and half day options. Discount for full days, siblings and for members of RPTC



Available to all. Full details, including prices, times and booking details can be accessed using the QR code below.



For further enquiries, please contact

Jill Le Pla on:

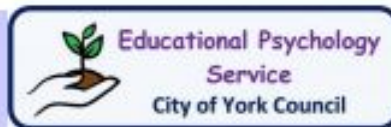
jlptenniscoaching@gmail.com or

07531 598512

JLP TENNIS
COACHING



COMMUNITY MESSAGES



Educational Psychology (EP) Support Line

A confidential telephone support service, staffed by Educational Psychologists, to talk through questions or concerns about children and young people's **wellbeing** or **learning**.

Open to **all** parents/carers of children with additional needs or SEND living in the City of York (who have not had recent EP involvement), and practitioners working with children who live in/attend an educational setting in York.

"It's invaluable"

"Great service. Very easy to arrange"



"I feel confident in the next steps we can take"

"I felt really listened to and supported"

Calls of up to 30 minutes are available

Monthly – the last Wednesday of each month 9.00am – 3.30 pm

Term time only (September 2024 - July 2025)

To book a slot, please e-mail: EPsupportline@york.gov.uk with your name and a contact telephone number.

Bookings will close on the Friday before each session at 5pm. We will then email you with a time slot for your consultation on the Tuesday.

This is a one-off consultation provided by City of York Educational Psychologists on a rota basis.

Please note: the helpline offers short slots to talk with a psychologist about specific concerns; unfortunately, within the time available, we cannot advise on complex situations where different agencies need to work together to support a child or young person.

September 25th 2024
October 23rd 2024
November 27th 2024
December 18th 2024
January 29th 2025
February 26th 2025
March 26th 2025
April 23rd 2025
May 21st 2025
June 25th 2025
July 16th 2025

COMMUNITY MESSAGES

Clare's Kitchen Baking Club @ Knavesmire Primary Free Taster Session For Year Groups 5 & 6



Baking Club runs on a Friday after school until 5.30pm. Our team of little chefs plan, prepare and bake their own food. We do all kinds of recipes from pizzas to gingerbread. We are offering a **Free Taster Session** this term to Year groups 5 & 6 on a first come first served basis. To redeem this invite, contact Clare at clare@clares-kitchen.co.uk or whatsapp 07813182216. You will simply need to complete a booking form! This offer is only for those pupils who have not previously attended Clare's Kitchen.

Clare's Kitchen has been delivering Cookery Clubs in schools since it was founded by Clare in 2014. See us in action on social media;

Facebook <http://facebook.com/clareskitchenyork>
Instagram @clareskitchenyork

ROWNTREE PARK TENNIS CLUB

SPRING PROGRAMME OF TENNIS
COACHING SESSIONS WITH OUR
LTA COACH JILL LE PLA



- Every **Monday** from 3.3.25 - **Junior** sessions
Red group (3.45pm- 4.45pm), ages 5-7
Orange group (4.45pm - 5.45pm), ages 8-11
- Every **Saturday** from 1.3.25 - **Beginner Adult**
(Tennis Express) session (9am-10am) 6 WEEK
COURSE
- Every **Saturday** from 1.3.25 - **Improvers**
session (10am-11am). PAY and PLAY
- Every **Saturday** from 1.3.25 - **Intermediates**
session (11am-12noon) PAY and PLAY
- Every **Tuesday** from 4.3.25 **CARDIO** tennis
session (9.30am -10.30am) PAY AND PLAY

For full details of courses including prices and booking options, please scan the QR Code or search for 'Rowntree Park Tennis Club/Coaching'



For enquiries, please contact Jill Le Pla on 07531 598 512 or jlptenniscoaching@gmail.com

See full timetable on our website!



DANCE AND PERFORMING ARTS CLASSES!

**SPECIAL OFFER FOR KNAVESMIRE STUDENTS -
TWO WEEKS' FREE TRIAL IN ALL LESSONS!!!**

BALLET - TAP - JAZZ - CONTEMPORARY - FREESTYLE -
STREETDANCE - MUSICAL THEATRE - ACRO

QUALIFIED IDTA TEACHERS - PERFORMANCE OPPORTUNITIES -
GRADES AND MEDALS - FOR AGES 4+ - ALL CHILDREN WELCOME.

**Derwent
Danceworks** derwenddanceworks@hotmail.com
DERWENTDANCE.CO.UK **IDTA**

EASTER HOLIDAYS MULTI-SPORT CLUB

ACOMB SCHOOL 7th - 17th APRIL
WILBERFOSS SCHOOL 8th & 15th APRIL
HEMPLAND SCHOOL 9th, 10th, 16th, 17th APRIL

£30 PER DAY!

25% SIBLING DISCOUNT **CHILDCARE VOUCHERS ACCEPTED!**

SCAN QR CODE TO BOOK!
VISIT IGNITESPORTSCOACHING.CO.UK FOR MORE INFO!

Supporting Children with Early Communication Skills

What is communication? What helps children make sense of spoken language? How does typical speech, language and communication develop? When should I seek support for a child? What strategies can I use when playing with a child to support their language development? How does supporting language development link with the EYFS framework?

This online training session explores the evidence-base around supporting children who are at an early stage of communication development and considers how early communication skills can be practically supported within the EYFS framework.

This ***FREE*** training session is suitable for professionals who work in a **primary or early years** setting with children who are at an early stage of language development, across **York, Selby, Scarborough, Whitby and Ryedale**.

Date and time: **Thursday 27th March 2025- 3:45-5:00, Thursday 24th April 2025 3:30-5:30** For more information or to book a place please email us at yhs-tr.childrenstherapytraining@nhs.net
Bookings will close **one week before the above date**

Supporting Children with Selective Mutism

What is selective mutism? Why do children become anxious about speaking in certain situations? How can I identify if a child in my setting or class has selective mutism? When should I refer a child? What helpful information is available online and how do I find it? What can I do to help a child with selective mutism?

This e-learning session explains what selective mutism is, what causes it, how to create a 'selective mutism friendly environment', and how to help children with selective mutism in your school/setting.

This ***FREE*** training session is suitable for professionals who work in a **Secondary** setting with children who are reluctant to speak or have selective mutism, across **York, Selby, Scarborough, Whitby and Ryedale**.

Date and time: **Wednesday 29th January 2025 3:30-5:00pm, Friday 9th May 2025 3:30-5:00pm**

For more information or to book a place please email us at yhs-tr.childrenstherapytraining@nhs.net
Bookings will close **one week before the above date**

Supporting Children to Eat and Drink Safely

What can I do to be more confident that the child is eating safely? What is a normal swallow? What types/textures of food are safe for children? What can go wrong with swallowing? Who can I ask about feeding difficulties, and what guidelines should I be following? How do I know something has gone wrong when a child is eating?

This online training session explains what 'normal swallowing' is, considers what can go wrong and provides suggestions for how you can support children to eat and drink safely.

This ***FREE*** training session is suitable for parents and professionals across **York, Selby, Scarborough, Whitby and Ryedale**.

Date and time: **Tuesday 25th March 2025, 3:30pm-5:00pm**. For more information or to book a place please email us at yhs-tr.childrenstherapytraining@nhs.net
Bookings will close **one week before the above date**

Speech Sound Development Workshop

When should I refer a child? How are speech sounds made? How do speech sounds develop? What types of speech sound difficulties do children experience? What can I do to support a child with speech sound difficulties?

The course gives a brief overview of how speech sounds are made/develop and advice and strategies to consider when working with children with speech sound difficulties.

This ***FREE*** training session is suitable for professionals who work with children who have speech sound difficulties, parents or children with speech sound difficulties, from across **York, Selby, Scarborough, Whitby and Ryedale**.

Wednesday 26th March 2025 10:30-12:00
Wednesday 2nd July 2025 9:30-11:00

For more information or to book a place please email us at yhs-tr.childrenstherapytraining@nhs.net
Please note booking closes **1 week before the workshop**

Supporting Children who are picky eaters or avoidant/restrictive

How do I know who is picky and who is restrictive? How is a diagnosis of ARFID made and what are the challenges? What will help at mealtimes? What is ARFID? Where can I go for further support? What strategies will help with sensory sensitivities?

This online training session discusses the difference between picky eating and avoidant/restrictive eating, how to identify children with these difficulties and provides ideas of strategies that will help.

This ***FREE*** training session is suitable for parents and professionals who live or work in the following areas - **York, Selby, Scarborough, Whitby, Ryedale**

Date and time: **Tuesday 18th March 2025 1:00-2:30pm, Thursday 26th June 2025 3:15-4:45pm, Tuesday 21st October 2025 1:00-2:30pm**

For more information or to book a place please email us at yhs-tr.childrenstherapytraining@nhs.net

LET'S MAKE SENSE together.

Let's Make Sense Together is a virtual service that has been developed by our Occupational Therapists for York and Scarborough Teaching Hospitals NHS Foundation Trust. It is part of our sensory processing pathway, supporting children and young people who have a physical and functional difficulty due to sensory processing differences.

Please use the QR code or link below to access our free advice and further details on how to access our service.

www.yorkhospitals.nhs.uk/childrens-centre/your-childs-hospital-journey/introduction-to-childrens-therapies

Stammering workshop

For setting staff and childcare providers

What is stammering? How should I talk to a child who stammers? What strategies can I use in the classroom to support a child who stammers? Where can I find further support and helpful information about stammering? How can Speech and Language Therapy support a child who stammers? What causes stammering?

This virtual workshop is suitable for all setting staff and childcare providers.

The course gives a brief overview of what stammering is and how you can support a child in your setting to communicate confidently with a stammerer.

Cost: **Free**: to setting staff and childcare providers in the **York, Selby, Scarborough, Whitby and Ryedale** areas

Date and Time - you only need to attend one of the following workshops;
- Tuesday 28th January 2025 3:45pm - 5:15pm
- Tuesday 29th April 2025 3:45pm - 5:15pm
- Tuesday 30th September 2025 3:45pm-5:15pm

To book a place on one of the workshops above, please contact yhs-tr.childrenstherapytraining@nhs.net

COMMUNITY MESSAGES

March

11th @ 12.30pm

Anxiety

(3 to 18-year-olds)

Does your child show signs of anxiety?

What exactly is anxiety?

How can I support my child with anxiety?

Anxiety can manifest in our children through constant worry, excessive avoidance, social fearfulness, perfectionism and irritability.

If this resonates with you and you are curious join Anisa (Parenting Coach) for her monthly Free Parenting Clinic, this talk is focused on Anxiety and what we can do to support ourselves and our young people.

Join us on Zoom, for the 30-minute talk.

Book here:

<https://anisalewis.as.me/theclinic>

or

email: hello@anisalewis.com for the booking link

(The Clinic is recorded and the replay is sent out to all who register so you don't have to make it live)

TEWV
Running

NHS
Tees, Esk and Wear Valleys
NHS Foundation Trust

Join our 1 mile TEWV Fun Run

Taking place before the TEWV 10k

Saturday
19 April

Knavesmire,
York Racecourse

For anyone aged
3 and up

Entries £2.50

An Easter
egg for all
finishers!

ENTER NOW at www.tewv.nhs.uk/running

Join us at the LNER Community Stadium...
York Knights v Halifax Panthers
Sunday 9th March - 3pm Kick Off

BETFRED
CHAMPIONSHIP



SCAN THE QR
CODE FOR TICKETS!

#RISEUP | #WEAREYORK



COMMUNITY MESSAGES



YORK INSPIRATIONAL KIDS NEWSLETTER

February

WELCOME

From Ruth Thompson,
our CEO...



What a great start to the year we have had. We've been chosen to be Charity of the Year by both Betty's Tea Room and Muddy Boots. We cannot thank them enough for this great opportunity. Our clubs have started back busier than ever and we've been delighted to welcome so many new children into every group we run. That's quite an achievement in 4 weeks!

We're also delighted to have some new volunteers joining YIKs All About Autism, our fundraising team and other activities. There is always room for more so if you have a couple of hours to spare each week please get in touch.

Louise has been busy at many networking events this month, spreading the word about what we do and Kathryn has been busy working with and supporting schools with autism. It's going to be a great year if it carries on like this! Enjoy this month's roundup of all our news.



FEBRUARY AT YIKS

Children and young people in all of our groups have enjoyed participating in lots of different activities.

Post 16s have devoured home-made fruit kebabs, got crafty designing valentines cards and finished off the month at Hollywood Bowl.

Our Saturday Club provided opportunities for families to come together to play, make crafts and chat. "It's a lovely way to start the weekend", said one parent and we couldn't agree more!

Siblings enjoyed pancake making (and eating). They also went to McDonalds. Whilst this wouldn't have been our choice, many told us it wasn't somewhere they could go with their siblings and they wanted to do something that others got to do all the time - who are we to argue!

INSIDE THIS ISSUE

- YIKs All About Autism
- Saturday Club
- Post 16 Group
- What's on in March
- Siblings Club
- Fundraising
- Parent Drop-Ins
- Parent Support



All About Autism

in conjunction with the City of York Council



Our weekly clubs are very much tailored to the interests of our children. We enjoy crafts, games, and of course, lots of slime making. Our staff loved being challenged by the children to games of air hockey, pool and table football at February Holiday Club.



Kathryn Pullan - YIKs AAA Manager

If you would like to look around and see what we do or if your child would like to look before joining please email autismhub@yiks.co.uk



Eils O'Brien - YIKs AAA Supervisor

Weekly Clubs

Monday	4-8 years	4.30-6.30pm
Tuesday	8-10 years	4.30-6.30pm
Wednesday	10-12 years	4.30-6.30pm
Friday	13-18 years	5.30-7.30pm

Friendship ...
Just being side by side can be enough.



Our February half term holidays were very popular. The children played games, got crafty, made slime and had lots of fun! Come down and have some fun ... Visit our website to book in for Easter!



HOLIDAY Clubs

More information can be found at our website www.yiksaaa.org

Book in for Easter!



COMMUNITY MESSAGES

www.parentcarerforumyork.org 7 March 2025

Parent Carer Forum York

NEWS LETTER

✉ Connect@pcf York.co.uk

Coffee Mornings

Monday 24 March 2025
10.30am - 12.00pm
YHA, Clifton

Meet other parents and carers who share your lived experience. Swap tips, offload, get updates or share without judgement. The first hot drink is on us as a thank you for allowing us to use your experience to inform our work with education, health and social care on parent carer voice.

We'll be easy to recognise with the table top sign. All are very welcome but if it's your first time and you would like to meet someone first, email Mary: connect@pcf York.co.uk

Get Involved

As a Parent Carer Member Representative

PCF York is looking for parent carers who would like to use their experience and expertise to ensure that parent carer voices in York are represented at specific planning meetings. The representative's aims will be to ensure that the forum's views inform meetings and that lived experience of parent carers is fed into decision making.

Meetings may be in person or remote and you will be reimbursed for parking, travel and/or childcare costs.

If you have some time to spare and would like to find out more please email Mary: connect@pcf York.co.uk to arrange an informal chat.

Open Forum Event

Thursday 20 March 2025
11am - 13:00pm
New Earswick Folk Hall

Join PCF York for an Open Forum event to hear news of workstreams we have been involved in this year and help us identify our priorities for the future.

A complimentary lunch of sandwiches and scones with cream will be provided.

Tickets available here: [eventbrite](https://www.eventbrite.com)

Book early to secure your place!

www.parentcarerforumyork.org 7 March 2025

Parent Carer Forum York

NEWS LETTER

✉ Connect@pcf York.co.uk

York SEND Local Offer

Early Help Short Breaks

Do you have a child or young person who has a disability that affects their access to community activities? You can learn more about the Early Help Short Breaks offer on the [SEND Local Offer page](#). The next round of applications for Early Help Short Breaks opens from Tuesday 1st April to Wednesday 30th April 2025.

Please get in touch with earlyhelpshortbreaks@york.gov.uk for any queries.

Listening Event

YORK SENDiass

Tuesday 11th March 2025
6:30 pm - 7:30 pm
Online

Please join us online for this informal listening event with York SENDiass which will cover **Education Health Care Plans, Information giving, feedback and a Q and A session.**

Email Mary at connect@pcf York.co.uk for the meeting link.

Carers Survey

NHS
York and Scarborough Teaching Hospitals NHS Foundation Trust

York Scarborough Teaching Hospitals NHS FT are looking for survey participants to help inform their care improvement plan. Please complete the survey by scanning or clicking on the QR code below, or by emailing yhs-tr.patientedi@nhs.net. The survey closes on 11th April 2025.

theatre@41

MONKGATE

Hospital Doors Theatre Performance

12-15 March 2025
Evening and Matinee Performances
[Theatre@41](#)

[TICKETS AND INFO HERE.](#)

JOIN THE PCF YORK FACEBOOK GROUP

www.parentcarerforumyork.org 7 March 2025

Parent Carer Forum York

NEWS LETTER

✉ Connect@pcf York.co.uk

Celebrating one year of Parent Carer Forum York

Thank you to all our members who have shared their lived experiences throughout our first year. Since May we have heard **408 of your shared experiences** via our events, **17 coffee mornings**, **17 listening events** and of course the PCF York **Annual Conference** and our **training events**.

These shared experiences from you have supported our work on 40 workstreams including preparation for adulthood, learning support hub, CAMHS autism assessment pathway, Early Help Short breaks, SEND hub development, EHCP audits, new therapy offers and supported employment.

Thank you for your support!

PCF York Annual Conference 2025

On the 26th February we welcomed parents and carers in York to our annual conference for a packed agenda which included the topics of Preparation for Adulthood and Access to Health Services, with updates and developments from across services in York.

Thank you to all who joined us. We have received wonderful feedback so far and we are pleased to hear how helpful attendees found the event.

If you have not yet shared your feedback, please email Mary with any comments: connect@pcf York.co.uk

Parent Carer Voice for Change

York presented with National Honour

We are very pleased to share that our work and strength of voice in driving change has been recognised with an NHS Best Practice Special Honour for outstanding contribution to SEND. Thank you to all our members. We were nominated by Demi Parker, Associated Designated Clinical Officer for SEND North Yorkshire and York, NHS Humber and North Yorkshire Integrated Care Board (ICB).

Some words from our nomination.

"The Parent Carer Voice for Change, driven by the Parent Carer Forum York, working with Local Authorities, and Integrated Care Board has been instrumental in fostering meaningful partnerships across health, education, and local authority services to improve outcomes for young people with special educational needs and disabilities (SEND)"

WORKING TOGETHER TO MAKE THINGS BETTER