

# Knavesmire Primary School

## Weekly Newsletter

Friday 24th January 2025

### Mr Cooper and Mr Gardiner's Message

Happy Friday!

We've just about survived a windy lunchtime to make it through to the end of the week! This week, we've had some more enriching and exciting opportunities in our learning: Nursery have had a Forest School visit and an educational visit from the Police, while Year 3 welcomed divers into the classroom as part of their Big Idea.

In sporting news, School House children represented Knavesmire in a Panathlon competition yesterday and all returned with their medals and huge smiles. Brilliant!

As we reach the halfway point of a good and productive half term, we're hoping to see some better weather in the coming weeks and some lighter mornings/evenings.

Have a great weekend.

Mr Gardiner and Mr Cooper



#### WELCOME TO OUR NEWSLETTER

We hope that this School Newsletter format will prove helpful in better communicating information between school and home.

While ever evolving we will broadly including the following sections - please click on the links below to move directly to any section (direct links may not work on all devices):

- [Whole School Information](#)
- [Trips, Activities and Performances](#)
- [Key Dates](#)
- [Cool Kids Club](#)
- [Year Group Messages](#)
- [Community Messages](#)





## YORK CITY FC FOUNDATION POSTER COMPETITION FOOTBALL V HOMOPHOBIA

Dear Parents/Carers,

York City FC are running a competition and asking children to design a poster that spreads a message on how and/or why football is for everyone and should be enjoyed by all as part of Football v Homophobia Month of Action which happens during February.

The winner will win a family ticket for York City FC V Woking FC on Saturday 8th February and also feature in the matchday programme. Runners up will also receive free tickets for this fixture and have a smaller feature in the matchday programme.

Your child should bring home an entry form today with further instructions and information.

We would love to get as many entries as possible. If your child does decide to participate in the competition, they can hand their entries into the school office where there will be a collection box. Miss Hall will drop off entries at the York City FC office before the deadline date (Friday 31st January). Please ensure entries are handed in to the school office by Wednesday 29th January.

Thank you,

Miss Hall



York City FC  
Foundation Poster



# WHOLE SCHOOL INFORMATION



## FREE SCHOOL MEALS AND THE KNAVESMIRE OFFER

If your family qualifies for free school meals (aside from the universal free school meals for Reception, Year 1 and Year 2) you will also qualify for The Knavesmire offer. This means, in addition to free school meals, families can be provided with:



- a school jumper or a school cardigan
- a school footwear voucher
- School milk
- **one term free swimming travel costs**
- two half-terms of free extra-curricular club participation
- **free school trips**
- negotiated costs for residential visits

Please come to the school office for a form so we can order your child's jumper/cardigan, shoe voucher and milk.

## FREE SCHOOL MEALS ELIGIBILITY

Free School Meals are automatically applied to all children in Reception, Year 1 and Year 2. This entitlement can be extended to children where families are in receipt of certain benefits and earnings do not exceed a threshold. These benefits include:

**Universal Credit, Income Support, Income-based Jobseeker's Allowance, Child Tax Credit (but not Working Tax Credit)**

North Yorkshire County Council have launched an online portal for free school meal applications that will give you an instant decision on whether your application is successful:

<https://www.northyorks.gov.uk/free-school-meals>

## \*\*\* NEW SCHOOL EMAIL ADDRESS \*\*\*

The school email has changed to [admin@knavesmire.elc.org.uk](mailto:admin@knavesmire.elc.org.uk)  
Please delete any other email addresses which you may hold for the school

## OFFICE ADMIN

When communicating with the school about your child, please remember to include their full name and class.

Please note that as of September 2024 we are required to see evidence of any medical appointments. Please send any screenshots to accompany your absence email so that we can log this absence appropriately.

## MENU CHANGES

[Week 3 Permanent Menu Change](#)

[Mondays](#)

[Red](#) Bacon Macaroni Cheese

[Green](#) Macaroni Cheese





## BEHAVIOUR CURRICULUM

We're really pleased to share our Behaviour Curriculum, which has been designed in partnership with local artist Ellie Lewis. This poster helps us to show our children what we are trying to achieve, how we should behave and treat each other and what we will do to get there. It isn't exhaustive and works alongside our Behaviour Policy. We wanted it to be child friendly and we have shared it with pupils across school already. It goes hand in hand with our Knavesmire Characteristics, the 50 things and our School Aims, which together complete our school's vision.

# WHOLE SCHOOL INFORMATION



## SCHOOL LIBRARY

Year 6 Library Assistants are now in the School Library 3.30 Mon-Thurs to help with all your borrowing needs.

The School Library is open for browsing every day from 3.15-3.30pm, and browsing, borrowing and reading from 3.30-4pm. It would be lovely to see you there!

Miss Smith



## CLOTHES BANK

Our fundraising and recycling clothes bank is situated at the entrance of the car park to the rear of the school. Please click on the following link to see Mrs Wogan-Wells from Y6 explain a little more about how it all works.

<https://online.fundraiserecycleltd.co.uk/bank?bankId=KnavesmirePrimary-School>

Please use the facility to donate any unwanted clothes.

## REFUGEE APPEAL

There is a pause on donation collections for the moment, but please bear this in mind for the future if you have suitable items.

## SCHOOL MILK

If you want to register your child for school milk, simply visit [www.coolmilk.com/register](http://www.coolmilk.com/register)

## RE CURRICULUM

As part of our RE Curriculum, children learn about various world views, including global religions. We are always looking for opportunities to enrich our curriculum through visits, both in school and externally. On the 16th December, YOYO (a non-denominational, Christian charity) will be coming into school to share information about Christianity and Christmas; this will include an assembly and also some work with specific year groups. Next half term, we are planning for Imam Ammar to come into school and share information about Islam.

Please come and speak to us if you have any questions about it, Miss Coulson and Miss Parker.

## HEALTH AND WELLBEING

### NITS

Please be extra vigilant in checking your child's hair. For information on how to spot & treat, please click on the NHS website. Do note that in many instances, nits look a bit like dandruff. Whilst we cannot enforce it, we recommend long hair is tied back to help prevent further spread of headlice - thank you.

<https://www.nhs.uk/conditions/head-lice-and-nits/>

## LOST PROPERTY

YOUNG VOICES: A number of items of lost property have been found on the bus that was taken to Sheffield Arena. If anyone has lost something, please let us know so that we can try to reunite it.

The box for lost hats, gloves and scarves in the gazebo on the playground is overflowing... Please check it out for your missing items.

For valuables, please visit the Friends Of Knavesmire Facebook page and search #lostandfound <https://www.facebook.com/share/g/19oEC5BBmk/?mibextid=K35Xfp>

Named clothing, if found, will be sent to class. Unnamed clothing will be donated or recycled if an owner can't be found.



# NUT FREE SCHOOL



For the safety and health of our school we are committed to being Nut Free

**We need your help to make our school a safe place for those with food allergies.**

**Please do not bring any nut products into school.**



Some examples of foods containing nuts - some are not as obvious as others...



# WHOLE SCHOOL INFORMATION



## THE COFFEE CART IS BACK!

I am pleased to share the news that the Coffee Cart is back in the playground in the mornings. Mr Taylor, our Pupil Mentor, will be outside Miss Hall's classroom, located near the main gates, every morning (when it's not raining!) before school starts with the Coffee Cart. Mr Taylor will be with some amazing Year 5 students who will be ready to sell some lovely cups of tea, coffee or hot chocolate, exactly what you need to start your morning.

All money raised goes back into restocking the coffee, tea and hot chocolate and any that is left over goes back to the school to help buy essential supplies. The young people who help out gain many skills and they thoroughly enjoy the challenges it brings. Miss Gilligan, our school SENCO will help out on a Friday morning and is available for a quick chat or to answer any questions you may have.

All drinks are only £2.00 and we accept cash or card. Please note that we do not serve coffee or tea to any children at school but we do allow hot chocolate as long as the drink is finished before the start of school and not taken into any classroom.

We look forward to seeing you soon.



## STIKINS® Name Labels SIMPLY STICK IN & STAY IN



**Save Time & Money  
Reduce Lost Property**



Quote Our Fundraising Number To Raise Funds For School

**WWW.STIKINS.CO.UK**

## CLOTHES LABELS

Our school will receive 30% commission to put towards school funds from every order where the fundraising number is quoted.

Our Fundraising  
Number Is: 11349

# TRIPS, ACTIVITIES AND PERFORMANCES

## Whole School

Parents Evening, 04/03/25 and 05/03/25 - See email sent 14/01/25. Appointments can be booked on our booking system at the link below. Booking is open and will close at 11.55pm on Monday 03/03/25.

<https://parents-booking.co.uk/knavesmire>

## Reception

Lotherton Hall Trip, 13/02/25 - See email sent today (24/01/25). **Please complete consent on ParentPay by Thursday 30/01/25.** If you are willing to make a financial contribution, please do so by 28/02/25.

## Year 3

Swimming - The voluntary contribution is live on ParentPay.

## Year 4

Robin Hood's Bay - Please see email sent (18/10/24). The payment item is live on ParentPay. The next payment is due by 28/02/25.

## Year 5

Dance Festival Performances, 04/03/25 and 08/03/25 (optional) - Please see email sent 17/01/25. All 20 places for this event have now been filled.

Carlton Lodge - Please see email sent 08/10/24. The ParentPay item is live on ParentPay. The next payment is due by 30/01/25. There will be a parent meeting on **Monday 10/02/25 at 3.25pm** in the Year 5 Classrooms. See email sent 10/01/25.

## Year 6

### Barcelona 2025

**Payment** - The next payment is due by 30/01/25.

**Forms** - The deadline is today. Please hand in any outstanding forms to the office ASAP!

**Passports and GHIC Cards** - Please bring in all passports and travel documents to the school office by Friday 07/02/25.

Y6 Choir Members, York Community Choir Festival at Joseph Rowntree Theatre, Sat 08/03/25 - Please see email sent 21/01/25. Y6 members of the choir have been invited to attend. **Please sign up on ParentPay by 03/02/25.**

## School House

Everyman Cinema, 07/02/25 - See email sent 14/01/25. Children should come to school in their school uniform. Children should wear a coat and shoes appropriate for the weather. This trip has no impact on drop off or pick up times.

Inclusive Cycling, 24/02/25 - See email sent 14/01/25. Children should come to school in their school uniform. Children should wear trainers and bring a pack up for the trip. This trip has no impact on drop off or pick up times.

## Other

KS2 Choir - See email sent 21/01/25. Choir is open to children in Year 3 to 6. Please sign up on ParentPay INCLUDING children who have previously been signed up to attend.



# CLUBS

The following clubs and music lesson are run in school by external organisations. Please contact them directly for more information or to book a place.

Organisation	Activity	Contact details
Ignite Sports	Ignite run sports clubs after school on a Monday.	You can sign up for these sessions on Ignite's website. <a href="http://www.ignitesportscoaching.co.uk">www.ignitesportscoaching.co.uk</a> or email: <a href="mailto:info@ignitesportscoaching.co.uk">info@ignitesportscoaching.co.uk</a>
Dance with Miss Caroline	Miss Caroline runs drama, cheerleading and street dance clubs for all school aged children on a Tuesday, Wednesday and Thursday lunchtime and after school on a Tuesday and Wednesday.	To sign up for these sessions please follow this link <a href="https://forms.office.com/r/fhfW6GHqax">https://forms.office.com/r/fhfW6GHqax</a> or for more info, email Miss Caroline: <a href="mailto:dancewithmisscaroline@outlook.com">dancewithmisscaroline@outlook.com</a>
Circus Skills	Circus Stu runs a circus skills club for all school aged children. This takes place on a Friday lunchtime.	To sign up please email Stu: <a href="mailto:stuart@circusskillsyorkcic.org">stuart@circusskillsyorkcic.org</a> or go to the website: <a href="http://www.circusskillsyorkcic.org">www.circusskillsyorkcic.org</a>
Rocksteady	Rocksteady are in Knavesmire on a Wednesday in school hours. Children can choose from the electric guitar, keyboard, drums or vocals.	For more information and to sign up, go to Rocksteady's website: <a href="http://www.rocksteadymusicschool.com">www.rocksteadymusicschool.com</a>
Clare's Kitchen	Clare runs sessions for all school aged children after school on a Monday. These sessions give children the opportunity to plan, prepare & cook their own nutritional meal, then dine together.	To sign up please email Clare: <a href="mailto:clare@clares-kitchen.co.uk">clare@clares-kitchen.co.uk</a>
Chess Club	This club is run on Tuesday and Thursdays after school for years 1,2 and 3. The clubs are run by Larry, a parent volunteer.	Please see details below with sign up information.

## CLUB NEWS

### Knavesmire Chess Club - FREE

Knavesmire Chess Club is open to all levels and it is FREE. If you as a parent are interested and want to volunteer or learn please let me know using the form, you will need a valid DBS from the school to attend the sessions.

Tuesday sessions will be for Years 4, 5 and 6

Tuesday will run from 3:30 to 4:15 pm. Please fill in the Google form to request a place, there is a limit on the number of spaces.

<https://forms.gle/bpGkdwkVuSgcE6fD7>

Thursday sessions will be for Years 2 and 3

Thursday will run from 3:30 to 4:00 pm. Please fill in the Google form to request a place, there is a limit on the number of spaces.

<https://forms.gle/kRfsNU4RBSvELeGz7>

If you cannot make any of the sessions but want to attend another club see the links below:

<https://www.yorkchessclub.co.uk/> - Every Wednesday at Guppies (on Nunnery Lane)

York Explore library in town Sundays 2-3 pm during term time

Once you have completed the form I will email all parents more details.

If you have any questions please let me know by email to [shroud.king@gmail.com](mailto:shroud.king@gmail.com) or ask me in the playground. Ask around for Larry.

# MUSIC IN SCHOOL



## Peripatetic Music Lessons in School

The following music lessons are run in school by peripatetic teachers. Please contact them directly for more information.

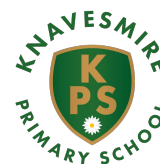
Instrument	Name	Contact details
Guitar	Steve Powell	<a href="mailto:stevepowell726@gmail.com">stevepowell726@gmail.com</a>
Piano	Carolyn Amos	<a href="mailto:carolynamos@hotmail.co.uk">carolynamos@hotmail.co.uk</a>
Drums	Alex Woolgar	<a href="mailto:alexwoolgar1@gmail.com">alexwoolgar1@gmail.com</a>
Singing	Alison Pawley	<a href="mailto:alisunr@yahoo.com">alisunr@yahoo.com</a>
Violin	Marcus Bousfield	<a href="mailto:marcus.bousfield@btinternet.com">marcus.bousfield@btinternet.com</a>
Brass	Andy Hillier	<a href="https://yorkmusiced.org.uk/index.php/what-we-do/york-music-centre/enrolment-form">https://yorkmusiced.org.uk/index.php/what-we-do/york-music-centre/enrolment-form</a>

## MUSIC NEWS

Please check back for updates



# KEY DATES



YEAR	DATE(S)	ACTIVITY
<b>Nursery</b>		
<b>Reception</b>	13/02/25	Lotherton Hall Trip
<b>Year 1</b>		
<b>Year 2</b>		
<b>Year 3</b>		
<b>Year 4</b>	02/04/25 03/04/25 03/04/25 02/06/25 - 13/06/25 13/06/25 18/06/25 - 19/06/25 19/06/25 - 20/06/25	Play performance 5:30 - 6:30 Play performance 1:30 - 2:20 Play performance 5:30 - 6:20 Multiplication Check TT Rockstar Dress Up Day Robin Hood's Bay Residential- Class tbc Robin Hood's Bay Residential - Class tbc
<b>Year 5</b>	10/02/25 04/03/25  08/03/25 21/05/25 - 23/05/25	Carlton Lodge Parent Meeting, 3.25pm School Sports Partnership Dance Festival at York High School (signed up children only) Everybody Dance Festival at York Theatre Royal (signed up children only) Carlton Lodge Residential
<b>Year 6</b>	13/02/25 24/04/25 - 28/02/25 08/03/25 10/03/25 - 14/03/25	VE Day Celebration - Parents invited from 2.45 El Cim School visiting York Community Choir Festival (Y6 signed up choir member only) Barcelona Trip
<b>The School House</b>	07/02/25 24/02/25	Everyman Cinema Trip. Inclusive Cycling, Railway Institute. Trainers and pack up needed.
<b>Other</b>	04/03/25 05/03/25	Parents Evening, 4pm - 7.30pm. Booking opens at 10am on Tues 21/01/25. Parents Evening, 3.30pm - 5.30pm. Booking opens at 10am on Tues 21/01/25.



# FRIENDS OF KNAVESMIRE UPDATE

We are looking forward to planning into 2025 and will update you with upcoming events as they arise.

Once again, thank you for all your ongoing support. It is greatly appreciated!



**Please consider a donation**



The Friends of Knavesmire are always appreciating donations to support the school and therewith all the children. So if you feel you can then please use this QR code to contribute. Any amount is welcome. Thank you.



**Friends of Knavesmire Primary School**

Registered Charity N° 1050289

# COOL KIDS CLUB UPDATE

PLEASE NOTE THAT OUR STAFF TRAINING DAYS ARE AVAILABLE TO BOOK THROUGH CHILDCARE BOOKINGS FOR SCHOOLS - THEY WILL BE FOUND UNDER 'HOLIDAY CAMP' ON YOUR BOOKING ACCOUNT

## FEBRUARY HALF TERM

Bookings are now open for the February Half Term

If you would like to book spaces, please follow the instructions below.

## Booking Sessions for KCKC

To start making bookings, simply:

1. Click here to access the online booking system (or visit <https://knavesmire-primary.cbfs.uk>)
2. Register your online booking account (5 mins)
3. Use the 'Bookings' dropdown menu at the top of your Dashboard to begin requesting your sessions

## Queries and system support

If you have any questions, or difficulties navigating the online booking system, please contact Childcare Bookings for Schools (our partner for any administration, booking and finance aspects of our wraparound care) directly:

T: 01444 523335

E: [knavesmire@childcarebookingsforschools.co.uk](mailto:knavesmire@childcarebookingsforschools.co.uk)

Their office operates between 9am and 5pm, Monday to Friday, all year round (including the school holidays).

Lots more information is available on the school website [www.knavesmireprimary.co.uk/kckc](http://www.knavesmireprimary.co.uk/kckc)

## CLUB INFORMATION

### EMAIL ADDRESS

New Email Address - our email has changed to [coolkidsclub@knavesmire.elt.org.uk](mailto:coolkidsclub@knavesmire.elt.org.uk)

Please delete any other email addresses which you may have for KCKC.

### BREAKFAST CLUB

We serve Breakfast between 7.45am and 8.30am. If you require your child/children to have breakfast, please ensure that they are at KCKC no later than 8.20am.

### BIKES

Now that the evenings have drawn in, we advise Parents that bikes should be locked-up in the bike shed in the staff car park to the rear of school, so that they are easily accessible when collecting your child/children from KCKC in the evening.

### OUTSTANDING INVOICES

We note that there are a large number of outstanding invoices on ParentPay from before the change over to the new booking and payment system. Please can all Parents check their ParentPay accounts and pay any outstanding balances. If you believe that you have already paid by vouchers please can you provide KCKC with all the relevant information regarding payment, including voucher type, amount paid and date of payment.



# YEAR GROUP MESSAGES



## NURSERY MESSAGES

This week in Nursery we have continued our 'People Who Help Us' Big Idea as we explored what the police do. We were lucky to have a Policeman come to share his job with us, he even let us see his police van! A big thank you to North Yorkshire Police for giving their time to extend our learning. Throughout the week we have also created our fingerprints using an ink pad, this led to discussions around the uniqueness of our fingers and how these can help the police.

On Thursday morning we had a trip to Forest School. We learnt that the birds find it tricky to get food during the colder months so we made them some pizzas using apple slices and sunflower seeds.

Next week we will be moving our learning on to health professionals including doctors and nurses. We will learn about the job which they do and how they help us too!

Have a lovely weekend,  
The Nursery Team

## RECEPTION MESSAGES

We have had a great week filled with lots of activities and fun! We have been learning all about penguins this week and how they keep warm and dry in the antarctic waters!

In Maths we have been finding 1 more and 1 less than numbers up to 5. In literacy we have been writing sentences using finger spaces and in phonics we have learnt ur, ow, oi, ear, then we have been practising writing using our new digraphs.

Have a great weekend

## YEAR 1 MESSAGES

This week, we have been busy finding out more about the toys children played with in the past and finding similarities and differences between toys now and those from the past. In English we have written new lines for the poem 'What's in the box?' and enjoyed sharing our ideas with each other. In Maths we have been counting and finding one more and one less up to 20. We enjoyed another Forest School session with Mrs Banham and will continue to have these each Thursday up to half term; please make sure your child has warm clothing with them on these days.

Thank you for supporting your child at home and encouraging them to develop good habits of completing reading and fluency homework. If you are struggling with this, please speak to a member of the Year One team so we can help you.

We hope you have a good weekend  
from the Year One team.



# YEAR GROUP MESSAGES



## YEAR 2 MESSAGES

This week we have been very busy! In English, we wrote some excellent endings to a circus story and were very proud to share these with each other. In Maths, we went on a 2D and 3D shape hunt to consolidate our shape knowledge. We have also been practising our arithmetic skills. Next week, we will be moving onto learning about money. For our Big Idea lessons this week, we used our knowledge about the properties of different materials to design and make our very own circus toy! We even got to keep our practise models made out of paper!

As the weather continues to be on the cold side, we do ask that children have appropriate clothing for PE lessons including jogging bottoms, jumpers, socks and trainers. Our PE days are Wednesdays and Fridays. As always, thank you for your continued support at home, particularly with reading and spellings. We hope you have a lovely and restful weekend!

The Year 2 Team

## YEAR 3 MESSAGES

Year 3 have had a wonderful week! In Writing, the children have made notes about Killer Whales (also known as Orcas), organised the information into a Spider diagram, drafted a non-chronological and published their final pieces, after editing. In Maths, the children have moved on from division and have started their new unit on Measurement.

In Big Idea, the children were lucky enough to be visited by divers from York Sub-Aqua Club who talked about their experiences as divers and what it is like to be a diver. Additionally, the children also finished making their aquariums and made fish to explain how fish breathe underwater. In PE, the children continued their unit of gymnastics by creating short routines in small groups, combining a range of balances, movements and jumps.

If you have any questions or queries about anything at all, please don't hesitate to contact or speak to a member of the Year 3 team - we're always happy to help!

We hope you have a good weekend.  
The Year 3 Team.

## YEAR 4 MESSAGES

This week, we have been busy putting our coding skills to good use, creating our own versions of Pac Man on Scratch. Those ghosts had better watch out!

In English, we have written our independent pieces, based around Wreck it Ralph retrieving his lost medal. Maths has seen us develop our understanding and application of perimeter, talking about its use in the real world and calculating the perimeters of shapes.

Have a great weekend, the Year 4 Team.

# YEAR GROUP MESSAGES



## YEAR 5 MESSAGES

Year 5 have been incredible once again this week!

We have drafted, edited and published our persuasive letters about deforestation in the rainforest and are looking forward to starting work on non chronological reports next week. In maths, we have worked extremely hard on short division with remainders and used our knowledge of multiplication and division to complete a maths trail! Next week, we are moving onto multiplying fractions.

In Big Idea, we finished off our rainforest artwork focusing closely on complimentary colours and different watercolour techniques and started learning about life cycles which we will continue next week. We also started our new focus in PE which is hockey.

Please remember the deadline for bringing a jar (with your child's name on) in is Friday 7th February.

Have an amazing weekend!  
The Year 5 Team.

## YEAR 6 MESSAGES

What a fantastic week Year 6 have had this week! We've been diving into the history of the Blitz, with practice air raids, sensory setting descriptions, and creating stunning Blitz artwork using chalk. In Maths, we've been learning how to read and interpret timetables. Our Lindy Hop dances are also coming along brilliantly in PE, ready for our VE Day celebration. The children have got some incredible moves!

For our VE Day celebration on Thursday 13th February, the children are welcome to dress up in World War 2-themed clothing to make the day even more special. We can't wait to showcase all our hard work!

Thank you to everyone who has already handed in the Barcelona letter and passports. If you have not had the chance to do so yet, please can they be given to the office as soon as possible to help us with the preparations for the trip. If you have any questions, please don't hesitate to ask a member of the Year 6 Team or Mr Cooper.

Have a great weekend!  
Year 6 Team

## THE SCHOOL HOUSE MESSAGES

We have had another lovely week in the School House!

In Maths, we have been learning how to identify measurements. This helped us with our real life purpose which was to bake Disney cookies.

In English, we have been planning our non-chronological reports which we can't wait to share with friends in a couple of weeks.

In Big Idea, we have been focusing on computing, learning how to create online posters and powerpoints about Disney films and characters.

This week, we also enjoyed creating some Jackson Pollock art and enjoyed a music lesson with Mr Sherwin. The School House also represented Knavesmire beautifully this week during their panathlon at York High.

Have a lovely weekend!  
School House Team :)

# COMMUNITY MESSAGES

*Cool Milk*  
**Free & Subsidised**  
**SCHOOL MILK**  
Register your child today!  
[www.coolmilk.com](http://www.coolmilk.com)

## Is your child registered for **SCHOOL MILK?**

**Child**  
**UNDER 5**

Every child under the age of five is entitled to free school milk. Simply register your child online.



**Child**  
**OVER 5**

Every child over the age of five is entitled to milk at a subsidised cost of around £20 per term. Register your child and pay online.

Children in receipt of benefits-based free school meals are eligible for free school milk. Speak to the school for further information.

Free milk for under 5s is funded by the Department of Health and milk for over 5s is subsidised by DEFRA.

## REGISTER YOUR CHILD TODAY

Register online  
[www.coolmilk.com](http://www.coolmilk.com)



Need help?  
Send us a message  
at [www.coolmilk.com/contact](http://www.coolmilk.com/contact)  
or give us a call on **0800 321 3248**



# COMMUNITY MESSAGES

## Pharmacy+Health are offering readily available free and local healthcare for your family



**Did you know that your local pharmacies provide FREE healthcare appointments for common conditions by our highly trained healthcare professionals?**

Pharmacy+Health has 35 branch pharmacies across Yorkshire, including one right here in our community. The NHS Pharmacy First service, with accessible health appointments is designed so you and your family can get the treatment you need when you need it.

### Frequently Asked Questions:

Q: Do I need to book an appointment?

A: While walk-ins may be available, Pharmacy+Health recommend booking your free consultation online to secure a time that suits you.

Q: What happens during the appointment?

A: You'll meet with a pharmacist in a private consultation room, discuss your symptoms, and receive advice or treatment tailored to your needs.

Q: Is the service free?

A: Yes! The NHS Pharmacy First service is completely free for eligible patients.

Other services provided by local pharmacies:

NHS services such as NHS Blood Pressure service, NHS Contraceptive service, NHS flu and COVID-19 jabs (seasonal) are offered.

### What is the NHS Pharmacy First Service?

The NHS Pharmacy First service is a free and accessible way to address common health concerns, without the need for a GP appointment. Trained healthcare professionals can offer advice and prescription treatments (where deemed necessary) for 7 common conditions.

You can call into any local pharmacy branch or visit [www.pharmacyplushealth.co.uk](http://www.pharmacyplushealth.co.uk) to book an appointment for the health service you'd like to access. Same-day appointments at a time that suits you are often available.

### Pharmacy First 7 Condition Treated:

- Urinary Tract Infections (UTIs): For girls aged 16 and over.
- Impetigo: For anyone aged 1 year and older.
- Shingles: For adults aged 18 and above.
- Sore Throat: For children aged 5 and above, as well as adults.
- Earache: For children aged 1 to 17 years old.
- Infected Insect Bites: For anyone aged 1 year and older.
- Sinusitis: For anyone aged 12 years and older

### Why Choose Pharmacy+Health?

- Convenient Appointments: Book online at a time that works for you.
- Local Expertise: Pharmacy First is provided by highly trained pharmacists commissioned by the NHS to serve their community.
- Fast Support: Help your busy GPs practice by using Pharmacy First for a range of common conditions and get the treatment you need when you need it.

All pharmacies, including your local Pharmacy+Health branch are here to help!

To book a quick convenient appointment at your local pharmacy simply visit [pharmacyplushealth.co.uk](http://pharmacyplushealth.co.uk)

## NHS Pharmacy First Service Book an appointment for:



**Infected insect bite**



**Sore throat**



**Ear pain**



**Sinusitis**



**Shingles**



**UTIs**



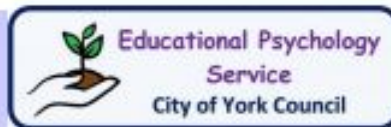
**Impetigo**

Your pharmacist might recommend and supply an appropriate prescription medicine, without the need to get a prescription from your GP.



Book online to be seen right away in consultation rooms  
[pharmacyplushealth.co.uk](http://pharmacyplushealth.co.uk)

# COMMUNITY MESSAGES



## Educational Psychology (EP) Support Line

A confidential telephone support service, staffed by Educational Psychologists, to talk through questions or concerns about children and young people's **wellbeing** or **learning**.

Open to **all** parents/carers of children with additional needs or SEND living in the City of York (who have not had recent EP involvement), and practitioners working with children who live in/attend an educational setting in York.

"It's invaluable"

"Great service. Very easy to arrange"



"I feel confident in the next steps we can take"

"I felt really listened to and supported"

Calls of up to 30 minutes are available

**Monthly – the last Wednesday of each month 9.00am – 3.30 pm**

**Term time only (September 2024 - July 2025)**

To book a slot, please e-mail: [EPsupportline@york.gov.uk](mailto:EPsupportline@york.gov.uk) with your name and a contact telephone number.

Bookings will close on the Friday before each session at 5pm. We will then email you with a time slot for your consultation on the Tuesday.

This is a one-off consultation provided by City of York Educational Psychologists on a rota basis.

*Please note: the helpline offers short slots to talk with a psychologist about specific concerns; unfortunately, within the time available, we cannot advise on complex situations where different agencies need to work together to support a child or young person.*

September 25<sup>th</sup> 2024  
October 23<sup>rd</sup> 2024  
November 27<sup>th</sup> 2024  
December 18<sup>th</sup> 2024  
January 29<sup>th</sup> 2025  
February 26<sup>th</sup> 2025  
March 26<sup>th</sup> 2025  
April 23<sup>rd</sup> 2025  
May 21<sup>st</sup> 2025  
June 25<sup>th</sup> 2025  
July 16<sup>th</sup> 2025



# COMMUNITY MESSAGES

## Clare's Kitchen Baking Club @ Knavesmire Primary Free Taster Session For Year Groups 5 & 6

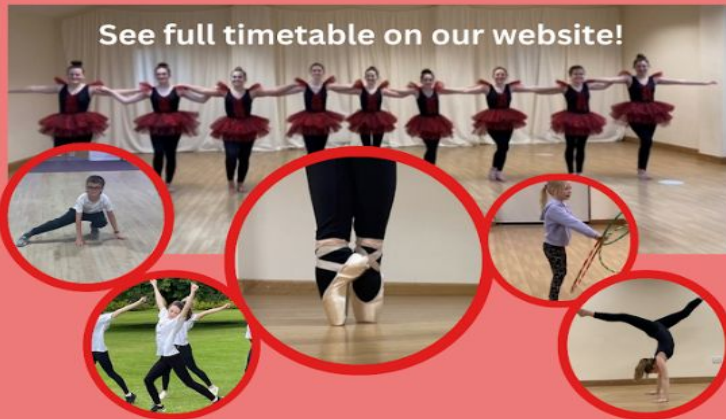


**Baking Club** runs on a Friday after school until 5.30pm. Our team of little chefs plan, prepare and bake their own food. We do all kinds of recipes from pizzas to gingerbread. We are offering a **Free Taster Session** this term to Year groups 5 & 6 on a first come first served basis. To redeem this invite, contact Clare at [clare@clares-kitchen.co.uk](mailto:clare@clares-kitchen.co.uk) or whatsapp 07813182216. You will simply need to complete a booking form! This offer is only for those pupils who have not previously attended Clare's Kitchen.

Clare's Kitchen has been delivering Cookery Clubs in schools since it was founded by Clare in 2014. See us in action on social media;

Facebook <http://facebook.com/clareskitchenyork>  
Instagram @clareskitchenyork

See full timetable on our website!



## DANCE AND PERFORMING ARTS CLASSES!

**SPECIAL OFFER FOR KNAVESMIRE STUDENTS -  
TWO WEEKS' FREE TRIAL IN ALL LESSONS!!!**

BALLET - TAP - JAZZ - CONTEMPORARY - FREESTYLE -  
STREETDANCE - MUSICAL THEATRE - ACRO

QUALIFIED IDTA TEACHERS - PERFORMANCE OPPORTUNITIES -  
GRADES AND MEDALS - FOR AGES 4+ - ALL CHILDREN WELCOME.

**Derwent  
Danceworks**

[derwenddanceworks@hotmail.com](mailto:derwenddanceworks@hotmail.com)



[DERWENTDANCE.CO.UK](http://DERWENTDANCE.CO.UK)

**IDTA**



## SPRING TERM SCHOOL SPORTS CLUBS!

CLICK THIS LINK

[IGNITESPORTSCOACHING.CO.UK](http://IGNITESPORTSCOACHING.CO.UK)

TO SEE WHAT CLUBS WE ARE  
RUNNING THIS TERM!



CHILDCARE VOUCHERS AND TAX-FREE CHILDCARE ARE ACCEPTED!

## COMMUNITY MESSAGES



**SCHOOL  
TICKET OFFER**

**B. BRAUN SHEFFIELD SHARKS  
v MANCHESTER BASKETBALL**

**WED 12th FEB - 7:30PM**  
**@ CANON MEDICAL ARENA**

**£5**



### SHARKS SCHOOL OFFER

Please use the link below and enter the code provided:

[https://app.fanbaseclub.com/Fan/Tickets/SelectType?fixtureId=8733&mc\\_cid=3197377fa3&mc\\_eid=e5cd69baf0](https://app.fanbaseclub.com/Fan/Tickets/SelectType?fixtureId=8733&mc_cid=3197377fa3&mc_eid=e5cd69baf0)

**Date:** Wednesday, 12th February

**Time:** 7:30 PM

**Venue:** Canon Medical Arena, Sheffield

**Matchup:** Sheffield Sharks vs. Manchester Basketball

**Special Offer:**

Students and parents can grab tickets for just **£5 each!**

#### How to Claim:

1. Visit: [Sheffield Sharks Tickets](#)
2. Enter the promo code **12FEB** at checkout.

**Hurry – Limited Tickets Available!**

This offer won't last long, so secure your seats today and be part of the excitement! Bring your energy and cheer on the Sharks as they light up the court! 🏀

#### Got Questions?

Feel free to contact Claire Ellicott at [claire.ellicott@thesheffieldsharks.com](mailto:claire.ellicott@thesheffieldsharks.com) for assistance.

We look forward to welcoming you to an evening filled with action, fun, and memories to last a lifetime!

P.S. Make it a school night your students and their families will never forget—spread the word about this amazing offer!



COMMUNITY MESSAGES

**LIMITED TIME OFFER**

**PRE-SCHOOL, JUNIOR & ADULT**

**50% OFF JANUARY SALE**

**& A FREE WELCOME PACK WORTH £20**

**USE CODE: JAN25**

**SWIMMING LESSONS**

**YORK Swimming Academy**

# COMMUNITY MESSAGES

## YorKAOS

York Kids Art Open Studios

Are you a young artist from York?

Are you primary school age?

Submit your artwork to YorKAOS

Go to our website to join the exhibition

[www.yorkaos.art](http://www.yorkaos.art)

We'd love to see your  
painting / drawing / digital-art  
photography / collage / video / sculpture



We are Ada, Henrik, Seth and Mabel  
We want to show the artwork of  
kids our age to the  
wider York community  
during February half-term 2025  
at **SPARK\***



Fundraising for  
**CHILDREN IN NEED** and **St Leonard's Hospice**



**HEY KIDS, DO YOU LOVE MOVIES?  
IF SO WE WANT TO HEAR  
FROM YOU!**

ITV's hit kids' show, Mini Movies, is returning for series 2 and we're looking for movie-loving kids to take part.

You could star in exciting video clips full of visual effects, pitch your own movie ideas, create amazing animations and show off your costume skills!

If you'd like to get involved, ask your parent or guardian to email...

[casting@thechancercollective.com](mailto:casting@thechancercollective.com)

After that you'll receive further information on how to apply. Be quick though, as spaces are filling up!

**CHECK OUT MINI MOVIES SERIES ONE ON ITVX  
TO SEE WHAT KIDS GOT UP TO LAST TIME!**

[HTTPS://THPSNETBALLCLUB.CARRD.CO/](https://thpsnetballclub.carrd.co/)

## SHOOTING STARS NETBALL TRAINING



Weekly inclusive indoor netball training for years 3-5 followed by years 6-8 this spring term, led by Ben Orton and Miss Richardson! Hone your skills and be match sharp!

BEGINS:	LOCATION:	TIME:
JAN 13th 2025	TERRINGTON HALL SCHOOL SPORTS HALL	Y3-5: 6.00-7.00pm Y6-8: 7.10-8.10pm



**BOOK ON:** <https://bit.ly/THPSNetballClubBookingForm>  
OR 07538508923



# COMMUNITY MESSAGES

[www.parentcarerforumyork.org](http://www.parentcarerforumyork.org) 18 January 2025

**Parent Carer Forum York**

## NEWS LETTER

Connect@pcforyork.co.uk

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### Coffee Mornings

**Thursday 23 January 2025**  
10:30 – 12:30 am  
**Acomb Explore**

**Monday 27 January 2025**  
10.30 – 12.30 am  
**YHA, Clifton**

Meet other parents and carers who share your lived experience. Swap tips, offload, get updates or share without judgement.

The first hot drink is on us as a thank you for allowing us to use your experience to inform our work with education, health and social care on parent carer voice.

We'll be easy to recognise with the table top sign. All are very welcome but if it's your first time and you would like to meet someone first, email Mary: connect@pcforyork.co.uk

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### Listening Event

**SEND Strategy with Maxine Squire**

**Wednesday 29 January 2025**  
6:30 pm – 7:30 pm  
**Online**

This online event is a conversation with Maxine Squire, Assistant Director, Education and Skills. Maxine would like to consult with parent carers, using their lived experience to inform the SEND strategy for York. Email Mary: connect@pcforyork.co.uk for the meeting link.



Booking and further details via Eventbrite will be available soon.

[www.parentcarerforumyork.org](http://www.parentcarerforumyork.org) [www.facebook.com/groups/pcforyork](https://www.facebook.com/groups/pcforyork) [connect@pcforyork.co.uk](mailto:connect@pcforyork.co.uk)

[www.parentcarerforumyork.org](http://www.parentcarerforumyork.org) 18 January 2025

**Parent Carer Forum York**

## NEWS LETTER

Connect@pcforyork.co.uk

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### YORK sendiass

Our aim for the beginning of 2025 is to ask parents and carers, young people and professionals what they would like us to offer, so we can focus on what is important to local families and see how we can accommodate people's needs in response to feedback.

Some of our ideas for improving our services include:

- Monthly drop-in clinics at locations across the city.
- Virtual drop-ins, so people can meet online.
- These would be specifically for parents and carers, potentially with a separate session for young people.
- A virtual session for professionals or anyone supporting a family with SEND.

We need your help to understand what would benefit parents and carers with children and young people with SEND, given we are such a small team regarding offering information, advice, and support. Please follow our new Facebook page, [York SEND Information, Advice and Support Service](#), to stay updated with our service and to be notified of opportunities to help us shape our service.

Thank you for all your support for this new year ahead.  
Best wishes from,  
Melanie, Elizabeth and Sarah  
**York SENDIASS**

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### York Carers Centre

Free Support for Unpaid Carers

## LOVE January Mindfulness

**Tuesday 28 January 2025**  
10.30 – 12.30am  
**Friends Meeting House, Friargate**

Join us for a relaxing morning dedicated to self-care. Learn simple, practical techniques that you can easily incorporate into your daily routine to improve your well-being. No prior experience is needed. Everyone is welcome to come and enjoy a mindful, peaceful morning. Mindfulness for carers is facilitated by Ali Gear, Mindfulness Association.

To book please contact [York Carers Centre](#):  
enquires@yorkcarerscentre.co.uk  
01904 715 490.

[www.parentcarerforumyork.org](http://www.parentcarerforumyork.org) [www.facebook.com/groups/pcforyork](https://www.facebook.com/groups/pcforyork) [connect@pcforyork.co.uk](mailto:connect@pcforyork.co.uk)

**STUDY SMART** Free Online Courses

**aspire Education** **n.c.f.e.** **cache** **Education & Skills Funding Agency**

## Fully Funded School Support Course



**Available in Levels 1, 2 & 3**

\*Please go to our website for more detailed information.

**6 Week Course**  
**Mon - Fri**  
**Daily sessions**  
**1st session 9:30 - 11:30am**  
**2nd session 12:30 - 2pm**

[www.studysmartuk.online](http://www.studysmartuk.online)

Available in the following levels:

Level 1:	CACHE Level 1 Award in Preparing to Work in Schools
	CACHE Level 1 Award in Safeguarding in a Learning Environment
	CACHE Level 1 Certificate in Wellbeing
	Level 1 Occupational Studies for the Workplace
Level 2:	CACHE Level 2 Certificate in Understanding Safeguarding & Prevent
	CACHE Level 2 Certificate in Understanding Challenging Behaviours
Level 3:	Level 3 Certificate in the Principles of Special Educational Needs

Please go to our website address above, for more information.

\*Please take note of the online live webinar sessions that **MUST** be attended to complete this full time 6 week course, and the ESFA's (Education Skills Funding Agency) eligibility criteria.