

Knavesmire Primary School

Weekly Newsletter

Friday 18th July 2025

Mr Cooper and Mr Gardiner's Message

Happy Friday and Happy Summer!

We cannot believe we are at the end of another long, action-packed year.

The past week has been full of brilliant celebrations, performances and thank yous. We are proud of all our children as they move into the next academic year but especially proud of our Year 6s. They have blown our socks off in their performance and we are so pleased with the fun they've had at this important time of transition. We'll miss them but know they'll go on to great things. To those parents who are also moving on from Knavesmire, thank you too.

We have said goodbye today to three placement students (and former pupils) who have been with us for over a year: Alisha, Maddy and Courtney - they are great! We've also wished a fond farewell to Mrs Reed-Williams and Miss Kaberry as they move on to the next, exciting stage of their life. They've given so much to this school and our children. Thank you.

Have a wonderful summer, whatever you do and wherever you are. For those of you returning, we will see you in September for the first day of term on Tuesday 2nd.

Mr Cooper and Mr Gardiner



WELCOME TO OUR NEWSLETTER

We hope that this School Newsletter format will prove helpful in better communicating information between school and home.

While ever evolving we will broadly including the following sections - please click on the links below to move directly to any section (direct links may not work on all devices):

- [Whole School Information](#)
- [Governors Newsletter](#)
- [Trips, Activities and Performances](#)
- [Key Dates](#)
- [Cool Kids Club](#)
- [Year Group Messages](#)
- [Community Messages](#)



WHOLE SCHOOL INFORMATION



FREE SCHOOL MEALS AND THE KNAVESMIRE OFFER

If your family qualifies for free school meals (aside from the universal free school meals for Reception, Year 1 and Year 2) you will also qualify for The Knavesmire offer. This means, in addition to free school meals, families can be provided with:



- a school jumper or a school cardigan
- **a school footwear voucher**
- School milk
- **one term free swimming travel costs**
- two half-terms of free extra-curricular club participation
- **free school trips**
- negotiated costs for residential visits

If you are not currently in receipt of these benefits, but would like to be, please contact the school office. We will ask you to complete a google form so we can collect relevant information and order your child's jumper/cardigan, shoe voucher and milk.

FREE SCHOOL MEALS ELIGIBILITY

Free School Meals are automatically applied to all children in Reception, Year 1 and Year 2. This entitlement can be extended to children where families are in receipt of certain benefits and earnings do not exceed a threshold. These benefits include:

Universal Credit, Income Support, Income-based Jobseeker's Allowance, Child Tax Credit (but not Working Tax Credit)

North Yorkshire County Council have launched an online portal for free school meal applications that will give you an instant decision on whether your application is successful: <https://www.northyorks.gov.uk/free-school-meals>

Lost Property

Just a quick reminder to remember to name all items that your child brings into school. Any mislaid named items will be returned to children in class.

We have a large number of unnamed items of uniform/coats/snack boxes/water bottles etc. These have all been placed in the gazebo in the playground. Feel free to look through these to look for any misplaced items. If there are any unclaimed items at the end of the school year, they will be donated or recycled.

We do not run a lost property in school. Any unnamed items will continue to be placed in the gazebo. The gazebo will be emptied of unclaimed items at the end of each half term.

OFFICE ADMIN

When communicating with the school about your child, please remember to include their full name and class.

Please note that as of September 2024 we are required to see evidence of any medical appointments. Please send any screenshots to accompany your absence email so that we can log this absence appropriately.

REPORTING ABSENCE & SICKNESS PROCEDURE

If your child is poorly, please contact the office by email or phone before the start of the school day at 8.50am: admin@knavesmire.elc.org.uk

Please note that if your child has **sickness or diarrhoea** they cannot return until 48 hours from the last episode.

For **chicken pox** - all spots must have crusted over. If in doubt, please call us for guidance!

WHOLE SCHOOL INFORMATION



SCHOOL LIBRARY

Thanks to all of you who have returned books by the end of the year - if you unearth any over the summer then please bob them in when we're back in September!

A huge good luck to the Year 6s moving up to Secondary School - I will miss my Library Assistants so much and wish them all the success in the world as they move onwards!

Miss Smith

CLOTHES BANK

Our fundraising and recycling clothes bank is situated at the entrance of the car park to the rear of the school. Please click on the following link to see Mrs Wogan-Wells from Y6 explain a little more about how it all works.

<https://online.fundraiserecycleltd.co.uk/bank?bankId=KnavesmirePrimary-School>

Please use the facility to donate any unwanted clothes.

SCHOOL MILK

If you want to register your child for school milk, simply visit www.coolmilk.com/register

REFUGEE COLLECTION

Refugee Action York can take donations again! At the moment they are looking for shoes, small toys (no puzzles) and double buggies and prams for newborns. Thank you!

MUGA USE

The use of the MUGA (the enclosed Multi Use Games Area) at the back of school is not permitted for parents of children outside of school hours. This facility is used for school clubs.



HEALTH AND WELLBEING

NITS

Do please be extra vigilant in checking your child's hair. For information on how to spot & treat, please click on the NHS website. Do note that in many instances, nits look a bit like dandruff.

Whilst we cannot enforce it, we recommend long hair is tied back to help prevent further spread of headlice - thank you.

<https://www.nhs.uk/conditions/head-lice-and-nits/>

LOST PROPERTY

The box for lost hats, gloves and scarves in the gazebo on the playground is overflowing... Please check it out for your missing items.

Named clothing, if found, will be sent to class. Unnamed clothing will be recycled if an owner can't be located.

NUT & SESAME FREE SCHOOL



For the safety and health of our school we are committed to being Nut & Sesame Free

We need your help to make our school a safe place for those with food allergies.

Please do not bring any nut or sesame products into school.



Some examples of foods containing nuts or sesame - some are not as obvious as others...



GOVERNOR NEWSLETTER JULY 2025

As we reach the end of another action-packed term at Knavesmire Primary, the Governors would like to share some of the highlights we've seen across the school.

It's been a fantastic term for trips and enrichment activities. There's been so much going on across the school it is impossible to capture it all, but here are some recent highlights! Year 4 had a brilliant time at their Robin Hood's Bay Residential with rock pooling adventures and, of course, fish and chips by the sea! Year 5 enjoyed a challenging and exhilarating stay at Carlton Lodge, getting stuck into gorge walking, raft building, high ropes and more. Reception children had a magical (if rather hot) visit to the Yorkshire Wildlife Park, making memories as they came face to face with animals from around the world. Closer to home the energy of the Academy Trust Schools at Artsfest filled the University's Central Hall with music and creativity – it was a joy to see our children singing, dancing, and rocking out on guitar! Last, but not least, it was great to see so many families enjoying the sunshine and cheering on the competitors at the recent Sports Evening.

Governors have been active in school this term too. Olivia Else, our Pupil Premium link governor, met with staff to discuss how enrichment opportunities are provided to ensure all children, regardless of background, are able to take part in the full life of the school. Kay Roantree, our Safeguarding link governor, carried out a visit to review the latest monitoring report and Jackie Gray, our Personal Development link governor had a walkabout all year group classes to learn more about how the school supports SEN and to visit the School House. Finally, Vanessa Huws Jones, our Chair of Governors, joined the Year 6 team during SATs week to walk through the arrangements, including breakfast provision, test paper security, accessibility measures, and testing logistics. She reported that all aspects were handled with the usual Knavesmire care and professionalism, and that the children presented as confident, positive and feeling ready for the assessment week.

A huge congratulations to our Year 6 pupils on completing their primary school journey! We have seen and heard how incredibly hard they have worked over the past few months, and we are confident that Knavesmire has given them the tools, confidence and kindness that will ensure they are able to thrive in their new schools.

Finally, an enormous thank you to all the members of staff and parents who play such an essential role in making Knavesmire a safe, happy and inspiring place to learn. We wish everyone a relaxing, well-earned summer break!



WHOLE SCHOOL INFORMATION



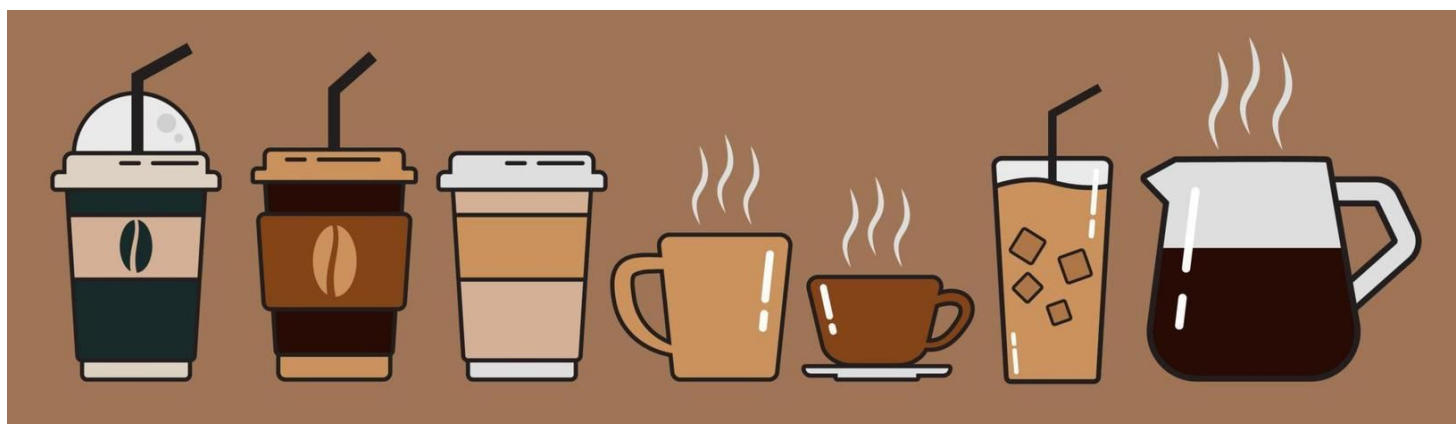
THE COFFEE CART IS BACK!

I am pleased to share the news that the Coffee Cart is back in the playground in the mornings. Mr Taylor, our Pupil Mentor, will be outside Miss Hall's classroom, located near the main gates, every morning (when it's not raining!) before school starts with the Coffee Cart. Mr Taylor will be with some amazing Year 5 students who will be ready to sell some lovely cups of tea, coffee or hot chocolate, exactly what you need to start your morning.

All money raised goes back into restocking the coffee, tea and hot chocolate and any that is left over goes back to the school to help buy essential supplies. The young people who help out gain many skills and they thoroughly enjoy the challenges it brings. Miss Gilligan, our school SENCO will help out on a Friday morning and is available for a quick chat or to answer any questions you may have.

All drinks are only £2.00 and we accept cash or card. Please note that we do not serve coffee or tea to any children at school but we do allow hot chocolate as long as the drink is finished before the start of school and not taken into any classroom.

We look forward to seeing you soon.



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Reduce Lost Property**



Quote Our Fundraising Number To Raise Funds For School

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CLOTHES LABELS

Our school will receive 30% commission to put towards school funds from every order where the fundraising number is quoted.

Our Fundraising
Number Is: 11349

TRIPS, ACTIVITIES AND PERFORMANCES

Year 3

Swimming - We would welcome any further contributions. The payment item will remain open on ParentPay over the summer holidays for any further payments.

Other

Y4/5/6 Choir and Young Voices 2026 - See email sent 11/07/25. The Year 4/5/6 Choir will begin rehearsals on **Tuesday 09/09/2025**. Rehearsals will be every Tuesday after school until **Tuesday 03/03/26** with an end goal performance on **Tuesday 10/03/26**. Please look out for further information and ParentPay sign up in September. If your child is keen to start learning the songs, Young Voices have released a playlist of songs on Spotify at the link below:

<https://open.spotify.com/album/0XQu60fO5OytaX3NNZaA9x>

CLUBS

The following clubs and music lesson are run in school by external organisations. Please contact them directly for more information or to book a place.

Organisation	Activity	Contact details
Ignite Sports	Ignite run sports clubs after school on a Monday.	You can sign up for these sessions on Ignite's website. www.ignitesportscoaching.co.uk or email: info@ignitesportscoaching.co.uk
Dance with Miss Caroline	Miss Caroline runs drama, cheerleading and street dance clubs for all school aged children on a Wednesday and Thursday lunchtime.	To sign up for these sessions please follow this link https://forms.office.com/r/UEgRPhRhcx or for more info, email Miss Caroline: dancewithmisscaroline@outlook.com
Circus Skills	Circus Stu runs a circus skills club for all school aged children. This takes place on a Monday lunchtime.	To sign up please email Stu: stuart@circusskillsyorkcic.org or go to the website: www.circusskillsyorkcic.org
Rocksteady	Rocksteady are in Knavesmire on a Wednesday in school hours. Children can choose from the electric guitar, keyboard, drums or vocals.	For more information and to sign up, go to Rocksteady's website: www.rocksteadymusicschool.com
Clare's Kitchen	Clare runs sessions for all school aged children after school on a Monday and Friday. These sessions give children the opportunity to plan, prepare & cook their own nutritional meal, then dine together.	To sign up please email Clare: clare@clares-kitchen.co.uk
Chess Club	This club is run on Tuesdays and Thursdays after school for years 1,2 and 3. The clubs are run by Larry, a parent volunteer.	Please see details below with sign up information.

CLUB NEWS

Circus Skills - Please note that Circus Skills is moving to Monday lunchtimes from next term.

Knivesmire Chess Club - FREE - Knivesmire Chess Club is open to all levels and it is FREE. If you as a parent are interested and want to volunteer or learn please let me know using the form, you will need a valid DBS from the school to attend the sessions.

Tuesday sessions will be for Years 4, 5 and 6

Tuesday will run from 3:30 to 4:15 pm. Please fill in the Google form to request a place, there is a limit on the number of spaces.

<https://forms.gle/bpGkdwkVuSgcE6fD7>

Thursday sessions will be for Years 2 and 3

Thursday will run from 3:30 to 4:00 pm. Please fill in the Google form to request a place, there is a limit on the number of spaces.

<https://forms.gle/kRfsNU4RBSvELEGz7>

If you cannot make any of the sessions but want to attend another club see the links below:

<https://www.yorkchessclub.co.uk/> - Every Wednesday at Guppies (on Nunnery Lane)

York Explore library in town Sundays 2-3 pm during term time

Once you have completed the form I will email all parents more details.

If you have any questions please let me know by email to shroud.king@gmail.com or ask me in the playground. Ask around for Larry.

CREATIVE ARTS



Peripatetic Music Lessons in School

The following music lessons are run in school by peripatetic teachers. Please contact them directly for more information.

Instrument	Name	Contact details
Guitar	Steve Powell	stevepowell726@gmail.com
Piano	Carolyn Amos	carolynamos@hotmail.co.uk
Drums	Alex Woolgar	alexwoolgar1@gmail.com
Singing	Alison Pawley	alisunr@yahoo.com
Violin	Marcus Bousfield	marcus.bousfield@btinternet.com
Brass	Andy Hillier	https://yorkmusiced.org.uk/index.php/what-we-do/york-music-centre/enrolment-form

CREATIVE ARTS NEWS

Several of our 3 pupils are taking part in an exhibition of art work for our pupils across the trust. The exhibition is on at CityScreen in the upstairs corridor and is free to visit while the building is open. It will be shown from Sunday 6th July to Saturday 18th July so please do visit!

On Wednesday 9th July, a number of pupils from Years 2, 4 and 6 will attend the Excel Trust Annual Sports Fest at York High School. This year the event ends with a sponsored fun run. All pupils in the Trust voted for a choice of charities and the one chosen this year was UNICEF. You can support our runners with a donation here:

https://www.justgiving.com/page/excel-sports-fest?utm_medium=FA&utm_source=CL

KEY DATES



YEAR	DATE(S)	ACTIVITY
Nursery		
Reception		
Year 1		
Year 2		
Year 3		
Year 4		
Year 5	16/03/26 to 20/03/26	Barcelona 2026
Year 6		
The School House		
Other	29/01/26 10/03/26	Young Voices (for Y4/5/6 choir members) Y4/5/6 Choir Performance in School Hall (more details nearer the time)

FRIENDS OF KNAVESMIRE

UPDATE

Dear Knavesmire Families,

First of all, we wanted to congratulate all the winners in yesterday's Summer Raffle draw. We made £585 and we hope you enjoy your prizes.


But most importantly, we wanted to say a big thank you for all your support throughout this last year. Thanks to you and your generosity, including a couple of very kind and big single donations, we have raised well over 10,000 over the course of the year which is absolutely amazing 🙌


This money is so important to the school and very much needed. It allows everyone to take part in exciting and important enrichment activities as well as improve the school's learning equipment. We couldn't have done it without you and hopefully you enjoyed all our events as much as we did.


It is however extremely important that we can continue this work and keep raising those essential funds. For that reason we are desperately looking for new F/friends and would love for you to come to our next Welcome Meeting on 12 September, which will boringly also have to include our AGM. But this way you will be able to see what exactly we do, how we help, HOW YOU CAN HELP and what the money has been spent on last year. So please come along and check us out.


We wish you a great summer and hope you will make lots of happy memories.

Before you go though we lastly wanted to make you aware of a fundraiser that is coming up first thing in the new term in September. It'd be great to get as many people together as possible. And what from what we heard it was great fun last year, so please have a think and sign up!!! 🙌

**INFLATABLE RUN**

**DISTANCES**
2.5KM | 5KM | 10KM | 15KM

**SAT 20TH SEPTEMBER 2025**
9.00 - 2.30PM

**EVENT LOCATION**
York Racecourse, Knavesmire Road,
York. YO23 1EX

!!!Calling ALL Knavesmire children & their families!!!

There will be another **Inflatable Run** coming to York this **September**.

We would love for as many families as possible to **get involved** ... to join in, take part and get sponsored for the school.

Lucy, who already very successfully did the run last year with her fellow Year 4 team mates, has kindly offered to organise and be involved again. But she would love to make the team even bigger and better this year and **is hence looking for volunteers across all school years**. And we think that's an amazing idea!

So please **contact** her via **WhatsApp** on **07708505971** to let her know you want to get stuck in and be part of the fun too.

If you would like to **sponsor** either anyone in particular or simply the cause then pls **use this QR code**.

THANK YOU!!!





Please consider a donation



The Friends of Knavesmire are always appreciating donations to support the school and therewith all the children.

So if you feel you can then please use this QR code to contribute.

Any amount is welcome. Thank you.



COOL KIDS CLUB UPDATE

PLEASE NOTE THAT OUR STAFF TRAINING DAYS ARE AVAILABLE TO BOOK THROUGH CHILDCARE BOOKINGS FOR SCHOOLS - THEY WILL BE FOUND UNDER 'HOLIDAY CAMP' ON YOUR BOOKING ACCOUNT

Booking Sessions for KCKC

To start making bookings, simply:

1. Click here to access the online booking system (or visit <https://knavesmire-primary.cbfs.uk>)
2. Register your online booking account (5 mins)
3. Use the 'Bookings' dropdown menu at the top of your Dashboard to begin requesting your sessions

Queries and system support

If you have any questions, or difficulties navigating the online booking system, please contact Childcare Bookings for Schools (our partner for any administration, booking and finance aspects of our wraparound care) directly:

T: 01444 523335

E: knavesmire@childcarebookingsforschools.co.uk

Their office operates between 9am and 5pm, Monday to Friday, all year round (including the school holidays).

Lots more information is available on the school website www.knavesmireprimary.co.uk/kckc

SUMMER IN KCKC

Hello from Kids Club!

We have lots of activities planned for the summer holidays. Plus, exciting trips!

Thursday 24th July - Rowntree Park

Wednesday 30th July - walk trip to Knavesmire woods and a teddy bears picnic

Thursday 7th August - Castle Museum

Tuesday 12th August - Rowntree Park

Tuesday 19th August - Railway Museum

Week six - The Circus Man... t.b.c.

If the weather lets us down then please send children with welly boots and waterproofs as we'll be getting out and going on trips anyway!

For those of you who are new to holiday club we offer you a big welcome! Children need to bring:

- * Sensible footwear for walking.
- * A packed lunch, plus snacks for morning and afternoon break.
- * A backpack which is easy for your child to carry.
- * A water bottle.
- * Spare clothing if needed.

We look forward to seeing your children!

From the KC team!



YEAR GROUP MESSAGES



NURSERY MESSAGES

Hello Nursery!

Here we are in our final week and what a wonderful year we've had!

Well done to all of our leavers for a fantastic Nursery career, we're so proud of all of the incredible progress you've made. For those children who will be attending different schools we wish you all the very best and will miss you a lot! For those children returning in September we can't wait to have you back and meet lots of our new friends too!

Have a wonderful and well deserved summer break.

Miss Parker and the Nursery Team ❤️

RECEPTION MESSAGES

Hello Reception,

It's been an amazing year and we are so proud of all of the incredible progress your children have made since beginning last September. They really are a gorgeous cohort and we have felt very lucky to have been their teachers. We will miss seeing you all every day, and we really do appreciate your kind words and support both today and across this year.

We wish each and every one of you a restful and fun Summer break, and we look forward to seeing you all in September as brand new Year Ones!

Best wishes,

The Reception Team

YEAR 1 MESSAGES

It has been a busy and fun final week in Year One. On Monday, we went to watch the dress rehearsal of the Year Six play which everyone really enjoyed. On Tuesday, we spent some time using the Chromebooks which gave us another chance to practise logging on and using our passwords. It seems such a short time since our first newsletter for Year One and now this is our final one for the year!! It has been a pleasure to see the children grow and develop this year and help them during their journey through Year One. We would like to take this opportunity to thank everyone for their kind and generous cards and gifts - they are really appreciated. We hope everyone has an amazing summer break and thank you for your support this year.

From the Year One team.

YEAR GROUP MESSAGES



YEAR 2 MESSAGES

Year 2 have had a great last week of the year! They have enjoyed their final transition session with Year 3, had great fun rounding off our Robots Big Idea and loved playing Bean Bag rounders altogether too! We are so proud of everything that the children have achieved this year and we know that they will be brilliant in Year 3.

And a final huge thank you to everybody for your gorgeous end of year gifts! We are blown away by your generosity.

We hope you all have a lovely summer and we are looking forward to seeing the children again on Tuesday 2nd September!

The Year 2 Team

YEAR 3 MESSAGES

Year 3 have had a fabulous last week of the Summer Term! In Maths, the children learned how to add numbers using Year 4's column addition method. On Thursday morning, the children took part in their final swimming lesson. On Thursday afternoon, the children enjoyed an afternoon in Rowntree Park.

This year has been brilliant and the children have so much to be proud of! We've thoroughly enjoyed teaching the children this year and wish them all the very best as they continue their Knavesmire journey into Year 4!

We hope you all have a super summer break.

The Year 3 Team.

Miss Urwin will be running the Helsinki Half Marathon in August 2025. She is fundraising for The Christie Charity, in memory of her grandad.

If you would like to donate, please click on the link to her JustGiving page below. All donations would be greatly appreciated, no matter how big or how small:

https://www.justgiving.com/page/ellas-helsinki-half-marathon-fundraiser?utm_medium=FR&utm_source=CL

YEAR 4 MESSAGES

We've had a wonderful, fun filled week in Year 4. Thank you for all your fantastic support and letting us teach your lovely children this year.

Have a fabulous summer!

YEAR GROUP MESSAGES



YEAR 5 MESSAGES

The children have been working so hard on their Year 5 project this week. It is a testament to them that in the final week before the holidays, they are still showing so much enthusiasm and positive attitude towards their learning!

All that is left to say is a massive thank you for all your support over the past year - it really has made a difference.

Enjoy the holidays and we will see you all again soon when your child is in Year 6!

The Year 5 Team.

YEAR 6 MESSAGES

How do we put this year into words?! A final newsletter from the Year 6 team to say how incredibly proud we are of our Year 6 cohort and how superbly they performed our Year 6 production this week. We could not have asked for a more energetic, vivacious group of children to bring the world of 'Wannabe' to life and we are so very proud of what they have achieved, both this week and throughout the entire year.

We also say goodbye to Miss Kaberry today, who evidently couldn't face being at Knavesmire without your wonderful children! She is, as you all know, a superb teacher, a fierce friend and an all-round wonderful human being. She will be very much missed... but we know she will have a wonderful time in Dubai.

Finally, a thought for the summer, as you help prepare your children for the next step in their education, a time that we know for many parents can be an emotional challenge. We see in your children everything they need to be ready for secondary school; we see confidence, determination, diligence, personality and positivity. They have been supported so wonderfully by you all and are going out into the world as the very best versions of themselves; please ensure that you all have the most wonderful fun-filled summer!

The Year 6 Team

THE SCHOOL HOUSE MESSAGES

We have had a lovely final week in the School House!

The children have mainly been in their year group classes, enjoying end of year celebrations and activities. In the School House, we have enjoyed sketching Paddington and getting ready for our Paddington themed book study in September. We also decorated our own plant pots which have been sent home in an end of year goodie bag from the School House Team.

As always, thank you for your continued support. We hope you have a brilliant Summer and can't wait to see you in September! If you would like to pop in on the September training day, please email Mrs Nightingale to arrange a time.

We will also be hosting a 'Welcome Back Breakfast' on Tuesday 2nd September 8:50am-9:20am. All parents & guardians are welcome to join!

School House Team.

YEAR 6 TRANSITION INFORMATION



SCHOOLSHOP 

2 Exclusive Uniform Sizing Days for Year 7 pupils starting at Fulford School in September
You can also bring any siblings currently at the school

New Year 7 Grey Tie NOW IN STOCK

SATURDAY SATURDAY
5th 12th
July July
8am to 4pm
at our Elvington shop
6 appointment slots per hour

Book Today
to secure your slot



SCAN THE QR CODE TO BOOK

Book Now at
www.school-shop.co.uk
or call
01904 607331

COMMUNITY MESSAGES



Is your child registered for SCHOOL MILK?

**Child
UNDER 5**

Every child under the age of five is entitled to free school milk. Simply register your child online.



**Child
OVER 5**

Every child over the age of five is entitled to milk at a subsidised cost of around £20 per term. Register your child and pay online.

Children in receipt of benefits-based free school meals are eligible for free school milk. Speak to the school for further information.

Free milk for under 5s is funded by the Department of Health and milk for over 5s is subsidised by DEFRA.

REGISTER YOUR CHILD TODAY

Register online
www.coolmilk.com



Need help?
Send us a message
at www.coolmilk.com/contact
or give us a call on 0800 321 3248

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COMMUNITY MESSAGES



Educational Psychology (EP) Support Line

A confidential telephone support service, staffed by Educational Psychologists, to talk through questions or concerns about children and young people's **wellbeing or learning**.

Open to **all** parents/carers of children with additional needs or SEND living in the City of York (who have not had recent EP involvement), and practitioners working with children who live in/attend an educational setting in York.

"It's
invaluable"

"Great service.
Very easy to
arrange"



"I feel confident
in the next steps
we can take"

"I felt really
listened to and
supported"

Calls of up to 30 minutes are available

Monthly – the last Wednesday of each month 9.00am – 3.30 pm

Term time only (September 2024 - July 2025)

To book a slot, please e-mail: EPsupportline@york.gov.uk
with your name and a contact telephone number.

Bookings will close on the Friday before each session at 5pm. We will then email you with a time slot for your consultation on the Tuesday.

This is a one-off consultation provided by City of York Educational Psychologists on a rota basis.

Please note: the helpline offers short slots to talk with a psychologist about specific concerns; unfortunately, within the time available, we cannot advise on complex situations where different agencies need to work together to support a child or young person.

September 25th 2024
October 23rd 2024
November 27th 2024
December 18th 2024
January 29th 2025
February 26th 2025
March 26th 2025
April 23rd 2025
May 21st 2025
June 25th 2025
July 16th 2025

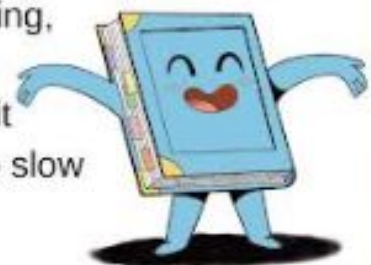


Summer Reading Challenge launches 12 July!

Over the summer children are encouraged to read/share six books of their choice. There are stickers to keep them motivated, and fun activity sheets and character hunts in libraries to complete, and a medal and certificate for all who finish by Saturday 13 September.

All participants will be entered into our weekly summer prize draws and we have some fantastic family tickets up for grabs – including tickets to York Maze, Cinderella at The Grand Opera House, Aqua Splash, Roller Skating, Clip 'n' Climb, and Wonderlab!

Children who are read to or read regularly are more likely to thrive and not just academically. They gain better emotional wellbeing, increased confidence, reduced stress, and a greater imagination! And it's not just the children who benefit – curling up with a good book gives adults chance to slow down, relax, and take a break from the world.



To sign up to the Summer Reading Challenge or to join your library just pop into your nearest branch – it's free, simple, and everyone is welcome.



COMMUNITY MESSAGES



YORK
PRINTMAKERS

FESTIVAL OF **PRINT**

Gallery - Demos - Workshops - Meet the Artists

23rd May - 20th July 2025

Open Friday, Saturday, Sunday - Free Entry

22 High Petergate, York (near the Minster)

yorkprintmakers.org.uk | @yorkprintmakers



SUMMER CAMPS

ARE NOW LIVE



ACOMB, WILBERFOSS,
HEMPLAND AND ST LAWRENCE'S

CHILDREN FROM ALL SCHOOLS WELCOME!



SUMMER HOLIDAY MULTI SPORT CAMPS

£30 PER DAY!

ACOMB 22ND JULY - 29TH AUGUST

WILBERFOSS 22ND 29TH JULY AND
5TH 12TH 19TH 26TH AUGUST

ST LAWRENCE'S 23RD 30TH JULY
AND 6TH 13TH 20TH 27TH AUGUST

HEMPLAND 24TH 31ST JULY AND
7TH 14TH 21ST 28TH AUGUST

25%
SIBLING DISCOUNT

CHILDCARE VOUCHERS ACCEPTED

SCAN QR CODE TO BOOK!

VISIT ignitesportscoaching.co.uk
FOR MORE INFO!



COMMUNITY MESSAGES



BRAZILIAN JIU JITSU FOR KIDS

AT ARABESQUE HOUSE, MONKS CROSS, YORK YO32 9GW

JOIN US FOR OUR OPEN DAY ON 31ST AUGUST!

- AGE-SPECIFIC CLASSES FOR CHILDREN AGED 3+
- BRAND-NEW, PURPOSE-BUILT FACILITY DESIGNED FOR JIU JITSU
- EXPERT & APPROACHABLE DBS CHECKED COACHES
- FREE ONSITE PARKING — JUST MINUTES FROM MONKS CROSS SHOPPING PARK

15% FOUNDING MEMBERSHIP DISCOUNT AVAILABLE FOR 50 FIRST MEMBERS!

GRACIEBARRA_HABY 01423 642434

GET YOUR £30 KIT VOUCHER AT GBYORK.COM



We're launching Gracie Barra York!

Part of a trusted local network

Gracie Barra York is our third academy, following the success of Gracie Barra Harrogate and Gracie Barra Apperley Bridge. That means your child will be part of a supportive, well-established community, with experienced coaches, a proven curriculum, and a culture focused on confidence, respect, and growth.

Coaches you can trust

All sessions are led by DBS-checked, expert instructors who have already helped hundreds of local children thrive through Brazilian Jiu Jitsu. We're here to support every child, whether they're shy, energetic, or somewhere in between.



Ages 3 to 14 – Start Strong This September

With the school year just around the corner, September is the perfect time to begin something new.

Our kids' programme runs from ages 3 to 14, with age-specific classes that help each child progress at the right pace, in the right environment. Give your child a head start with new skills, new friends, and a confidence boost they'll carry into the classroom.



GET YOUR £30 KIT VOUCHER AT GBYORK.COM



Swimming with Linzi

Swimming with Linzi is all about having fun in a safe environment whilst gaining water confidence and developing great stroke technique.



SUMMER HOLIDAYS



INTENSIVE SWIMMING COURSE

Swimming with Linzi is hosting a 5 day, fun swimming course, suitable for 3 yrs with parents in the pool to 11 yrs Improving Stroke Technique

Class Duration: 45 minutes
Class Size: 7 children per class and only 1 class running
Location: Carr Junior School
Dates: 4-8 August and 18-22 August
Time: 9.30 am - 12.30 pm

AFTER SCHOOL & WEEKEND LESSONS
 at Robert Wilkinson School and Carr Junior School

07583 936246
linzi@swimmingwithlinzi.com
swimmingwithlinzi.com
 CLICK TO BOOK
swimming-with-linzi.class4kids.co.uk





July 22nd, 23rd and 25th
 August 19th, 20th and 22nd

Outdoor nature fun for kids this summer. Join us for games, activities and a campfire lunch.

Family sessions 10 - 12.30
 Sessions for children aged 8+ 12:30 - 3pm

Only £7.50 per child or free with a HAF voucher. Visit www.stnicks.org.uk for more details and to book




Creative Literacies Hub

The Hub for Parents, Carers and Children

Want to discover fun and creative ways to enhance your child's literacy skills at home? Sign up for the FREE Creative Literacies Hub today!

Supporting Reading at Home

Who?

Parents, Carers and Children aged 5-11.

What?

The first 2 workshops are for parents and carers only, although you are welcome to bring your child. In these workshops, we will show you ways of supporting your child to read a wide range of texts. Your child will join you for the remaining 4 sessions where you will read together.

Creative Writing Together

Who?

Parents, Carers and Children aged 7-14.

What?

For all 6 workshops you and your child will engage in creative writing sessions together. Through the workshops, you and your child will imagine settings, characters, and plots, writing from different points of view within your story-world. Your creative writing pieces will feature in an anthology, published by York St John University.

How Do I Sign Up?

You can self-refer by completing our online self-referral form. This is found by visiting the 'Children and Young People' page underneath the 'Groups and programmes' header on our website www.yorks.ac.uk/ysjcc (or use the QR code). When completing the form please ensure you state the age of your child, and the programme/s you would like to enrol on – you may sign up to both.



Est.
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YORK
ST JOHN
UNIVERSITY

Est.
2016

YORK ST JOHN
COMMUNITIES
CENTRE

E: ysjcc@yorks.ac.uk | T: 01904 876072 | www.yorks.ac.uk/ysjcc

COMMUNITY MESSAGES



SUMMER CAMPS



MULTI-SPORTS ARTS & CRAFTS WOODLAND WORKSHOPS

**SANDBURN HALL, YO60 7RB
MON 4TH - FRI 8TH AUGUST 2025**

TO SIGN UP & REGISTER INTEREST: bit.ly/SHSCAug25

FOR CAMP-SPECIFIC INFORMATION VISIT: sandburnsummercamps25.cerdd.co



SUMMER HOLIDAY MULTI-SPORT CAMPS

AGES 3-16

WEEK 1: 14th - 18th July 2025 (M-F)

WEEK 2: 25th - 29th August 2025 (M-F)

MORNING CAMP: 9am-12pm

AFTERNOON CAMP: 1pm-4pm

FULL DAY CAMP: 9am-4pm

HALF DAY CAMPS AVAILABLE FOR 3 & 4 YEAR OLDS.

HALF DAY AND FULL DAY CAMPS AVAILABLE FOR AGES 5 +

HALF DAY CAMPS: £25

PRICES:

FULL DAY CAMPS: £42

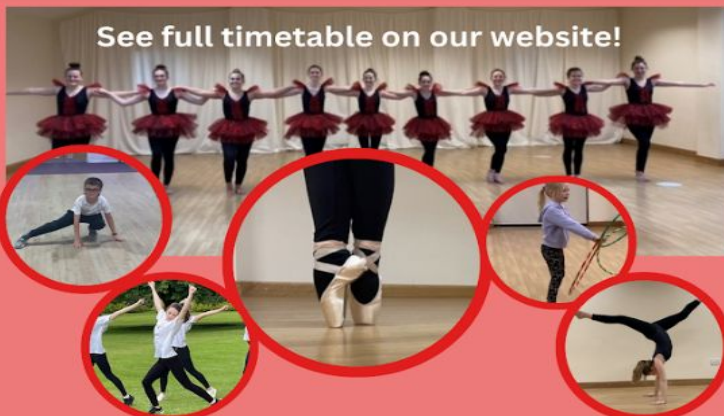


Multi-Sibling Discounts

25% off 5 x half day camps

25% off 5 x full day camps

BOOK ON: <https://abcsportsclubs.aweb.page/>
07538508923 camps@abcsportsclubs.org



See full timetable on our website!

DANCE AND PERFORMING ARTS CLASSES!

SPECIAL OFFER FOR KNAVESMIRE STUDENTS - TWO WEEKS' FREE TRIAL IN ALL LESSONS!!!

BALLET - TAP - JAZZ - CONTEMPORARY - FREESTYLE - STREETDANCE - MUSICAL THEATRE - ACRO

QUALIFIED IDTA TEACHERS - PERFORMANCE OPPORTUNITIES - GRADES AND MEDALS - FOR AGES 4+ - ALL CHILDREN WELCOME.

Derwent Danceworks

derwentdanceworks@hotmail.com

DERWENTDANCE.CO.UK

IDTA

ROWNTREE PARK TENNIS CLUB

SPRING PROGRAMME OF TENNIS COACHING SESSIONS WITH OUR LTA COACH JILL LE PLA



- Every **Monday** from 3.3.25 - **Junior** sessions
Red group (3.45pm- 4.45pm), ages 5-7
Orange group (4.45pm - 5.45pm), ages 8-11
- Every **Saturday** from 1.3.25 - **Beginner Adult** (Tennis Express) session (9am-10am) 6 WEEK COURSE
- Every **Saturday** from 1.3.25 - **Improvers** session (10am-11am). PAY and PLAY
- Every **Saturday** from 1.3.25 - **Intermediates** session (11am-12noon) PAY and PLAY
- Every **Tuesday** from 4.3.25 **CARDIO** tennis session (9.30am -10.30am) PAY AND PLAY

For full details of courses including prices and booking options, please scan the QR Code or search for 'Rowntree Park Tennis Club/Coaching'

For enquiries, please contact Jill Le Pla on 07531 598 512 or jlptenniscoaching@gmail.com



COMMUNITY MESSAGES



York Karate after school club

To Knavesmire School parents,

I am delighted to announce that York Karate Dojo has availability in our karate classes after school. The classes are in the traditional martial art of Shotokan Karate and will provide an excellent opportunity for them to begin their karate training.

The classes are focused on the fundamentals of the art, perfect for beginners, with a strong focus on discipline, improving strength and fitness and concentration. We also make time to have some fun too!

Every Monday: 3:40pm - 4:25pm
St. Chads' Church Hall

Places are limited and so to book a trial session, please visit www.yorkkarate.net.

Simon Flint
Instructor
York Karate Dojo
info@yorkkarate.net
07814545013

ROWNTREE PARK TENNIS CLUB

Summer holiday tennis camps



Starting Tuesday 22nd July and running throughout the summer.

Ages
5 - 14

- Full week, full day and half day options available
- 10% sibling discount
- 10% discount for members of RPTC
- Scan the QR or go to the RPTC website for prices, timings and booking details
- For enquiries, please contact coach Jill Le Pla: jlptenniscoaching@gmail.com



Clare's Kitchen

Cookery Club- Fridays @Knavesmire

Do you have a little chef at home who would like to join us?
Clare's Kitchen meets after school on a Friday for 2 hours to explore lots of fun and delicious recipes together.

If your child would like to be a part of our team or have a trial session, contact Clare for a booking form link. Year groups 1-6.

Follow Clare's Kitchen in schools
<http://www.facebook.com/clareshkitchenyork>
Instagram @clareshkitchenyork
Email clare@clares-kitchen.co.uk
Whatsapp 07813182216



COMMUNITY MESSAGES



Crafty Fox Kids Club

FASHION UPCYCLE WORKSHOPS FOR KIDS

3-HOUR WORKSHOP
£25
ALL MATERIALS INCLUDED
AGE 6 +

MAKE YOUR DESIGNS COME TO LIFE!

LEARN TO TRANSFORM YOUR CLOTHES INTO SOMETHING NEW.
BRING YOUR OWN OR CHOOSE FROM OUR STOCK.

FOR MORE INFORMATION AND TO BOOK A SPACE VISIT: CRAFTYFOXKIDSClub.COM



Summer AGES 5-11

Crafty Fox Kids Club

SUMMER HOLIDAY ART & CRAFT CLUB

DATES THROUGH JULY AND AUGUST

ACOMB METHODIST CHURCH

FOR MORE INFORMATION
AND TO BOOK VISIT
CRAFTYFOXKIDSClub.COM



Group classes and 121 / 122 lessons for children aged 5 years upwards of all abilities.

Absolute beginners to advanced swimmers.

Rookie Lifesaving, Coaching and Artistic Swimming courses for competent swimmers.

121 / 122 lessons for adults.

BOOTHAM SCHOOL
AGES 3-18

Bootham Swim School Summer Holiday Courses 2025

Come and have fun learning to swim.

Weekly courses commencing 14th July, 21st July, 28th July and 18th August 2025

Open booking begins at 8.00am on Monday 9th June 2025.

Contact Catherine for further details of the programme or to book a place: e-mail: catherine@boothamswimschool.co.uk
tel: 07923 416425 / 01904 686629

COMMUNITY MESSAGES



NOW THEN!
A FUN DAY FOR ALL THE FAMILY
FREE

SUMMER FIELDS FESTIVAL

**SUNDAY 13TH JULY
1-8PM**
TADCASTER COMMUNITY SPORTS TRUST (MAGNETS)

FEATURING
Parade, Party, Performing Arts, Music, Food And Drink, Workshops, Spoken Word, Dance Flash Mob, Family Theatre, Face Paint, Circus Skills, Bubble Disco.

Tadcaster Community Sports Trust (Magnets)
Queens Gardens
Tadcaster
North Yorkshire
LS24 9HD

f Now Then Creative
@nowthenselby.st
@nowthenselbyst

Published by
NORTH YORKSHIRE COUNCIL
ARTS COUNCIL ENGLAND
ARCADE
The Barn
Funded by UK Government
YorkMix



Take part in the 'Wonderful Wheels' community parade through Tadcaster...

...arrive at the festival site for a jam-packed day of fun and creativity for all the family.

Groove to the music, take part in workshops for all ages, bring a picnic or browse the food vans, catch some brilliant theatre or simply chill out with friends and family and enjoy the vibe.

Line up includes: New York Brass Band, Hyde Family Jam, Ghetto Fabulous Family Catwalk, RICE Street Artist, Marnie Glum, VR Pilot Theatre, Family theatre from Next Door But One and Thunk-it Theatre, Say Owt Spoken Word, York Dance Space, Walkabout Acts and more!

Co-programmed with a community steering group and youth consultation from Tadcaster Grammar School, in partnership with Now Then! Tadcaster, The Barn and ARCADE.

Full line up, parade sign ups and FREE tickets here.




www.hello-arcade.com/projects/summer-fields-festival



SUMMER CONCERT

YORK SYMPHONY ORCHESTRA

**Saturday 12th July
at 7:30pm**
Sir Jack Lyons Concert Hall
University of York

Grieg: Peer Gynt Suite, No. 1, Op. 46
Dukas: The Sorcerer's Apprentice
Suk: Symphony No. 2 in C minor, 'Asrael', Op. 27

AND FOR THE KIDS...
Children's open rehearsal of **THE SORCERER'S APPRENTICE** and extracts from Peer Gynt Suite 3-4pm

TICKETS
AVAILABLE FROM www.yso.org.uk, Visit York, or on the door

SCAN FOR
Concert tickets £15
Concessions £13
Children & students £5
Open rehearsal tickets £2 Children & adults (babes in arms free) children to be accompanied by an adult

www.yso.org.uk
Registered Charity 515145

Supported using public funding by
ARTS COUNCIL ENGLAND
making music

COMMUNITY MESSAGES



York RUFC Girls



Girls aged 7-19

Come and give rugby training a try when our new season kicks off on 3rd September...

Wednesday nights

18.30 to 19.30

York Sports Club, Clifton Park, YO30 5RE

Have fun

Develop your rugby skills

Build fitness and friendships

Train with qualified coaches

No previous experience needed

Be part of a team and a growing community

Get the opportunity to play matches

Contact us for more information at
YorkRUFCgirls@outlook.com

Follow us on Instagram:
[@yorkrufcgirls](https://www.instagram.com/yorkrufcgirls)

Like us on Facebook:
York RUFC Girls



WOMENS & GIRLS RUGBY TRAINING SESSION!



Join us for an exhilarating experience at our Women's and Girls' rugby back to basics session!

Whether you're a seasoned player or a curious beginner, this event is perfect for everyone looking to dive into the world of rugby.

Embrace the camaraderie, build your skills, and unleash your enthusiasm on the field. Our friendly and supportive community is dedicated to empowering women and girls through sport, fostering both physical fitness and personal growth. Don't miss out on the chance to be part of a dynamic team environment where fun and excitement are guaranteed as our club York RUFC hosts the Official Women's world cup trophy at our grounds on the 2nd of June!

Lace up your boots and get ready to tackle fun head-on! All abilities are welcome with age ranges from junior girls 7-11, Teenagers, walking rugby, touch rugby, T1 rugby, right the way through to our Women's first team.

Date - 2nd June. Time - 6-7.30 pm. Place - 1st Team Pitch.
Location - York sports club, YO50 5ER



ALL ABILITIES
ENCOURAGED!!



Womens QR code

Girls QR code



THE LITTLE GYM CAMPS

FOR CHILDREN AGED 3-12 YEARS

Our next camps are: 21st July - 31st August

Scan below to learn more or contact: 01904 307404
york@thelittlegym.co.uk





COMMUNITY MESSAGES



At home superheroes

14 June - 13 July

Unleash your kids' superpowers this summer and join us for a virtual race around the world, powered by Marvel! Set your distance, assemble your team, and walk, wheel or swim your way to victory.

£10 entry fee | £75 minimum fundraising goal

Want to get involved?

Contact:
fundraising@familyfund.org.uk

Telephone number:
01904 550033





at HOME SUPERHEROES
POWERED BY MARVEL

You can help raise vital funds to support families with disabled children

Family Fund Trust. Private company limited by guarantee. Incorporated in England and Wales. Registration no. 3166627. Registered charity no. 1055866. Scottish charity no. SC040810. Registered office: Unit 2, Alpha Court, Monks Cross Drive, Huntington, York YO32 9WN. Family Fund Trust is authorised and regulated by the Financial Conduct Authority (FCA) under reference number 912508.

BACKPACKERS!

Holiday Club 2025



Bishopthorpe Road Parishes

A week of travel-themed fun and games!

Monday 21 - Friday 25 July 2025
10am - 2pm
St Andrew's Church Hall
Primary school age (5-11)

Grab your backpack and come along to holiday club! We'll be going on an epic journey, exploring the story of Jesus, and doing lots of crafts, games, drama, prayer and songs along the way.

Free!
(Donations of £3 a day welcome)

Book Now




RUGBEES GIRLS RUGBY LEAGUE

Rugby league skills and fun session for primary school-aged girls.

Who: Girls aged 7-11 years
Where: York St John University Sports Park, YO31 8TA
When: Every Tuesday from 20th May
Time: 6.30pm to 7.30pm
Cost: £3 per session
Contact: 01904 670880/
inclusion@yorkrlfc.com





#RISE UP | #WEAREYORK
www.yorkrlfc.com/foundation





STUDY SMART
Free Online Courses



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Fully Funded School Support Course

Available in Levels 1, 2 & 3

***Go to our website for more detailed information.**



6 Week Course
Mon - Fri
Daily sessions
1st session 9:30 - 11:30am
2nd session 12:30 - 2pm



www.studysmartuk.online

COMMUNITY MESSAGES

www.parentcarerforumyork.org 18 July 2025

Parent Carer Forum York

Summer Holiday edition NEWSLETTER

Connect@pcforyork.co.uk

Join us in October at our coffee mornings and events

We offer a **monthly events programme** during term time for parents and carers of children and young people with additional needs in York, with or without a diagnosis.

Keep an eye on our **Facebook Group** and **website** for details of summer holiday meetups!

CUPPA AND CHAT
Join us at home with your cuppa to connect with others in our parent carer community, to share, celebrate, offload, ask questions and receive support.
• **First Monday in every month**, online from 7:00pm
• Email connect@pcforyork.co.uk for the meeting link.

PARENT CARER WELLBEING
Meet us for some light relief, to have a giggle, share some positives, talk to other parent carers, maybe learn a craft and enjoy a cuppa - on us!
• **First Tuesday in every month**, 10:30am - 12:00pm
• at New Earswick Folk Hall.

NEW TO SEND SIGNPOSTING
If you are new to the world of SEND or perhaps are new to living in York, join us online to find out what parent carers tell us are the most useful resources.
• **First Wednesday in every month**, online from 6:30pm
• Email connect@pcforyork.co.uk for the meeting link.

PARENT CARER VOICE
Meet other parent carers to discuss any issues you are having, receive support and find understanding in a safe, non-judgemental place.
• **Third Thursday in every month**, 10:30am - 12:00pm
• at Clifton Green Children's Centre.

LISTENING EVENTS
Join us to find out more about SEND services and updates, hear from key speakers, ask your questions and provide feedback to inform decisions about SEND services in York.
• **Monthly on varying dates**, online from 6:30pm
• Email connect@pcforyork.co.uk for the meeting link.

September event dates will be sent out via email in August.

www.parentcarerforumyork.org www.facebook.com/groups/pcforyork connect@pcforyork.co.uk

www.parentcarerforumyork.org 18 July 2025

Parent Carer Forum York

Summer Holiday edition NEWSLETTER

Connect@pcforyork.co.uk

School Holidays
Finding inclusive clubs and activities.

The summer holidays are almost here! We hope that these resources help you in planning ahead for activities, clubs, groups, things to do and days out in and around York.

York Mumbler
Your Local Parenting Community

York Mumbler details all accessible activities throughout the year.
Click here to view accessible events and activities during the school summer holidays and all year round.

Raise York
Your Family Hub Network

Activities, clubs, groups and things to do for children and young people aged 0-25 in York, including those aimed specifically for children with special educational needs and disabilities.
Click here to search for activities and clubs during the summer holidays.

York FIS
Family Information Service
Tel: 01904 554444
Email: fis@york.gov.uk

If you need help finding suitable activities, childcare or holiday clubs, York Family Information Service can assist you.

Inclusive Activities with Accessible Arts and Media

Wednesday 30 th July 1.30pm-3.30pm Clifton Explore Library	IMPs Sensory Jam A fully inclusive holiday activity for young people. 5-11 MUSE sessions available.
Thursday 31 st July 10am-12pm National Railway Museum	Musical Trains A social for adults with disabilities to explore the sounds of the railway museum.
Wednesday 6 th August 1.30pm-3.30pm Clifton Explore Library	IMPs Summer Soundscapes A fully inclusive holiday activity for young people. 5-11 MUSE sessions available.
Wednesday 13 th August 10am-12.45pm Clifton Explore Library	Singing and a Cuppa A social for all to come together, sing some songs with a cuppa with a packed lunch to finish.
Wednesday 13 th August 1.30pm-3.30pm Clifton Explore Library	IMPs Alice in Musical Land A fully inclusive holiday activity for young people. 5-11 MUSE sessions available.
Wednesday 20 th August 1.30pm-3.30pm Clifton Explore Library	IMPs Electronics A fully inclusive holiday activity for young people. 5-11 MUSE sessions available.
Wednesday 27 th August 10am-12pm West Bank Park	Musical Picnic A social for adults with disabilities to enjoy some musical games, songs and a picnic in the park.
Wednesday 27 th August 1.30pm-3.30pm Clifton Explore Library	IMPs Festival Fun A fully inclusive holiday activity for young people. 5-11 MUSE sessions available.

Please contact us to book onto a session or for more information: 07547 288786 projects@comedia.org.uk www.comedia.org.uk

York FIS Newsletter
Click here to sign up.

York Family Information Service's newsletter is for families with children, from pregnancy up to 19 years old, or 25 years old if the child or young person has special educational needs.

Subscribe to receive a fortnightly e-newsletter keeping you up-to-date information on services, groups, activities, parenting, health and more!

www.parentcarerforumyork.org www.facebook.com/groups/pcforyork connect@pcforyork.co.uk

www.parentcarerforumyork.org 18 July 2025

Parent Carer Forum York

Summer Holiday edition NEWSLETTER

Connect@pcforyork.co.uk

SENDays at EUREKA!
the national children's museum

- Sunday 20th July with BSL Interpreted Show
- Sunday 7th September

Click here for Access Info and Booking

Family Fund
Helping disabled children

Tues 29th July to Thurs 14th August

Three packed weeks of colourful, creative fun!
Join the waiting list for a place:
www.familyfund.org.uk/dd

Humber and North Yorkshire Health and Care Partnership

LIVING WELL NEWSLETTER

Scan or click the QR code to read the latest Living Well Newsletter.

AccessAble
Your Accessibility Guide
AccessAble provides detailed access guides for places in York and beyond.

SEND HUB Launch!
20th September 2025
SAVE THE DATE! More details to follow.

Woodland Workshops with Hope for the Future

19th & 20th July 2025
Yorkshire Muddings, Buttercrambe Moor Wood, York

- Forest school activities for children and families
- Making a difference together by co-creating a message to share with decision-makers
- Free refreshments and space to meet other local families

FREE outdoors event for families to explore a world of imagination and create a fairer more sustainable future.

BOOK HERE

York Self Advocacy Forum - age 16+

Mon 28th July, 10am - 12.30pm
New Earswick Folk Hall

Come along to meet new people, learn new skills and have your voice heard! At this meeting we will be joined by Ben Hutchinson from York CVS, who will talk about the new mental health hubs in York.
Contact Annabel on 07706 691473
annabel.martin@yorkadvocacy.org.uk.

www.parentcarerforumyork.org www.facebook.com/groups/pcforyork connect@pcforyork.co.uk

COMMUNITY MESSAGES



DYNAMO CRICKET

This is our game.

Calling all 8-11 year-olds!
Sign up today, at
dynamicscricket.co.uk



ALL STARS CRICKET

It all starts with...

All Stars Cricket is the best cricket experience for **5-8 year-olds**

All kids are guaranteed to develop **new skills** while **having fun** and **making friends**

Participants receive a **personalised t-shirt**

Sign up today at
allstarscricket.co.uk




ROCK STEADY

ROCK AND POP BAND LESSONS!

A band for everyone

- Children learn to play an instrument in their very own band.
- Fun and inclusive in-school band lessons. No music theory involved.
- Follow their musical journey in your Backstage account.
- Exam-free, Ofqual-regulated Trinity Music qualification.
- Instruments provided and no experience necessary.

BOOK ONLINE TO START LESSONS IN SEPTEMBER



0330 113 0330 (Mon-Thurs 9am-5pm, Fri 9am-5pm, local rate)
rocksteadymusicschool.com



ROCK STEADY

LEARN TO PLAY MUSIC. AMPLIFY CONFIDENCE.

Choose from: Vocals, keyboard, drums, guitar or bass.

Inclusive and hassle-free! Takes place in school. Instruments provided and no experience necessary!	Have fun and learn by playing Children work their way through a curriculum of up to 300 musical skills.
Taught by professional musicians Rocksteady band leaders are highly trained musicians who make learning music fun.	Much more than music Improves wellbeing, confidence, social skills and academic achievement.
Progress at their own pace Your child can achieve an exam-free, Ofqual-regulated Trinity Music qualification!	End every term on a high note Watch your child shine as they perform in their end of term concerts.

BOOK YOUR CHILD'S PLACE ONLINE



For details on availability and cost, visit rocksteadymusicschool.com and find your school on the sign up page.
Money back guarantee for the first month. Cancel at any time.

0330 113 0330
(Mon-Thurs 9am-5pm, Fri 9am-5pm, local rate)
info@rocksteadymusicschool.com

TRINITY
Rocksteady Music School Ltd. Registered in England No. 08181629

COMMUNITY MESSAGES

**CITY.KICK.ABOUT.
IN THE PARK**

 **FREE**  **LIKE US ON FACEBOOK**
YORK CITY FOOTBALL CLUB FOUNDATION

FREE SUMMER ACTIVITIES
JOIN OUR COACHES FOR FUN PHYSICAL ACTIVITY SESSIONS

**CHESNEY FIELDS,
FOXWOOD LANE YO24 3BF**

Tuesdays
29th July, 12th + 26th August
2-2.45pm 4-5 & 6-7 years
3-4pm 8-10/11-14 years

 Book in advance using the QR code. Limited spaces will be available for turning up on the day. Parental supervision is required for 11 and under.
www.officialsoccerschools.co.uk/yorkcity

**CITY.KICK.ABOUT.
IN THE PARK**

 **FREE**  **LIKE US ON FACEBOOK**
YORK CITY FOOTBALL CLUB FOUNDATION

FREE SUMMER ACTIVITIES
JOIN OUR COACHES FOR FUN PHYSICAL ACTIVITY SESSIONS

**ETHEL WARD PLAYING FIELD,
HAXBY YO32 3EA**

Thursdays
31st July, 14th + 28th August
2-2.45pm 4-5/ 6-7 years
3-4pm 8-10/11-14 years

 Book in advance using the QR code. Limited spaces will be available for turning up on the day. Parental supervision is required for 11 and under.
www.officialsoccerschools.co.uk/yorkcity

**CITY.KICK.ABOUT.
IN THE PARK**

 **FREE**  **LIKE US ON FACEBOOK**
YORK CITY FOOTBALL CLUB FOUNDATION

FREE SUMMER ACTIVITIES
JOIN OUR COACHES FOR FUN PHYSICAL ACTIVITY SESSIONS

**HOMESTEAD PARK (PLAY AREA)
CLIFTON YO30 6WP**

Tuesdays
29th July, 12th + 26th August
10-10.45am 4-5/6-7 years
11-12pm 8-10/11-14 years

 Book in advance using the QR code. Limited spaces will be available for turning up on the day. Parental supervision is required for 11 and under.
www.officialsoccerschools.co.uk/yorkcity

**CITY.KICK.ABOUT.
IN THE PARK**

 **FREE**  **LIKE US ON FACEBOOK**
YORK CITY FOOTBALL CLUB FOUNDATION

FREE SUMMER ACTIVITIES
JOIN OUR COACHES FOR FUN PHYSICAL ACTIVITY SESSIONS

**ORCHARD PARK
HUNTINGTON YO31 9EH**

Fridays
1st, 15th + 29th August
2-2.45pm 4-5/ 6-7 years
3-4pm 8-10/11-14 years

 Book in advance using the QR code. Limited spaces will be available for turning up on the day. Parental supervision is required for 11 and under.
www.officialsoccerschools.co.uk/yorkcity

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 Book in advance using the QR code. Limited spaces will be available for turning up on the day. Parental supervision is required for 11 and under.
www.officialsoccerschools.co.uk/yorkcity



COMMUNITY MESSAGES

Happy Healthy Holidays

WHAT: Holiday football fun course
WHEN: Tuesday 22nd - Friday 25th July
WHERE: Huntington Secondary School, YO32 9WT
TIME: 10-3pm

REFRESHMENTS: Water, Snacks and packed lunch will be provided

WHO: Families eligible for benefits-related free school meals living in York



How to book:
 Please use your voucher code
 at www.holidayactivities.com

These Free holiday Activities are designed to give young people the opportunity to get active using football as the tool in a FUN, SAFE and SECURE environment.

If you would like any further information or to book in ADVANCE please contact
inclusion@yorkcityfcfoundation.co.uk



Happy Healthy Holidays

WHAT: Holiday football fun course
WHEN: Monday 28th - Thursday 31st July
WHERE: Millthorpe Secondary School, 3G Pitch, YO23 1WF
TIME: 10-3pm

REFRESHMENTS: Water, Snacks and packed lunch will be provided

WHO: Families eligible for benefits-related free school meals living in York



How to book:
 Please use your voucher code
 at www.holidayactivities.com

These Free holiday Activities are designed to give young people the opportunity to get active using football as the tool in a FUN, SAFE and SECURE environment.

If you would like any further information or to book in ADVANCE please contact
inclusion@yorkcityfcfoundation.co.uk



Happy Healthy Holidays

WHAT: Holiday football fun course
WHEN: Monday 4th - Thursday 7th August
WHERE: Millthorpe Secondary School, 3G Pitch, YO23 1WF
TIME: 10-3pm

REFRESHMENTS: Water, Snacks and packed lunch will be provided

WHO: Families eligible for benefits-related free school meals living in York



How to book:
 Please use your voucher code
 at www.holidayactivities.com

These Free holiday Activities are designed to give young people the opportunity to get active using football as the tool in a FUN, SAFE and SECURE environment.

If you would like any further information or to book in ADVANCE please contact
inclusion@yorkcityfcfoundation.co.uk



Happy Healthy Holidays

WHAT: Holiday football fun course
WHEN: Monday 4th - Thursday 7th August
WHERE: Millthorpe Secondary School, 3G Pitch, YO23 1WF
TIME: 10-3pm

REFRESHMENTS: Water, Snacks and packed lunch will be provided

WHO: Families eligible for benefits-related free school meals living in York



How to book:
 Please use your voucher code
 at www.holidayactivities.com

These Free holiday Activities are designed to give young people the opportunity to get active using football as the tool in a FUN, SAFE and SECURE environment.

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Children's Therapy Team

Supporting Children with Early Communication Skills



What is communication?

What helps children make sense of spoken language?

How does typical speech, language and communication develop?

When should I seek support for a child?

What strategies can I use when playing with a child to support their language development?

How does supporting language development link with the EYF5 framework?

This online training session explores the evidence-base around supporting children who are at an early stage of communication development and considers how early communication skills can be practically supported within the EYF5 framework.

This ***FREE*** training session is suitable for professionals who work in a **primary or early years** setting with children who are at an early stage of language development, across **York, Selby, Scarborough, Whitby and Ryedale**.

Date and time: Thursday 27th March 2025- 3:45-5:00, Thursday 24th April 2025 3:30-5:30 For more information or to book a place please email us at yhs-tr.childrenstherapytraining@nhs.net

Bookings will close one week before the above date

York Teaching Hospital NHS Foundation Trust

Children's Therapy Team

Supporting Children with Selective Mutism



What is selective mutism?

Why do children become anxious about speaking in certain situations?

How can I identify if a child in my setting or class has selective mutism?

When should I refer a child?

What helpful information is available online and how do I find it?

What can I do to help a child with selective mutism?

This e-learning session explains what selective mutism is, what causes it, how to create a 'selective mutism friendly environment', and how to help children with selective mutism in your school/setting.

This ***FREE*** training session is suitable for professionals who work in a **Secondary** setting with children who are reluctant to speak or have selective mutism, across **York, Selby, Scarborough, Whitby and Ryedale**.

Date and time: Wednesday 29th January 2025 3:30-5:00pm, Friday 9th May 2025 3:30-5:00pm

For more information or to book a place please email us at yhs-tr.childrenstherapytraining@nhs.net

Bookings will close one week before the above date

York and Scarborough Teaching Hospitals NHS Foundation Trust

Children's Therapy Team

Supporting Children to Eat and Drink Safely



What can I do to be more confident that the child is eating safely?

What is a normal swallow?

What types/textures of food are safe for children?

What can go wrong with swallowing?

Who can I ask about feeding difficulties, and what guidelines should I be following?

How do I know something has gone wrong when a child is eating?

This online training session explains what 'normal swallowing' is, considers what can go wrong and provides suggestions for how you can support children to eat and drink safely.

This ***FREE*** training session is suitable for parents and professionals across **York, Selby, Scarborough, Whitby and Ryedale**.

Date and time: Tuesday 25th March 2025, 3:30pm-5:00pm. For more information or to book a place please email us at yhs-tr.childrenstherapytraining@nhs.net

Bookings will close one week before the above date

York and Scarborough Teaching Hospitals NHS Foundation Trust

Speech Sound Development Workshop



When should I refer a child?

How do speech sounds develop?

How are speech sounds made?

What types of speech sound difficulties do children experience?

What can I do to support a child with speech sound difficulties?

The course gives a brief overview of how speech sounds are made/develop and advice and strategies to consider when working with children with speech sound difficulties.

This ***FREE*** training session is suitable for professionals who work with children who have speech sound difficulties, parents or children with speech sound difficulties, from across **York, Selby, Scarborough, Whitby and Ryedale**.

Wednesday 26th March 2025 10:30-12:00
Wednesday 2nd July 2025 9:30-11:00

For more information or to book a place please email us at yhs-tr.childrenstherapytraining@nhs.net

Please note booking closes 1 week before the workshop

York and Scarborough Teaching Hospitals NHS Foundation Trust

Children's Therapy Team

Supporting Children who are picky eaters or avoidant/restrictive



How do I know who is picky and who is restrictive?

How is a diagnosis of ARFID made and what are the challenges?

What will help at mealtimes?

What is ARFID?

Where can I go for further support?

What strategies will help with sensory sensitivities?

This online training session discusses the difference between picky eating and avoidant/restrictive eating, how to identify children with these difficulties and provides ideas of strategies that will help.

This ***FREE*** training session is suitable for parents and professionals who live or work in the following areas – **York, Selby, Scarborough, Whitby, Ryedale**

Date and time: Tuesday 18th March 2025 1:00-2:30pm, Thursday 26th June 2025 3:15-4:45pm, Tuesday 21st October 2025 1:00-2:30pm

For more information or to book a place please email us at yhs-tr.childrenstherapytraining@nhs.net

LET'S MAKE SENSE together.

Let's Make Sense Together is a virtual service that has been developed by our Occupational Therapists for York and Scarborough Teaching Hospitals NHS Foundation Trust. It is part of our sensory processing pathway, supporting children and young people who have a physical and functional difficulty due to sensory processing differences.

Please use the QR code or link below to access our free advice and further details on how to access our service.



www.yorkhospitals.nhs.uk/childrens-centre/your-childs-hospital-journey/introduction-to-childrens-therapies

York and Scarborough Teaching Hospitals NHS Foundation Trust

York and Scarborough Teaching Hospitals NHS Foundation Trust

Children's Therapy Team

Stammering workshop

For setting staff and childcare providers



What is stammering?

How should I talk to a child who stammers?

What strategies can I use in the classroom to support a child who stammers?

Where can I find further support and helpful information about stammering?

How can Speech and Language Therapy support a child who stammers?

What causes stammering?

This virtual workshop is suitable for all setting staff and childcare providers.

The course gives a brief overview of what stammering is and how you can support a child in your setting to communicate confidently with a stammer.

Cost: Free; to setting staff and childcare providers in the **York, Selby, Scarborough, Whitby and Ryedale** areas

Date and Time – you only need to attend one of the following workshops;

- Tuesday 28th January 2025 3:45pm - 5:15pm
- Tuesday 29th April 2025 3:45pm - 5:15pm
- Tuesday 30th September 2025 3:45pm-5:15pm

To book a place on one of the workshops above, please contact yhs-tr.childrenstherapytraining@nhs.net