KPS Progression of Skills

Personal, Social, Emotional Development: Nursery Curriculum

	Check point 1 (Autumn)	Check point 2 (Spring)	Check point 3 (Summer)	3-4 Year Olds
Self Regulation	Begin to talk about simple feelings e.g. happy, sad Seek comfort from other children/adult when needed.	Understand a wider range of feelings e.g. excited, angry, cross, worried, tired. Talk about feelings with others in a group. Begin to think about how other children are feeling.	Begin to recognise these feelings in themselves. Begin to tell an adult how they are feeling. Begin to think about how others are feeling. Is beginning to control their feeling when things don't go their way	-Talk about their feelings using words like 'happy', 'sad', 'angry' or 'worried'. -Understand gradually how others might be feeling
Managing Self	Begin to follow the rules. Begin to remember these rules with adult reminders. To begin to put on a	Begin to understand why rules are important and to follow them more consistently. Remember these rules some of the time with adult reminders	Increasingly follow rules and develop understanding of why they are important. Remember these rules most of the time.	- Increasingly follow rules, understanding why they are important. -Remember rules without needing an adult to remind them. -Select and use activities and resources, with help when needed. This helps them to achieve a goal they have

	coat/hat/scarf with adult support	when needed. To put on a coat/hat/scarf with a little support and starting to become independent. To think about what we need to keep our bodies healthy.	Shows awareness of toileting and hand washing. Has growing independence of self care skills. To be developing awareness of Oral Hygiene.	chosen, or one which is suggested to them.
Building Relationships	Play alongside other children. Play alongside a few key adults. Begin to think about how we are similar and different.	Begin to play with one or more children. Talk about different ways to show kindness Think of ways to make new friends and be friendly. Talk about how we are individual and express ourselves differently	Play with one or more children, and begin to develop friendships. Begins to understand caring for people and animals. Compares feelings with peers e.g Talking about transition to Reception and the associated feelings Celebrates theirs and other achievements or failures (Winning and losing)	-Play with one or more other children, extending and elaborating play ideas. -Find solutions to conflicts and rivalries. -Talk with others to solve conflicts.

Key Texts: Ruby's Worry: Tom Percival, Ravi's Roar: Tom Percival, Koala Who could - Rachel Bright, The Colour Monster: Anna Llenas, The same but different: Molly Potter And Tango makes Three: Justin Richardson and Peter Parnell

Vocabulary:
feelings
special
help
family
friends
happy
sad
angry
calm
scared
same/different
kind or caring
home
safe